

You are being asked to participate in a survey that asks your opinion about a number of things in your life, including your knowledge, beliefs, and attitudes. Your answers to these questions will be confidential. This means your answers will stay secret. No one from your school will read your answers. Your answers to these questions are important so please answer honestly. This is not a test, so there are no right or wrong answers. If you don't find an answer that fits exactly, use one that comes closest. This survey is completely voluntary. This means you do not have to take it.

Be sure to mark your answers on the separate answer sheet

Only answers marked on the answer sheet will be recorded.

<i>(Select one answer only.)</i>	Strongly Agree	Agree	Neutral / Unsure	Disagree	Strongly Disagree
1. I understand what brain and spinal cord injuries are.	A	B	C	D	E
2. People my age are at risk for getting brain and spinal cord injuries.	A	B	C	D	E
3. I am at risk for getting a brain or spinal cord injury.	A	B	C	D	E
4. Daily life is never the same for people after injuring their brain or spinal cord.	A	B	C	D	E
5. Many brain and spinal cord injuries are preventable.	A	B	C	D	E
6. A brain or spinal cord injury could have a long term effect on my life.	A	B	C	D	E
7. A brain or spinal cord injury could be easily fixed by a doctor.	A	B	C	D	E
8. Rehabilitation, treatment, and care for someone with a brain or spinal cord injury can be very cheap or inexpensive.	A	B	C	D	E
9. A lot of brain and spinal cord injuries are the result of choices people make.	A	B	C	D	E
10. People with brain and spinal cord injuries are usually sad.	A	B	C	D	E
11. Following safety rules and regulations can lower my chances of being injured.	A	B	C	D	E
12. Thinking about the consequences of risky behavior can lower my chances of getting a brain or spinal cord injury.	A	B	C	D	E
13. It is important to speak up when someone is doing something that might lead to a brain or spinal cord injury.	A	B	C	D	E
14. I know how to act around someone who has a brain or spinal cord injury.	A	B	C	D	E
15. I would recommend that my friends learn about brain and spinal cord injuries.	A	B	C	D	E
16. I consider myself to be a risk taker.	A	B	C	D	E

Turn Over Survey →

17. I am familiar with these health care careers/jobs:

(Select all that apply.)

- A. Doctor
- B. Nurse
- C. Physical Therapist
- D. Occupational Therapist
- E. Recreational Therapist
- F. Case Manager
- G. Speech Therapist
- H. Neuropsychologist
- I. Counselor
- J. Dietician
- K. I am not familiar with any of these

18. I have thought about if I would enjoy a career/job in the following health care professions:

(Select all that apply.)

- A. Doctor
- B. Nurse
- C. Physical Therapist
- D. Occupational Therapist
- E. Recreational Therapist
- F. Case Manager
- G. Speech Therapist
- H. Neuropsychologist
- I. Counselor
- J. Dietician
- K. I have not considered a career in any of these professions

*For the next set of questions, select **one** answer only.*

19. The left hemisphere in your brain controls your:

- A. Movement in your left side of your body
- B. Imagination
- C. Music / art skills
- D. Movement in your right side of your body

20. The frontal lobe in your brain controls your:

- A. Vision
- B. Heart rate and breathing
- C. Thought and reasoning
- D. Coordination and balance

21. The spinal cord is:

- A. Hard and tough
- B. Soft and mushy
- C. Brittle and crumbly
- D. Leathery and thick

22. Spinal cord injuries that leave a person with the least amount of mobility occur in the:

- A. Cervical Section
- B. Thoracic Section
- C. Lumbar Section
- D. Sacral Section

23. How many nerve fibers make up the spinal cord?

- A. One
- B. Hundreds
- C. Thousands
- D. Millions

24. Rehabilitation, treatment, and care for someone with a brain or spinal cord injury can cost up to how much in the first year after injury?

- A. \$1,000
- B. \$10,000
- C. \$100,000
- D. \$300,000 or more

25. Rehabilitation from a traumatic injury usually lasts:

- A. 1 week
- B. 1 month
- C. 1 year
- D. A lifetime

26. Are males or females more likely to get a brain or spinal cord injury?

- A. Males are more likely
- B. Females are more likely
- C. Males and females are equally likely
- D. None of the above

27. Some people with brain or spinal cord injuries can:

- A. Drive a car
- B. Live alone
- C. Play sports
- D. All of the above
- E. None of the above

