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Shepherd

Center Spinal Column®

PRESSING FORWARD

Adolescent rehabilitation program helps Shepherd Center's youngest patients get back in the game.

ALSO INSIDE

APP FACTORY MAKES TECHNOLOGY MORE ACCESSIBLE + SHEPHERD CENTER CO-FOUNDER TURNS 90 + DERBY DAY RAISES FUNDS FOR REC THERAPY

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Shepherd Center Magazine: Spinal Column®

Summer 2018

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*About the cover: Shepherd Center's adolescent
rehabilitation program helps patients like Mack
Johnson pursue their goals after rehabilitation for
spinal cord and brain injuries.*

Photo by Louie Favorite



Spinal Column®

A LETTER FROM JAMES SHEPHERD

Dear Friends,

Summertime is an especially busy time at Shepherd Center. Unfortunately, it's also a time when we see an increase in injuries of young people. It's often a spur of the moment decision that we don't give a second thought to that can result in a traumatic injury – looking down at the phone for just a second while driving, or diving into the lake or ocean to cool off. I know, as I was injured more than 40 years ago now in a bodysurfing accident as a new college graduate.

Living with the effects of a traumatic injury are life-changing no matter your age, but they can be especially daunting for young people. That's why I am so proud of the level of specialized care we are able to provide youth through Shepherd Center's adolescent spinal cord and brain injury rehabilitation programs. In our cover story, you can read more about how our teams work to provide a welcoming, open and supportive environment for patients who are ages 12 to 21 and facing their future after sustaining a spinal cord and/or brain injury. We've found creating a community where these young people recover together proves invaluable in their journeys. As they heal medically, we also help them keep up with their studies and learn to navigate social situations for their return home. Additionally, they make lifelong friends while they're here.

It is so uplifting to see many of them return to Shepherd Center for our annual Project Rollway event, which is hosted by the adolescent program and featured on page 11, to demonstrate the progress they have made through their hard work.

In addition to the care we provide as one of the nation's top 10 rehabilitation facilities, we also feel it is part of Shepherd Center's duty to help prevent traumatic injury. Diving and driving choices are often what lead people to us. That's why I'm so proud of the work being done at Shepherd by staff and by former patients out in the community to raise awareness and help prevent future injuries.

Through the recent release of a new version of our AutoCoach App, we've expanded the information offered to include information to help teen drivers who may be living with physical or cognitive disabilities learn how to drive safely too. In this edition, you'll also be introduced to two former patients who speak to others about making safe and smart decisions around cars. It is inspiring to see these young people take their pain and pour it into helping others.

In closing, I thank our staff and volunteers who work so hard every day to help our patients heal and re-engage with life and their communities. It means so much. During these last days of summer – be well and be safe.

Warm regards,

James H. Shepherd, Jr.
Chairman of the Board and Chief Strategy Officer

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Fun Friday outings are one of the benefits of Shepherd Center's adolescent rehabilitation program.

PHOTO BY LOUIE FAVORITE



See news.shepherd.org for additional online content.

Gifts of Generosity

If you would like to make a gift to support the work you have read about, please contact Sarah L. Batts at the Shepherd Center Foundation at 404-350-7305 or visit shepherd.org.

AutoCoach App Adds Content for Parents of Teens With Disabilities

Looking to teach a teen how to drive safely? Download the latest version of the AutoCoach app produced by Shepherd Center. With this update, parents can customize the app to assist in training teen drivers with certain physical and/or cognitive disabilities.

The app walks parents through how to teach their children the important life skill of safe driving. Designed to take the anxiety and guesswork out of the process, it features information developed by Shepherd Center's certified driver rehabilitation specialists. They have unique expertise – having trained and evaluated thousands of drivers with physical and/or cognitive impairments. AutoCoach 2.0 is funded by a \$100,000 grant from the Georgia Governor's Office of Highway Safety (GOHS).

According to the GOHS, vehicle crashes are the leading cause of death for teens in the United States. Inexperience and risky driving behaviors are often at play. Crashes are also the number one cause of injuries that lead most patients to Shepherd, says Shepherd Center President and CEO Sarah Morrison, PT, MBA, MHA.

"We look forward to sharing our unique expertise via AutoCoach so that, together, we can work on reducing the number of teen motor vehicle crashes," she says.

Harris Blackwood, director of the Georgia Governor's Office of Highway Safety, says the app is one way to ensure our youngest drivers receive proper training before they get behind the wheel.

"Parents and other adult family members are key to providing and supporting proper training, and we're excited to give them an easy-to-use tool right on their smartphones to help do that," he says. *



AutoCoach now includes information to assist in training teen drivers living with certain physical and/or cognitive disabilities.

THE APP:

- Can be customized according to the state you live in to help ensure you're learning proper laws and meeting training requirements.
- Has a log to record daytime and nighttime hours, as well as weather conditions.
- Talks parents through a comprehensive list of topics and skills for their teen to master, broken down into 10 chapters.
- Starts with very basic instruction, such as adjusting mirrors and steering columns, and graduates to more complex maneuvers, such as driving around big trucks and merging onto highways.
- Specifically targets major risk factors for teen drivers. These include overcorrecting, "fishtailing," lane changing, distractions and speeding.
- Provides distracted driving alerts.

