Visiting Information

Shepherd Center does not enforce any formal visiting hours for patients' family members. We ask that family members do not interrupt therapy or other scheduled programs unless requested by a member of the patient's healthcare team.

We ask that patients' friends visit between 4 and 9 p.m. weekdays and between 9 a.m. and 9 p.m. on weekends.

No more than four visitors are allowed at a patient's bedside at any given time. If a patient has more than four visitors at one time, they are asked to visit with them in one of these locations instead:

- Cafeteria on the ground floor of the Marcus-Woodruff Building
- Coffee kiosk on the first floor of the Marcus-Woodruff Building
- Recreation Therapy Room on the first floor of the Shepherd Building
- Garden just outside the Recreation Therapy Room

No more than two visitors are allowed in the Intensive Care Unit at any given time. Children under 12 are not permitted in the Intensive Care Unit unless they have permission from an ICU nurse. Children must be supervised by an adult at all times.

If a family member or friend under the age of 18 wants to spend the night in the patient’s room, the Nursing Unit Manager must approve. Only one person at a time may spend the night in the patient’s room.

All visitors should follow these rules:

- Do not visit if you have a cold, sore throat or any contagious diseases.
- Alcohol, illegal drugs, firearms and pets are not allowed.
- Visitors must wash their hands when leaving the room.
- Children under age 12 are not allowed.
- Do not bring food unless it has been cleared by a nurse.
- Please use hand sanitizer or wash hands as you enter and leave a room.
- Keep a quiet environment and avoid unnecessary noise.
- Respect the privacy of other patients.
- Dress appropriately at all times, including wearing a shirt and shoes.

Visiting Patients in Isolation Due to Infection

Shepherd Center has special rules for visiting patients in isolation due to infection. These rules protect you and other patients from the serious risk of certain resistant infections. You will know if the person you are visiting has isolation precautions by placement of a red magnet near the door. The magnet will say “isolation,” and there will be a yellow card indicating what you are supposed to do before you enter the room. Please help us maintain a safe environment by following these precautions with regard to patients in isolation due to infection:

- Visitors MUST check in with the nurse before entering the patient’s room.
- Visitors may need to wear gloves, gowns and/or masks depending on the type of isolation.
- Gloves, gowns and masks must be removed and placed in proper waste receptacles before entering other areas of the hospital.
- Visitors must wash their hands when leaving the room.
- Children under age 12 are not allowed.