How likely is it that you would... <i>(Select one answer only.)</i>	Almost Certain	Very Likely	Somewhat Likely	Not Very Likely	Not at all Likely
28. Follow safety rules and suggestions.	A	B	C	D	E
29. Consider the possibility of being injured before doing something risky.	A	B	C	D	E
30. Speak up if you saw someone you know doing something that might lead to a brain or spinal cord injury.	A	B	C	D	E
31. Do something risky that might cause you to be injured if you thought your friends would think you were cool.	A	B	C	D	E
32. Drive while talking on the phone.	A	B	C	D	E
33. Drive while texting.	A	B	C	D	E
34. Ride in a moving car without a seatbelt.	A	B	C	D	E
35. Jump on a trampoline without a safety net.	A	B	C	D	E
36. Play contact sports (like hockey, football, wrestling, boxing, water polo, lacrosse, etc.) without proper equipment.	A	B	C	D	E
37. Ride a bike without a helmet	A	B	C	D	E
38. Play sports when a doctor or the coach has said not to play for medical reasons.	A	B	C	D	E
39. Participate in gymnastics or cheer-leading.	A	B	C	D	E
40. Dive into a body of water (pool, lake, creek, or ocean) without knowing the depth.	A	B	C	D	E
41. Slide head first down a water slide.	A	B	C	D	E
42. Ride in the back of pickup truck.	A	B	C	D	E
43. Ride on the back of a motorcycle.	A	B	C	D	E
44. Ride on an all-terrain vehicle (ATV- 3 or 4 wheeler).	A	B	C	D	E

How much risk do these activities put you at for injuring your brain or spinal cord? <i>(Select one answer only.)</i>	Extremely Risky	Very Risky	Somewhat Risky	Not Very Risky	Not at all Risky
45. Driving while talking on the phone.	A	B	C	D	E
46. Drive while texting.	A	B	C	D	E
47. Riding in a moving car without a seat belt.	A	B	C	D	E
48. Jumping on a trampoline without a safety net.	A	B	C	D	E
49. Playing contact sports (like hockey, football, wrestling, boxing, water polo, lacrosse, etc.) without proper equipment.	A	B	C	D	E
50. Riding a bike without a helmet.	A	B	C	D	E
51. Playing sports when a doctor or the coach has said not to play for medical reasons.	A	B	C	D	E
52. Participating in gymnastics or cheer-leading.	A	B	C	D	E
53. Diving into a body of water (pool, lake, creek or ocean) without knowing the depth.	A	B	C	D	E
54. Sliding head first down a water slide	A	B	C	D	E
55. Riding in the back of a pickup truck	A	B	C	D	E
56. Riding on the back of a motorcycle	A	B	C	D	E
57. Riding on an all-terrain vehicle (ATV- a 3 or 4 wheeler).	A	B	C	D	E

58. What do you consider yourself to be? *(Select all that apply.)*

- A. White
- B. Black or African American
- C. American Indian/Native American, Eskimo or Aleut
- D. Spanish/Hispanic/Latino
- E. Asian or Pacific Islander
- F. Other

59. Are you:

- A. Female
- B. Male

60. Putting them all together, what were your grades like last semester? *(Select one answer only.)*

- A. Mostly A's
- B. Mostly B's
- C. Mostly C's
- D. Mostly D's
- E. Mostly F's

61. Do you get or are you eligible for a free or reduced-price lunch at your school? *(Select one answer only.)*

- A. Free lunch
- B. Reduced-price lunch
- C. Neither

ANSWER SHEET

Fill in the entire circle that corresponds to your answer. Like this: Not like this:

Please use pencil. To make changes, erase marks completely. Make no other markings or comments.

My First Name Is:

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My Last Name is:

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Middle Initial

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A	A	A	A	A	A	A	A	A	A
B	B	B	B	B	B	B	B	B	B
C	C	C	C	C	C	C	C	C	C
D	D	D	D	D	D	D	D	D	D
E	E	E	E	E	E	E	E	E	E
F	F	F	F	F	F	F	F	F	F
G	G	G	G	G	G	G	G	G	G
H	H	H	H	H	H	H	H	H	H
I	I	I	I	I	I	I	I	I	I
J	J	J	J	J	J	J	J	J	J
K	K	K	K	K	K	K	K	K	K
L	L	L	L	L	L	L	L	L	L
M	M	M	M	M	M	M	M	M	M
N	N	N	N	N	N	N	N	N	N
O	O	O	O	O	O	O	O	O	O
P	P	P	P	P	P	P	P	P	P
Q	Q	Q	Q	Q	Q	Q	Q	Q	Q
R	R	R	R	R	R	R	R	R	R
S	S	S	S	S	S	S	S	S	S
T	T	T	T	T	T	T	T	T	T
U	U	U	U	U	U	U	U	U	U
V	V	V	V	V	V	V	V	V	V
W	W	W	W	W	W	W	W	W	W
X	X	X	X	X	X	X	X	X	X
Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Z	Z	Z	Z	Z	Z	Z	Z	Z	Z

A	A	A	A	A	A	A	A	A	A
B	B	B	B	B	B	B	B	B	B
C	C	C	C	C	C	C	C	C	C
D	D	D	D	D	D	D	D	D	D
E	E	E	E	E	E	E	E	E	E
F	F	F	F	F	F	F	F	F	F
G	G	G	G	G	G	G	G	G	G
H	H	H	H	H	H	H	H	H	H
I	I	I	I	I	I	I	I	I	I
J	J	J	J	J	J	J	J	J	J
K	K	K	K	K	K	K	K	K	K
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My Birthday Is:

Month		Day		Year	
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3	3	3	3	3	3
4	4	4	4	4	4
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
9	9	9	9	9	9



Teacher's Name

Fill in the entire circle that corresponds to your answer.

Like this: ● Not like this: ✓ ✗ /

- 1 (A) (B) (C) (D) (E)
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