Register for the October 13 Advanced Wheelchair Skills Clinic

Learn, review and practice your manual wheelchair skills under the guidance of Shepherd Center therapists at the upcoming Advanced Wheelchair Skills Clinic on October 13. This free course can help boost confidence, safety and independence when it comes to daily living out in the community.

Skills covered may include propulsion techniques, wheelies, curbs, falling safely, uprighting the wheelchair, and negotiating elements such as grass, stones, sand and stairs. *

DATE: Saturday, October 13, 2018

TIME: 9 a.m. – 1 p.m.

LOCATION: Mike Utley Terrain Training Course
(outside the plaza level of Woodruff Family Residence
Center adjacent to Shepherd Center)

COST: Free

TO REGISTER: Contact Brian Maloney, PT, DPT, NCS,
at 404-603-4634 or brian.maloney@shepherd.org

FOR MORE INFORMATION, VISIT:

shepherd.org/WheelchairSkillsClinic



Shepherd Center Chaplain Ben Rose Receives Highest Certification from Spiritual Care Association



Shepherd Center Chaplain Ben Rose recently received his Advanced Practice Board Certified Chaplain certification.

While recently attending the Caring for the Human Spirit conference in New Orleans, Shepherd Center Chaplain Ben Rose, M. Div., received recognition and certification as an Advanced Practice Board Certified Chaplain (APBCC).

This certification is for chaplains who have demonstrated advanced skills in providing spiritual and chaplaincy care and leadership. To earn the certification, they must successfully complete a standardized test of core knowledge derived from evidence-based quality indicators for spiritual care, as well as a simulated patient exam that evaluates competency in direct patient care. APBCCs have been trained and tested on the latest evidence in areas including department management, HIPAA regulations, the assessment, diagnosis and treatment of spiritual distress, cultural competency, advance care directives, patient clinical care, staff support, and grief and bereavement, among other essential topics.

Earlier this year, Rose earned his board certification as a chaplain through the Spiritual Care Association. Before joining Shepherd Center as chaplain seven years ago, Rose served as pastor of a church and a hospice chaplain. *

Shepherd Center's App Factory Aims to Make Technology More Accessible

App-based technology helps people with disabilities thrive at everyday tasks.

BY ROBIN YAMAKAWA

THERE IS A HANDHELD TRAINER THAT GUIDES you through exercise programs designed specifically for people with spinal cord injuries. And there's a discrete assistant that can help you practice calming deep breathing – extra useful when you have post-traumatic stress (PTS) or have sustained a traumatic brain injury. There's also an app that eases the process of scheduling multiple reminders – for medication times or weight-shifts to prevent pressure wounds if you have a spinal cord injury.

You can find these and about 20 other apps in the Apple App Store for iOS users or Google Play for Android users. They are all innovations that have originated from Shepherd Center's App Factory, the brainchild of Mike Jones, Ph.D., FACRM, vice president of clinical research and assistive technology at Shepherd Center, and his team. The program's goal?

"To develop app-based technology that will help people of all abilities manage health conditions and participate more fully in life," explains Tracey Wallace, MS, CCC-SLP, a clinical research scientist and speech-language pathologist who recently became the project director of the App Factory.

The App Factory's innovative work is funded by a five-year grant from the National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR) in the U.S. Department of Health and Human Services.

Keeping Up with the Times and Moving Faster to Market

The App Factory is itself an innovation.

"Each year, we reserve part of our grant budget to create contracts with developers and researchers to develop apps," Wallace says.

This is different in terms of how other federal or privately funded grants are administered. Other grants often last for five years and fund fewer people with a narrower area of research and development, all over a longer amount of time. Shepherd Center leaders wanted to avoid investing in something that would be outdated before it could even get into people's hands.

"The App Factory model allows us to look at what's current and what new features and functionality exist in mainstream technology each year and take proposals that will capitalize on the current technology," Wallace says.

Pitching the idea to the federal government to trust Shepherd Center and its grant partners not to lock in the research and development plan at the beginning of the grant seemed risky at the time, Dr. Jones says. It hadn't been done before.

"We thought, 'They're looking for innovation,'" Dr. Jones recalls. "This was very innovative. You can't predict where technology is going to go, so we needed to take some risks." It paid off.

"After we got the award, we got the call from one of the associate directors of the agency and they said, 'We love this idea!'" Dr. Jones says.

The App Factory is creative in other ways besides breaking up the grants into mini contracts.

In addition to academic centers, private businesses can also apply and compete for the contracts. In fact, several tech startups have been developing apps under the program and have been responsible for launching the most apps.

The federal funding enables developers to create applications for smaller audiences with specific disabilities. That work helps meet important needs. However, it's work commercial businesses might be less likely to undertake under normal circumstances because it is less lucrative.

Lastly, developers are awarded funds for hitting milestones such as making the app available to the public, rather than getting a lump sum of money at the outset. Shepherd Center's research team found that this increases the likelihood that the technology facilitated by the grant will get into users' hands – something very important for fulfilling its mission. As of summer 2018,

22 apps have been published with more than 740,000 downloads, Dr. Jones says.

Why Apps?

Because smart devices are so pervasive, developing technologies for them helps make the Factory's developments accessible to a larger number of people with disabilities, Dr. Jones says.

