



2ND ANNUAL OSS BASIC TRAINING 5K FUN RUN SATURDAY, OCTOBER 2, 2010 8:00 AM

Operation Soldier Support of Hamilton Mill United Methodist will host this 2nd annual 5K fun run with a military twist! The run will include basic training pit stops where participants meet challenges like push-ups, sit-ups & jumping jacks at the end of the race. Support your troops, get a great goody bag, an awesome t-shirt, listen to the rockin DJ, and mingle with our heroes! This race will run on time, and age group medals will be awarded to our top finishers. Donation entries appreciated!

Proceeds from sponsors & event participants will aid the mission in supporting our military & their families through cards, letters, pictures & care packages, child care, home repairs, prayer quilts and cemetery wreaths.

Participants may REGISTER ONLINE at www.active.com; deliver or mail entry forms to HMUMC. Entry fee: \$20.00. Online registration ends September 10. Enter by September 1 to guarantee race bag/t-shirt. Race day registration available. For more information or to get involved: contact Sara @ OSSNeverForget@gmail.com or (678) 371-6554.

OSS & HMUMC would like to thank its preliminary sponsor line-up:
Operation Boot Camp, Global Sports Awards, Share Initiative.

OSS Basic Training 5K Fun Run OFFICIAL ENTRY FORM

Last/First Name: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Age: _____ Circle One: Male Female T-Shirt? Yes No
 Email: _____ T-Shirt Size: XS S M L XL XXL

***Make checks payable to HMUMC w/ OSS 5K in memo line. Deliver to: 1450 Pine Road/Dacula, GA/ 30019**

Waiver: I understand that running a road race is a potentially hazardous activity. I am in proper physical condition to complete this race and assume all risks associated with my participation, including, but not limited to falls, contact with other participants, weather, traffic, and the conditions of the road or trail. All such risks are known and appreciated by me. In consideration for my entry, I waive and release all race officials, Hamilton Mill United Methodist Church, Operation Soldier Support, The City of Dacula, Gwinnett County, Gwinnett County Parks & Recreation, and any other sponsors, groups, or individuals associated with this event of any liability. Further, I hereby grant the agents of this event permission to use photographs, videotapes, motion pictures, recordings, or any other record of me in this event for any legitimate purpose. I understand the entry fee is non-refundable.

Signature: _____ Date: _____

(parent signature if under 18 years old)

Yellow Bracelet Request: I am running in honor of (name/rank, etc.) _____