Recognition of Stroke Symptoms: Compare right and left sides of the body.

Think FAST - Act FAST

**Face** - The smile is not equal or one side of the face droops.

**Arms** - The person cannot raise both arms equally.

**Speech** - There may be sudden slurring of speech or inability to talk and swallowing like choking or coughing.

**Time** - Time lost is brain lost. Think 'Brain Attack' like heart attack.
Face – The smile is not equal or one side of the face droops.

Arms – The person cannot raise both arms equally.

Speech – There may be sudden slurring of speech or inability to talk and

Swallow – There may be difficulty swallowing like choking or coughing.

Time – Time lost is brain lost. Think ‘Brain Attack’ like heart attack.

**Other symptoms that signal a Stroke:**

- Sudden, severe headache
- Confusion
- Numbness or weakness on one side of face, arms or legs
- Loss of balance or trouble walking
- Trouble seeing

**IF YOU OBSERVE THESE SIGNS, CALL 911 IMMEDIATELY!**

**Important:** Note the time when the first symptom occurs. A clot busting drug can be given only within the first 3 hours, which may reduce long-term disability or damage to the brain.

**Stroke Statistics**

- Strokes are the **third leading cause of death** in the United States.

- People who have had a stroke are at a **43% higher risk** of a second stroke. Please take any sign of a stroke very seriously.

**Shepherd Center**

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