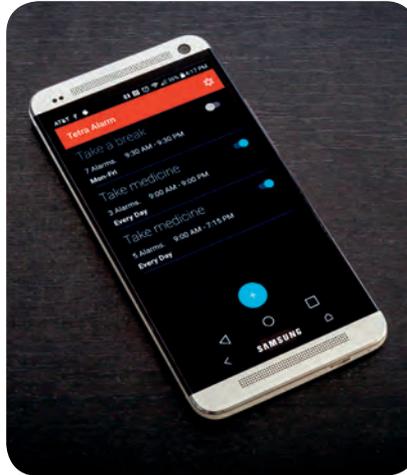
"You don't need a separate device," he adds.

Previously, much of government-funded technology development had been focused on developing show-stopper, big-ticket technologies. Think of a souped-up wheelchair that can climb stairs, says John Morris, Ph.D., clinical research scientist and former App Factory program director.

"Not everyone can afford that technology," Dr. Morris says. "It's not often covered by insurance, and it's clunky and requires a lot of maintenance. It might satisfy the needs of some people in some circumstances, but what makes the App Factory different is the idea of meeting consumers where they are, in a more direct fashion."

By making apps, the investment is made in creating computer code to build applications. These apps are then packaged and distributed on already existing platforms like the Apple App Store for iPhones and iOS users or Google Play for Android users. This helps make it easier to get apps into users' hands because it doesn't require an investment in hardware or the development of a new distribution channel. Additionally, people already know to go to these online stores when they are looking for ways to streamline their lives.

Shepherd Center and its partners at Northeastern and Duke universities see a need for app development well into the future, Dr. Jones says. "The whole focus is to help people live well – so we can use technology to support their ability to live independently and safely in the community." ❁



QA

WESLEY CHAY, M.D. Physician, Comprehensive Rehabilitation Unit

INTERVIEWED BY ROBIN YAMAKAWA

P
staff
profile

Wesley Chay, M.D., returned to Shepherd Center last summer to lead two teams in its new Comprehensive Rehabilitation Unit. He first served at Shepherd Center during a rotation he did as part of his residency in the Physical Medicine and Rehabilitation Program at Emory University.

Q: How did we get you to return?

A: Dr. Donald Leslie, Shepherd Center medical director emeritus, gave me a call and said, "We have an opportunity to bring you back." I told him Shepherd Center is the only place I would have considered leaving my previous job for. Shepherd has always had a special place in my heart. When I was a resident here, from 2008 to 2011, I saw the passion and the purpose that drove people to really give their all – both staff and patients. Everyone is really committed to patient centered-care, and they are willing to give their best to really try to draw the best out of each individual patient.



Dr. Chay checks in with patient Jesse Whitmire, 22, of Laurel Hill, Florida, in the CRU gym.

Q: Shepherd Center started the Comprehensive Rehabilitation Unit (CRU) in July 2017. It cares for patients with a range of conditions and/or injuries. What's been most rewarding about being a part of the CRU?

A: Having the opportunity to work with awesome people and amazing patients. We see folks come in after a really bad accident or situation where they may not be able to walk, talk, swallow or do much for themselves – obviously a really bad situation. But thankfully, with our tremendously supportive interdisciplinary teams, we have the privilege and pleasure of helping to sometimes literally put the pieces of these patients' and families' lives back together and help get them back to what matters to them. You can't put a price on that.

Q: You mention that in the CRU, you also see people who are facing some tough challenges. Can you tell us about that?

A: We care for patients facing complex issues, whether they have sustained a spinal cord injury, brain injury or both. Sometimes, we have some really severe

cases that come in, and there may not be a lot of major change for the patient. The reward in working with patients and families in those situations is helping people understand that even though a lot may have been taken away from one's life or maybe even one's identity, they aren't entirely lost. I think it's important to help people see that they can still find a lot of hope, peace, joy and satisfaction in life, despite what they may be going through.

Q: Did you always want to be a doctor? And tell us about your specialty – physiatry.

A: Growing up, I was always interested in science and math. My grandfather was a doctor, so I had a little bit of knowledge of what it was like to have a hand in the medical field. I didn't always know that I wanted to be a physiatrist.

Physiatry is kind of a hybrid between neurology, orthopedic surgery and neurosurgery, except we're not surgeons. We focus a lot more on function and medical management, symptom management and quality of life. This is a unique field of medicine where people are looked at as more than just a diagnosis, but as a person. We are looking at where there are challenges for patients and how we can pull things together to help them get back to enjoying life and living it to the fullest. ✨

INTERESTING FACTS

EDUCATION/PROFESSIONAL EXPERIENCE

University of Florida, Gainesville:

- Bachelor's degree in zoology, minor in violin performance
- Medical degree

FUN FACTS

- Dr. Chay loves making smoked meat at home, a hobby he started while he was living in Philadelphia and missing the South. "What's really best about barbecue is sharing it," Dr. Chay says.
- Music has always been a big part of his life. He plays guitar, piano and violin. Look for him and other staff caroling in the halls this holiday season.
- Dr. Chay and his wife Eunice are kept on their toes by their toddler son, Justus. "He's really showing us what we don't know about parenting, but we're learning a lot and really enjoying it."
- Dr. Chay also enjoys playing tennis. You will likely find him on a tennis court with fellow Shepherd Center physiatrist John Lin, M.D., on Tuesday nights during the summer playing together in the ALTA Run n' Roll League.

