



## SHEPHERD PATHWAYS RESPITE CARE

### *Temporary Support For Caregivers*

The respite care service at Shepherd Pathways is designed to provide temporary support for caregivers of people with brain injury or other neurological conditions. This service helps reduce stress associated with the constant care of a loved one by allowing the caregiver to enjoy a break or vacation, resting assured that their loved one is in good hands. Respite care also provides an opportunity for the respite care guest to interact with adults other than caregivers.

### OUR EXPERIENCE

Respite care at Shepherd Pathways builds on our wealth of experience of treating people with neurological conditions. At Shepherd Center, all of our resources are devoted to complex, catastrophic brain and spinal cord injuries, and related neuromuscular illnesses. We've treated more than 5,000 people with brain injuries, and our medical outcomes exceed regional and national averages.

Respite care guests are attended to 24-hours a day by experienced residential assistants and life-skills trainers who understand the issues that brain injury survivors encounter.

### CARE SETTING

Respite care guests stay in private or semi-private rooms in a safe and secure community-living environment, a 24,000-square-foot facility in Decatur, Georgia. This facility is home to Shepherd Pathways, our post-acute residential brain injury program.

### ADMISSION CRITERIA

To be eligible for respite care services, individuals must:

- Be medically stable
- Have a diagnosis of neurological impairment
- Be 18 years of age or older
- Be able to participate in 3 to 4 hours of structured activity per day
- Have manageable behavior
- Have a family physician

Lengths of stay can range from one to 30 days. A pre-admission screening is conducted to determine the appropriate level of care for each guest.

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*Shepherd Pathways respite care services  
provide temporary relief to those who  
provide round-the-clock care*

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### PROGRAM ACTIVITIES

Respite care guests enjoy a wide variety of recreational and social opportunities. The facility includes an indoor recreation room with pool and ping-pong tables, arts-and-crafts area, and an outdoor deck that features sports courts and putting green. Evening activities include trips to movie theaters, restaurants, sports activities and many more community-based outings.

## COST

Cost is based upon level of care required and is determined upon completion of admission screening.

## WHAT TO BRING

Respite care guests should bring clothes, toiletries, medications, and any personal items such as a radio, pictures or books they would like to have during their stay. All medications needed for the entire stay should be brought in their original containers.

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## CONTACT INFORMATION:

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Visit Shepherd Center online at [www.shepherd.org](http://www.shepherd.org)