



## COMPREHENSIVE REHABILITATION UNIT (CRU) AND INTENSIVE CARE UNIT (ICU)

The Comprehensive Rehabilitation Unit and Intensive Care Unit (ICU) at Shepherd Center provide two additional levels of care that complement the hospital's other rehabilitation units.

The ICU is a 10-bed neuro-intensive care unit designed to manage patients who are medically unstable and require intensive nursing care. Patients who are being weaned off a ventilator also spend their first night of weaning in the unit so they can be closely monitored.

The CRU provides care to multiple types of patients:

- Those who require skin surgery for pressure injuries;
- Patients admitting due to medical complications, such as urinary tract infections, respiratory conditions and other secondary medical complications associated with spinal cord and brain injuries;
- Newly injured patients with a brain injury, spinal cord injury or both;
- Patients who have a catastrophic injury with multiple amputations;
- Patients with a new diagnosis of a neurological disease, such as multiple sclerosis, and require medical treatment and rehabilitation.

### AVAILABLE SERVICES

- Occupational, physical and speech therapy
- Nutritional therapy
- Nursing
- Customized education
- Psychology
- Case management
- Recreation therapy
- Respiratory services

### TREATMENT TEAM

- Physician and mid-level provider
- Nurses and personal care technicians
- Physical therapist
- Occupational therapist
- Speech therapist
- Respiratory therapist
- Recreation therapist
- Case manager
- Dietitian
- Psychologist

All Comprehensive Rehabilitation Unit (CRU) patients are assigned a consistent team of therapists. The treatment team and patient and/or family member meet weekly to discuss progress and goals.

### LENGTHS OF STAY

ICU lengths of stay vary depending on the acuity and severity of the patient's condition.

Patients admitted for skin flap surgery for one pressure injury are typically hospitalized 24 to 35 days.

Patients admitted for rehabilitation have lengths of stay consistent with those of patients in the Spinal Cord Injury and Acquired Brain Injury programs.

### SHEPHERD CENTER IS:

- The largest freestanding hospital in the country devoted to the medical care and rehabilitation of people with spinal cord injury and disease, acquired brain injury, multiple sclerosis and other neuromuscular problems.

- A Spinal Cord Injury Model System center designated by the National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR).
- Accredited by The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities (CARF).

## IMPORTANT PHONE NUMBERS

Admissions: 1-800-SHEPHERD or 404-350-7345

Main Switchboard: 404-352-2020

Visit Shepherd Center online at [shepherd.org](http://shepherd.org)