PRESSING *FORWARD*

Shepherd Center's adolescent rehabilitation program helps young patients get back in the game.

BY DREW JUBERA



(clockwise from top left)

1. Mack Johnson, a Shepherd Center Adolescent Spinal Cord Injury Rehab Program alum, works the ropes as part of his training as a member of the Auburn University wheelchair basketball team. 2. Abbie Williamson, now 21, missed her senior prom after a car crash that led to a traumatic brain injury. As part of her recovery, she helped plan a prom at Shepherd. 3. Abbie and her father share a moment before the dance.



**SHE WAS 17 AND
MISSED HER PROM.
HER PROM! SHE'D
EVEN BOUGHT A
DRESS. IT WAS LONG
AND GLITTERY
AND PERFECT.**

But a day or two after buying that rite-of-passage gown, as Abbie Williamson started to drive out of her Lawrenceville, Georgia, neighborhood, her vision was blocked momentarily by a bus. She collided with another vehicle.

Abbie sustained a broken pelvis and diffuse axonal brain injury. Doctors at Gwinnett Medical Center didn't know if she'd walk or talk again.

Two months later, after she'd stabilized and transferred to Shepherd Center's adolescent brain injury rehabilitation program, Shepherd's staff decided that if Abbie couldn't go to her high school prom, they'd bring the prom to her. By then she could walk, but she still didn't speak much or use facial expressions. The improvised prom night changed all that.

As Abbie stepped from an elevator into Shepherd Center's seventh-floor atrium, alive with lights, music and about 80 friends and family – she beamed.

"It was the first time I saw her smile," says Cheryl Zjajo, SLP, Abbie's primary speech-language pathologist during her inpatient stay. "It was a turning point. It was payoff for all her hard work."

As with any activity attached to the adolescent rehabilitation program, which focuses on patients ages 12 to 21 who have sustained spinal cord and/or brain injuries, Abbie's prom was more than a mere dance. Nearly every aspect addressed practicing social and cognitive skills vital to Abbie's rehabilitation, as well as her development as a teenager.

"Their social life is everything to them at that age," Zjajo says. "When you tie that into therapy, that's when you're successful. Therapy isn't work anymore."

To that end, Abbie helped plan the invitations and music, as well as her own hair and makeup – all of it connected to therapy goals centered on organization, initiating ideas and receptive-expressive language. She invited classmates from Mountain View High School and other teens at Shepherd Center.

Now a 21-year-old sophomore at Samford University in Birmingham, Alabama, Abbie doesn't remember much from that evening. She was still recovering

from post-traumatic amnesia, which lasted until right before she finished inpatient therapy at Shepherd. But her mother's memory of the event, and its effect on Abbie and her family, remains vivid.

"It normalized the situation," says Mary Beth Williamson, Abbie's mother. "It showed us all that life as a 'normal' teenager, despite the challenges, can continue."

WHAT'S A NORMAL TEEN?

Experiencing life as a teen can feel far from normal even under ideal circumstances, but even more so when you're a teen recovering from a brain or spinal cord injury.

"Their maturity level is very different," says Anna Elmers, M.D., staff physiatrist at Shepherd Center. "There are a lot of self-image issues, a lot of insecurities. Then you put a traumatic injury on top of that."

Enhanced by donor funding, Shepherd Center's adolescent rehabilitation program tackles all of those dynamics. In addition to physicians, the program's dedicated staff includes a counselor, therapists of various disciplines

and educators. When possible, adolescents live on the same floor of the hospital and use the same area in the therapy gym for rehabilitation during their inpatient stays.

Activities are designed specifically for them. Fun Fridays include outings and events – Braves games, hikes, a trip by foot or wheelchair to a Chick-fil-A up the street – most taken without parents. It's a chance to practice the skills they've learned inside the accommodating spaces of Shepherd Center out in the real world.

"They're putting all the pieces together," says Shanna Thorpe, CTRS, a recreational therapist. "There's potholes, doors not wide enough for their wheelchairs, bathrooms that aren't accessible. It's what they'll have to deal with when they go home and want to go to the movies with friends."

Fun Fridays also give young patients a chance to bond and share experiences with each other.

"We haven't really started our lives but we're all going through the same thing," says Michael "Mikey"



PHOTOS BY LOUIE FAVORITE AND COURTESY OF ABBIE WILLIAMSON

Doherty, 17, from Mandeville, Louisiana. He sustained a complete T-3 spinal cord injury while playing football. “We can talk about anything. It’s different from hanging around a 40-year-old.”

The adolescent rehabilitation program also provides resources for patients to keep up with classwork and stay on track for graduation, when cognitively and medically appropriate. Lesson plans are prepared in consultation with teachers and counselors. A room with whiteboards and reference materials – a dictionary, SAT prep, “Hamlet” – is used for one-on-one teaching sessions. The program provides equipment, such as adaptive pens for students who do not have full use of their hands.

Teachers accommodate patients whose injuries prevent them from going to the classroom. Instead, teachers go to patients, explains Sherry Robinson, the program’s recently retired academic coordinator and a former public and private school teacher.

“I’ve taught ‘The Great Gatsby’ in all kinds of settings,” Robinson says, “including bedside to a student on a ventilator.”

