For military veterans, service members, and first responders who are ready to accept help and healing for their daily struggle with traumatic brain injuries and mental health concerns, SHARE is a comprehensive rehabilitation program that offers:

- Collaborative care
- Flexible programming options
- Transition support
- Community reintegration

SHARE offers a dedicated, expert team that, depending on a client’s unique treatment needs, includes specialized providers trained in:

- Neurology
- Physical and rehabilitation medicine
- Physical therapy
- Occupational therapy
- Speech-language pathology
- Recreation therapy
- Nursing
- Case management
- Vocational rehabilitation
- Community re-integration
- Neuropsychology, psychology, and counseling
- Chaplaincy

We offer flexible programming options ranging from 4 to 14 weeks, customized to meet each client’s unique needs. SHARE provides multiple options, including an intensive outpatient program, a modified outpatient program, single-service therapy, and virtual programming.

SHARE is available at no cost to military veterans, service members, and first responders. If a client has medical insurance benefits, SHARE will use them for what they cover. We have generous donors who cover any remaining costs.
Clients who graduate from SHARE’s Comprehensive Day Program receive 12 months of follow-up sessions with a transition support specialist to help them return to their community and stay on their path to renewed purpose.

**How does SHARE help clients once they return home after graduating from SHARE?**

Veterans, service members, and first responders who:

- Are ready to accept help and healing
- Have symptoms of mild to moderate traumatic brain injury (TBI) or concussion
- May have a co-occurring diagnosis of mental health concerns such as anxiety, depression, or post-traumatic stress
- Are medically, behaviorally, and psychologically stable to participate in an outpatient treatment setting

**Who comes to SHARE?**

**POSSIBLE SYMPTOMS OF TRAUMATIC BRAIN INJURY**

- Headaches
- Dizziness/Balance Problems
- Nausea
- Sensitivity to Light and Sound
- Vision Changes
- Impulsivity

**OVERLAPPING SYMPTOMS**

- Fatigue
- Sleep Problems
- Trouble with Memory and Attention
- Feeling Depressed
- Feeling Anxious
- Irritability

**POSSIBLE SYMPTOMS OF POST-TRAUMATIC STRESS**

- On High Alert
- Startled Easily
- Self-Destructive Behavior
- Fearfulness
- Flashbacks
- Nightmares
- Guilty Feelings
- Avoidance
- Numbness

Visit the [SHARE website](#) by scanning this QR code with your phone’s camera.

Watch our *Stories of Courage* video series to hear from former clients about their experiences at SHARE.

For more information, please contact SHARE Admissions at [404-603-4314](tel:404-603-4314) or [shareadmissions@shepherd.org](mailto:shareadmissions@shepherd.org).