THE SHEPHERD PAIN INSTITUTE

A Different Approach to Managing Pain

The Shepherd Pain Institute offers pain management and rehabilitation for all individuals experiencing acute and chronic pain problems. Because a variety of factors can contribute to an individual’s pain, the Shepherd Pain Institute uses a multi-disciplinary approach to treatment.

CONDITIONS TREATED

- Chronic pain syndrome
- Back pain
- Degenerative discs
- Bulging discs
- Spinal stenosis
- Reflex Sympathetic Dystrophy/Complex Regional Pain Syndrome (RSD/CRPS)
- Vertebral compression fractures
- Occupational back and neck injuries
- Fibromyalgia
- Arthritis pain
- Sciatica
- Myofascial pain syndrome
- Neck pain
- Pain that radiates down arms or legs
- Shingles/herpes zoster pain (post herpetic neuralgia)
- Post surgical back/neck pain
- Cancer pain
- Pain related to MS
- Central and peripheral neuropathic pain
- Sacroiliac joint pain
- Radiculopathy/pinched nerve
- Facial pain
- Trigeminal neuralgia
- Cluster headaches
- Migraine headaches
- Occipital neuralgia
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TREATMENT OPTIONS

- Comprehensive pain evaluation
- Epidural steroid injection
- Nerve blocks
- Percutaneous disc discectomy
- Discograms
- Trigger point injections
- Facet injections/Medial branch block
- Neurolytic blocks
- Radio frequency/ablation
- IDET (intradiscal electrotherapy)
- Prolotherapy
- Medication management
- Sphenopalatine blocks
- Botox for migraines
- Sympathetic nerve blocks
- Comprehensive nutritional and neuroendocrine assessment
- Biofeedback
- Physical therapy
- Psychophysiological therapy
- Spinal cord stimulators
- Intrathecal pumps (pain/spasticity medicine pumps) including Prialt
- Behavioral services
- Ketamine infusion therapy
- PRP (Platelet Rich Plasma) injections
- Our staff is specifically trained in pain medicine and rehabilitation.

FOR MORE INFORMATION, PLEASE CONTACT:
Shepherd Pain Institute
2020 Peachtree Road, NW
Atlanta, GA 30309-1407
404-352-2020 (phone) 404-603-6980 (fax)
www.shepherdpaininstitute.org

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