Shepherd Center’s therapy team and new, on-staff academic coordinator even make plans to ensure that students who are in the adolescent rehabilitation program have a smooth transition back to school in their hometown. They develop a report for the school staff before

the student goes back, and a therapist may visit the school to make sure accommodations are ready for the student’s arrival.

The results? Of the 20 students who attended Shepherd Center’s school program as members of the class of 2017, 18 graduated on time. Of the two who didn’t, one earned his GED and the other graduated after summer school.

Overall, more than 90 percent of adolescent patients at Shepherd Center with spinal cord injuries return to school within two weeks of discharge. Of those, 95 percent graduate with their class and with their pre-injury grade point average. Additionally, more than 90 percent of adolescent patients with brain injuries return to school within three to six months of discharge.

LOOKS LIKE TEEN SPIRIT

Cheryl Linden’s office looks like teen spirit. Linden, LPC, OT, is the adolescent rehabilitation program’s feisty, impassioned counselor. Memorabilia from former patients fills virtually every inch of her cozy, windowless office.

Framed T-shirts from patients cover the walls, each emblazoned with adolescent attitude that ranges from “Pray for Jay” to “Drake Broke His Neck So I Could Get This T-Shirt.” Hand-painted ceiling tiles have backstories Linden knows by heart: “Goodbye Blue Sky” was painted by “a 13-year-old saying goodbye to life as she knew it”; “Fry Queen” was a girl who “ran a French fry machine at Wendy’s in her small town. She was so proud of her job before she got hurt.”

One patient made Linden a bracelet made of catheters. It hangs from a wall.

“I thought it was the funniest thing,” says Will Bucher, who sustained a spinal cord injury from a motorcycle accident in North Carolina when he was 17. “It showed you could talk about anything in there. I mean really emotional stuff. You could vent about it with her.”

That’s Linden’s goal.

“I give them a space where they can say whatever they want,” she says. “If a kid is really struggling, feeling depressed or has anxiety and is expending all their energy on just keeping it together, that’s less energy they can expend on what they have to do physically.”

Linden often meets with patients outside the office. They go for walks, talk over lunch, meet informally in the hall.

“Sometimes it’s like their whole fear is, ‘What is everybody back home going to think?’” she says. “And there’s a point where they acknowledge that they’re all thinking about the same stuff.”

“Stuff” for many teens revolves around things like dating, parties, bladder and bowel control when they’re out with friends. Classes and training are available that cover topics such as stigma management, drug and alcohol awareness and sexuality.

“I went through a lot of depressed states,” says Austin Mackenzie “Mack” Johnson, from Greenville, South Carolina. He fell from a third-floor balcony at 19, sustaining an incomplete T-12 spinal cord injury, and did his rehabilitation at Shepherd. “You go back to your room, sitting there alone, seeing your friends on Snapchat doing things and think, ‘I’ll never be a part of this.’”

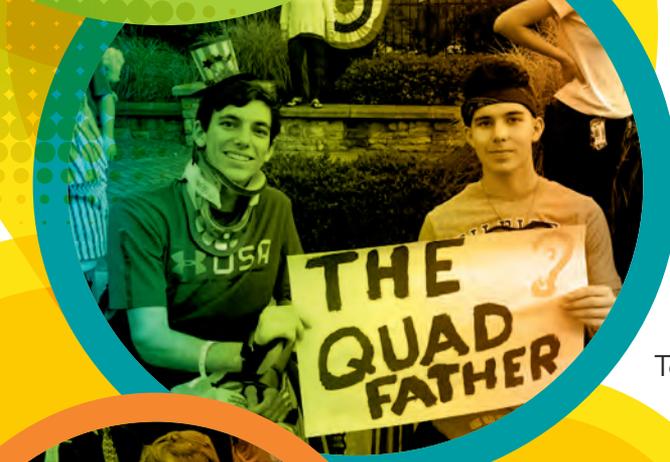
“In your thoughts is one of the scariest places you can be after a traumatic injury,” adds Mack, now an accounting major at Auburn University where he plays on the wheelchair basketball team. “But



1. Michael Doherty, 17, and PT fellow Jessica Dietz, make their way across the summit of Stone Mountain on a Fun Friday outing. 2. Abbie Williamson invited classmates from Mountain View High School and other Shepherd teens to her prom, practicing social and cognitive skills that were vital to her rehab. 3. Mack Johnson says traumatic injury can be challenging mentally, as well as physically, but being surrounded by people who have had similar experiences makes a huge difference.



1



2



3

1. Daylan Carver, 18, of Robbinsville, N.C. took part in Shepherd Center's 2018 Project Rollway fashion show shortly after graduating from the in-patient adolescent rehab program. 2. K.P. Cassidy and Evan Elrod, cheer on Peachtree Road Race participants on July 4th with signs made by other Shepherd patients. 3. Will Bucher says he's still in touch with Shepherd friends.

your age to lean on. I still talk to them today."

Fostering those kinds of bonds is a goal of the adolescent rehabilitation program team.

"Kids are essentially good and compassionate," Linden says. "The turning point is when kids can look outside themselves and help someone else."

A HUGE SECOND FAMILY

Evan Elrod's first day at Shepherd Center was miserable. The 17-year-old from Dalton, Georgia, recalls lying in bed wishing he were anywhere else after he transferred in from Erlanger Health System, in Chattanooga, Tennessee with an incomplete T-10 spinal cord injury, the result of a shotgun accident. "I didn't want to talk, eat, drink or anything," says Evan, who wouldn't even get in a wheelchair. "I didn't think I'd see other kids my age, I thought that'd I'd feel out of place."

