

COURSE DESCRIPTION

This class provides introductory information to licensed massage therapist on treatment modification, considerations, and precautions for treating individuals with acute spinal cord injury. Information regarding massage needs of mobility impaired individuals for clients with quadriplegia/paresis and paraplegia/paresis are presented. The class also provides information on common side effects of neurological conditions.

AGENDA

7:30 Registration

8:00 Mechanisms of Acute Spinal Cord Injury, Types of Injuries

9:00 Complications, Co-morbidities, Precautions

10:00 Functional Impairments: Motion Analysis by Level and Type of Injury.

11:00 Case study and Discussion

11:30 Lunch on own

12:30 Evaluation and Massage Treatment Planning for the client with High Quadriplegia and Ventilator dependency-

1:30 Evaluation and Massage Treatment Planning for the client with Middle Quadriplegia

2:30 Evaluation and Massage Treatment Planning for the client with Paraplegia

3:15 Evaluation and Massage Treatment Planning for the client with Incomplete ambulatory client

4:00 Questions and Answers

OBJECTIVES

At the conclusion of the session, the participant will be able to:

- Identify 2 mechanisms of injury for acute spinal cord trauma.
- Define muscular atrophy, flaccidity and spasticity.
- Differentiate between complete and incomplete spinal cord injury.
- Identify 2 muscle groups what will benefit from massage in the ventilator dependent / high quadriplegia client (C1-4 injury level).
- List 2 muscle groups that will benefit from massage in the middle quadriplegia client (C5-T1 injury level).
- Identify 2 muscle groups that would benefit from massage in the incomplete, ambulatory client.
- Verbalize 2 modifications for positioning that may be required for a massage session with a spinal cord injured individual.
- Participants will name 3 common complications to spinal cord injury that may impact massage services
- Participants will name 2 different symptoms in the spinal cord injured client that would cause immediate cessation of the massage session.
- Participants will explain 3 benefits of massage to for clients with spinal cord injury.

REGISTRATION FORM

Please complete this form and mail with payment to:
Shepherd Center
SCI Therapy
Attn: Renee Prince
2020 Peachtree Rd, NW
Atlanta, GA 30309
FAX: 404-367-1331

Name: _____
(This is how your name will be printed on the course completion certificate. Please include credentials)
License number: _____
Organization: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____

E-mail (Required: Please print Clearly):

For credit card payment, please complete:

Type (please circle):

Visa MasterCard AmEx Discover

Name as it appears on Card:

Credit Card #: _____

Expiration Date: _____ CVV: _____

Authorized Signature: _____

Amount Authorized: _____

REGISTRATION FEE:

Early Bird \$80.00 by February 1st ; \$100.00 after Feb 1st .

Registration Deadline: Postmarked by Feb 12th, 2010

AMOUNT ENCLOSED: _____

Checks should be made payable to:

Shepherd Center

Space is limited- early registration is encouraged.

Cancellations must be in writing and will incur a \$25 processing fee. No refunds granted after February 12, 2010.

Directions & confirmation will be emailed upon receipt of registration.

QUESTIONS CALL: 404-367-1386 or
E-MAIL: diane_johnston@shepherd.org

ABOUT THE INSTRUCTOR

Chris Manella PT, LMT.

Chris has been a licensed physical therapist since 1991 and received her BS degree from the University of Connecticut. She completed her massage training at Academy of Somatic Healing Arts, Atlanta, GA in 1999 as well as receiving NCBTMB certification. Chris has been working with the spinal cord injured population since 1995, and also has a diverse background treating a variety of clients with orthopedic and neurological conditions. She currently works at Shepherd Center providing both physical and massage therapy services to the center's clients.

TARGET AUDIENCE

The conference is intended for licensed Massage Therapist involved or wanting to become involved, in the treatment of individuals with acute spinal cord injury. The course will provide information at the beginner level and also introduce concepts helpful in treating individuals with other neurological populations with massage.

CONTINUING EDUCATION CREDITS

Shepherd Center, Inc is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

This course is approved for 7.0 CEUs by the NCBTMB.



This course is offered as at beginner level.

MEALS

A continental breakfast will be provided as well as morning and afternoon refreshments. Lunch will be on your own.

HOTEL RESERVATIONS

A list of local hotels with shuttle service will be emailed to you with your conference reservation confirmation.

For other professional educational opportunities at Shepherd Center, please visit our website at:

www.shepherd.org/education



Shepherd Center

Presents...

Introduction to Acute Spinal Cord Injury for Massage Therapists

**Presented by
Christine Manella, PT, LMT**

**Monday, February 22, 2010
8 am – 4 pm**

**Shepherd Center
Calloway Auditorium – 7th Floor
2020 Peachtree Rd, NW
Atlanta, GA 30309**