



Shepherd
Center
RECREATION THERAPY

2022 Recreation Therapy Upcoming Events

JANUARY 2022

- Virtual E-Birding Clinic Jan 11
- Shepherd Center Moves Jan 11
 - Week 1 of a 6-week course (Tuesdays & Thursdays)
- Outdoor Program January Hunt: Jan 22
 - Morrow Farm Hunt (Deer/Boar)
 - Participants will have the opportunity to get out of the city and enjoy a guided deer/boar day hunt on 225 acres on the Flint River in Reynolds, GA. Hunters will also have access to all-terrain vehicles and stocked ponds with onsite lodging available.

FEBRUARY 2022

- Virtual E-Birding Clinic Feb 8
- Virtual Leisure Skill-ART Feb 15
- Hands-On Horticulture Clinic: Feb 17
 - The Trellis Ability Garden- Callanwolde Fine Art Center
 - Atlanta, GA

MARCH 2022

- Virtual Seated Yoga Mar 3
 - Week 1 of a 6-week course (Thursdays)
- Virtual E-Birding Clinic Mar 8
- Hands-On Adaptive Wheelchair Tennis Clinic Mar 13
 - Blackburn Tennis Center Dunwoody, GA
- Virtual Leisure Skill-Horticulture Clinic Mar 15
- Outdoor Program Day Kayaking Trip TBD
 - This kayaking excursion allows participants to enjoy a fantastic day on Lake Altoona. Patients of all abilities will have an opportunity to have a guided kayaking experience.

APRIL 2022

- Hands-On Birding Clinic Apr 19
- Brook Run Park Dunwoody, GA



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- Hands-On Leisure Skill Clinic Apr 22
 - Athens, GA
- Virtual Leisure Skill-Seated Tai Chi Apr 26
 - Shepherd Center Atlanta, GA

MAY 2022

- Virtual Shepherd Center Moves May 3
 - Week 1 of a 6-week course (Tuesdays & Thursdays)

JUNE 2022

- Hands-On Leisure Skill Clinic Jun 4
 - Chattanooga, TN
- Hands-On Leisure Skill Clinic Jun 5
 - Nashville, TN
- Hands-On Summer Horticulture Clinic Jun 23
 - The Trellis Ability Garden- Callanwolde Fine Art Center
 - Atlanta, GA

JULY 2022

- Virtual Seated Yoga Clinic Jul 6
 - Week 1 of a 6-week course
- Virtual Leisure Skill Clinic- Art Jul 19
- Hands-On ParaTri Weekend Jul 23 & 24
 - Alpharetta YMCA Alpharetta, GA

AUGUST 2022

- Virtual Leisure Skill-Horticulture Aug 16
- Hands-On Handcycling Course Aug 28
 - Shepherd Center Atlanta, GA

- Outdoor Program Deep Sea Fishing Trip TBD
 - Join the Shepherd Center in sunny Panama City Beach, Florida, for a deep-sea fishing adventure. Limited spots are available. Contact Outdoor Specialist Gavin McClintock at 404-350-7790 for more details.

SEPTEMBER 2022

- Hands-On Handcycling Course Session 1 TBD



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- Shepherd Center Atlanta, GA
- Cycling Education and fitting/sizing
- Hands-On Handcycling Course Session 2 TBD
 - Shepherd Center Atlanta, GA
 - Cycling and Nutrition Education
- Hands-On Birding Clinic Sept 13

OCTOBER 2022

- Hands-On Handcycling Course TBD
 - Beltline with Catalyst Sports
 - Cycling and Grant Information
- Fall Horticulture Clinic Oct 13
 - The Trellis Ability Garden- Callanwolde Fine Art Center
 - Atlanta, GA
- Hands-On Camp Twin Lakes Weekend Clinic Oct 21-23
 - Rutledge, GA

NOVEMBER/DECEMBER 2022

- Outdoor Program November/December Hunt: TBD
 - Morrow Farm Morrow Farm Hunt (Deer/Boar)
 - Participants will have the opportunity to get out of the city and enjoy a guided deer/boar day hunt on 225 acres on the Flint River in Reynolds, GA. Hunters will also have access to all-terrain vehicles and stocked ponds with onsite lodging available.

**In-person and online programs are subject to date/time/location change.*