Then, fellow patient Daylan Carver rolled in. He introduced himself with a taffy-pull drawl as "Daaaylaaan." The first thing the Robbinsville, North Carolina, 18-year-old did was pop a wheelie. Evan... smiled.

Daylan recounted his own story – a dirt bike accident and a T-3 spinal cord injury and C-1 and C-2 fractures. Then Daylan invited Evan to his room for doughnuts. Evan slipped into his wheelchair and rolled off.

"It made me feel like it wasn't going to be so bad," Evan says.

Evan's mother teared up as she watched.

"I got chills," Krista King says. "As a parent, it made me feel like we weren't in here by ourselves. To see someone else your own age dealing with life the same way that you're having to makes a big difference. He had a buddy now who gets it."

A couple weeks later, both Evan and Daylan were with half a dozen other young patients atop Stone Mountain, the 1,686-foot high natural rock dome outside Atlanta. It was Fun Friday.

Accompanied by their therapists and a nurse, they rode a cable car to the summit, where a caravan of them looked out into a vast, clear-sky distance that was filled with whirling hawks, forested golf courses and Atlanta's spreading skyline. Some couldn't believe they'd done it.

Earlier, at the base, Daylan had leaned back in his chair, only to flip completely over. Therapists and the nurse rushed to help, but he was fine.

"Good thing I didn't do that at the top," he grinned later. Everyone laughed and retold the story over and over on the bus ride back.

"Being at Shepherd has brought me out of my shell," says Ellie Wilson, 14, from Douglasville, Georgia. She has paralysis from the waist down caused by transverse myelitis, a neurological disorder that effects nerve cell fibers in the spinal cord. "Kids at my school couldn't understand what happened to me, but most people here have some crazy story about what happened to them. They're not judgmental. They're supportive and open."

"They made me a better person," Ellie adds, nodding at the other adolescent patients. "It's been like a huge family – a huge second family." *



For more information, please visit Shepherd.org/AdolescentBrainInjury and Shepherd.org/AdolescentSCI

people at Shepherd Center have been there."

Will, who graduated with his high school class in the spring of 2018 and will attend the University of North Carolina, agrees.

"We knew the more personal stuff and felt comfortable sharing," he says. "Nobody understood what was going on like we did with each other. It was nice having kids

PROJECT ROLLWAY

Boosts Spirits While Supporting Adolescent Program

BY DREW JUBERA

Just last year, Sophia Williams watched the Project Rollway fashion show from a power wheelchair on the track that overlooked a transformed Livingston Gym. Sophia was a high school junior from Niceville, Florida, who'd been in a car accident, sustaining both spinal cord and brain injuries. Amid flashing lights and thumping music, she saw former patients from the adolescent brain injury and spinal cord injury rehabilitation programs smile and ham it up as they made their way down the runway to thunderous applause. With her mother beside her, Sophia vowed one day to do the same thing.

"Last year I watched it with a trach in my neck while I was dependent on my wheelchair," Sophia said backstage before walking out on her own for this year's sold-out event. "I came back this year because I wanted to show everyone how far I'd come. I start college in two months. I knew I was going to be here."

Project Rollway, an annual event hosted every June by the adolescent rehabilitation team, is emceed with heart and humor by Cheryl Linden, LPC, OT, adolescent rehabilitation program counselor. The event is at once reunion, celebration of milestones and affirmation of all the hard work put in by patients and staff. Proceeds help support fun outings and special events for Shepherd Center's youngest patients, as well as programs that keep patients' education on track and ensure a smooth transition back to their communities.

"A lot of inpatients come to watch, and it inspires them and gives them hope," says Shanna Thorpe, CTRS, a recreational therapist. "They see kids who've graduated high school, who are going to college, and think, 'Wow, look how happy these kids are.'"

Twenty-five former and current patients, as well as 10 staff members, were models this year. Yet even amid the night's glitzy trappings, which included fashions from national and local retailers, including Patagonia, Mint Julep, Elk Head, Banana Republic and The London Trading Company, the kids remain the stars.

"It allows the spotlight to be put on them," says Ashley Kim, MPC, ATC, a physical therapist and co-chair of this year's Project Rollway.

For the staff, seeing former patients is its own reward.

"The therapists cry when they see their kids' progress," Kim says. "We saw them at their lowest point, and now we get to see them shine."

Katie Kimball, MS-OT, OTR/L, occupational therapist and this year's co-chair, adds, "It takes a whole hospital. That embodies the mantra of what Shepherd Center is about – it's about family."

For the patients turned models, returning for Project Rollway was their way, as one patient put it, of "paying it forward."

"Shepherd Center helped me so much, anything I can do to help them, I'll do it," says Thomas Guest, 19, from Madison, Mississippi. The personable Mississippi State University student was paralyzed last year in an all-terrain vehicle accident. For Project Rollway, he wore an outfit from Fish Hippie.

Thomas smiled.

"I woulda worn whatever they wanted me to." *



One year after watching others take to the runway for Project Rollway, former patient Sophia Williams walked the catwalk.

Building a Legacy

Shepherd Center celebrates 90 years of Harold Shepherd.

BY KERRY LUDLAM | PHOTOS COURTESY OF SHEPHERD CENTER ARCHIVES



1. Jamie Shepherd, Sarah Shepherd, Julie Shepherd, Alana Shepherd and James Shepherd surround Harold Shepherd at the celebration of his 90th birthday.
2. James, Harold and Alana Shepherd, along with David Apple, M.D., (not pictured) founded Shepherd Center in 1975.
3. Harold, James and Alana Shepherd pose with former University of Georgia President Michael Adams as they received honorary doctorates of laws.
4. Harold and Alana Shepherd attend The Legendary Party in 1998.



In Georgia, many roads lead to Shepherd Center co-founder Harold Shepherd — literally and figuratively.

So, it's only appropriate that just before his 90th birthday in April 2018, that the Georgia General Assembly unanimously approved a resolution to rename a section of Peachtree Road in his honor. In July, the portion of Peachtree Road from Peachtree Battle Avenue to Brookwood Station — the very same slice of road that is home to Shepherd Center — was honorarily designated J. Harold Shepherd Parkway.

A native of Atlanta, Harold grew up as the youngest of six siblings. Family has always been central to Harold — in business and life. As young men, Harold and his brothers started Shepherd Construction Company. Over the past six decades, Harold and his family members have overseen construction of hundreds of miles of interstate highways in Georgia and several surrounding states, as well as thousands of miles of city and county streets. Their work has provided and improved transportation access for millions of Georgians and travelers.

It was once said that no one knew more about an asphalt plant in the state of Georgia than Harold Shepherd. Harold started paving operations in 1949 and managed 15 asphalt plants across Georgia, North Carolina and South Carolina. He holds a patent on the rumble strip roller machine, which marks the pavement edge on roads, and helped develop two asphalt terminals, which store liquid asphalt.

Construction isn't Harold's only family endeavor. Along with his wife, Alana Shepherd, their son, James, and David F. Apple, Jr., M.D., Harold founded Shepherd Center in 1975.

The idea for the Center formed after James sustained a spinal cord injury in a bodysurfing accident in 1973. For James' initial recovery, the family had to seek treatment far from Atlanta because there was a lack of rehabilitation care options in the Southeast. Frustrated, but determined, the Shepherds devoted themselves to creating a rehabilitation center for people with spinal cord injuries closer to home and to help others in the region. Harold's work in the business world proved to be quite instrumental in Shepherd Center's launch.

"His family and business connections played a huge role in starting Shepherd Center and in saving my dad's life," says Jamie Shepherd, Harold's grandson and son of James. Jamie serves as director of community services and risk management at Shepherd Center. "Without those connections and his relationships, Shepherd Center might not be here."

A natural storyteller and somewhat of an unofficial Shepherd Center historian, Harold is a founding board member at Shepherd Center and still comes to Shepherd almost every day. He is still a member of the investment committee, and he is involved in raising funds and advising the strategic direction of the hospital.

"He wants to be here, talk to people, to be around the hospital and watch as it grows," says Julie Shepherd, Harold's granddaughter, who is a case manager at Shepherd Center. "He often talks about how proud he is of Shepherd Center. His construction career has been rewarding in one way, but he's even prouder of what they've done here (at the hospital) and the lives they've changed."

Harold has been recognized with several awards for service and dedication — including the American Academy of Physical Medicine and Rehabilitation's Distinguished Public Service Award, the American College of Physicians' Edward R. Loveland Memorial Award for a Distinguished Contribution in the Health Field, Atlanta Business Chronicle's Healthcare Heroes Award, Outstanding Service to Georgia's Handicapped Citizens Award, Hagar & Jay's Award from Delta Air Lines for servant leadership, the Tiffany Blue Angel Award and the Christopher Reeve Spirit of Courage Award. He also received an honorary doctorate of laws from the University of Georgia in 2011. But, you won't hear him boasting.

"He likes being behind the scenes," Jamie says. "He's not interested in getting credit. He's more interested in making friends, learning about people and demonstrating that he can relate to them having been through tragedy."

And while what started as a six-bed rehabilitation unit is now a world-renowned, 152-bed research and rehabilitation institution that is spread across three campuses, Harold's family members say his greatest influence has been on the feeling that people get while they are at Shepherd Center. "They started all of the culture," Julie says of her grandparents. "They always wanted it to be like a big family. He would do anything for a friend, and that shines through in the culture here." *

One of the best ways to ensure that Shepherd Center will be able to serve patients and families yet to come is through legacy planning. Some of the Center's most impactful gifts have come from bequests in wills and other estate planning vehicles that named the Shepherd Center Foundation as a beneficiary. These gifts not only support the programs and services that make Shepherd Center so special, they also make a profound statement about your values to family and community. Those who have helped to build Shepherd Center's road into the future through estate planning are recognized as members of the J. Harold Shepherd Bridge Builders Society. For more information, please reach out to Jen Swindall at 404-350-7301 or jen.swindall@shepherd.org.

A close-up portrait of a young Black man with short, dark hair, smiling slightly. He is wearing a colorful plaid shirt over a white t-shirt. The background is a blurred outdoor setting with green foliage.

One Decision Away

Daquarius "Q" Greene encourages others to make safe decisions.

BY DREW JUBERA

1. Daquarius "Q" Greene was in a car crash two weeks before his high school graduation that left him with partial paralysis on his left side. Following his recovery, he has been speaking to others about the dangers of distracted driving.

2. Q speaks at safety demonstrations and events seeking to encourage teens to make safe decisions.

3. Half a dozen times a month you can find him out in the community spreading his message.

DAQUARIUS "Q" GREENE MOVED THROUGH THAT DAY FOUR YEARS AGO THE WAY HE MOVED THROUGH HIS LIFE – WITH THE RECKLESS INVINCIBILITY OF AN 18-YEAR-OLD.

A senior at Dutchtown High School, south of Atlanta, he cut morning classes, took his parents' car without permission, then headed into school sometime that afternoon. He left as soon as he could, jumping back in the car with two friends and taking off down the road.

What could go wrong?

Minutes later on that warm afternoon in early May 2014 – four days after prom, two weeks before graduation – this went wrong:

Speeding – and distracted – on a winding two-lane road while weaving to avoid an oncoming car, Q lost control of the car. His car flipped and ejected all three teenagers, none of whom had been wearing a seatbelt. Q and one of the two girls riding with him were airlifted to Grady Memorial Hospital in Atlanta. The other girl, a 16-year-old sophomore, died at the scene.

"You never think it's going to happen to you," says Q, now 22. "I was the class clown, I just wanted to have fun. You don't think you're just one decision away."

Q sustained a spinal cord injury, with paralysis from the neck down. He didn't learn that his friend had died in the accident until almost a month later, after he'd transferred to Shepherd Center's Spinal Cord Injury Rehabilitation Program. The news devastated him on a level far deeper than his paralysis.

"I lost one of my best friends, and it was my responsibility," he says. "I couldn't bear the guilt. I kept wondering, 'Why am I here and she's not?'"

Today, the personable, yet focused, Q speaks at schools, churches and youth events about the consequences of his in-the-moment, fun-seeking choices – a cautionary tale to young people who face similar choices every day. He can walk and drive, but his left side remains 50 percent paralyzed. Q has found talking publicly about his experience has not only had an impact on other teens and young adults who believe they're as invincible as he once did, but it also helps him confront his lingering guilt.

"Paying this forward helps him cope with all that happened," says Cheryl Linden, LPC, OT, counselor for Shepherd Center's adolescent program. "It's kind of like his friend's death did not go for naught."

Q credits his time at Shepherd Center with helping his rehabilitation, both physically and mentally. He continued his

schoolwork while at Shepherd Center, and about two months into his stay, he returned to his high school for a summer graduation ceremony. With the use of a walker, he stepped across the stage to accept his diploma.

He returned home to Stockbridge, Georgia, a suburb of Atlanta, a week later. Friends who'd called him at Shepherd Center suddenly vanished. Plans to enlist in the military were abandoned. He slipped into depression.

"Plenty of times he called and said he wanted to kill himself," says Josh King, a friend of Q's since fourth grade. "He was in a dark place."

It got darker. Just days before Christmas, Q was arrested on charges stemming from the accident, including homicide by vehicle in the first degree. He spent Christmas day in jail before being released on bail. A short time later, facing a possible 20-year

sentence, Q accepted a plea deal that sent him back to jail for two months with five years of probation.

"It humbled me," he says. "You have to go through the storm to see the sun."

Meanwhile, his former principal called and asked him to speak to students at the high school, where there had since been another accident. He cried through the entire speech, but like many in the audience, also felt uplifted.

"I was scared, but I felt that my best friend who died was holding my hand," Q says. "There hadn't been too many happy moments but being on stage was one of the happiest moments of my life."

He's turned his life around. He works two jobs while attending Georgia State University, where he's a junior and an education major. After seeing the impact that he had on students at his old high school, he now talks to groups half a dozen times a month, with ambitions to become a full-time motivational speaker. He created a website named for his story's central theme: 1decisionaway.com.

"Every day that I get up reminds me not only that I lost my best friend, but that you can't go back, you can only go forward," says Q, who still undergoes treatment at the Shepherd Spine and Pain Institute. "The goal wasn't for me to be the same person again, but to be a better person. It challenges me to go through obstacles.

"My disability is my special ability to move forward," he adds. "I know I can't reach every kid, but if I reach just one, I'm doing my job." *

"Paying this forward helps him cope with all that happened. It's kind of like his friend's death did not go for naught."

CHERYL LINDEN, LPC, OT, COUNSELOR FOR SHEPHERD CENTER'S ADOLESCENT PROGRAM



Shepherd Alums:

Where Are They Now?

BY DREW JUBERA

Andrew Waters

INMAN, SOUTH CAROLINA

Whenever he goes to his gym, **Andrew Waters, 28**, spots a sticker on the front door: “Andrew 100%.”

It’s a reminder of the support he received from his hometown of Inman, South Carolina, after sustaining a traumatic brain injury (TBI) in a car crash in 2013.

The doctor who treated Andrew while he was in a coma at the Medical University of South Carolina Medical Center in Charleston, South Carolina, said his initial prognosis ranged from “Andrew 100%” to “he never wakes up.”

Family and friends chose the best-case scenario as their rally cry as they raised emotional and financial support through a Facebook page, T-shirts and stickers plastered throughout the town of 2,200 residents.

Andrew now steps into his home gym as a certified personal trainer. He’s also a year away from earning an associate’s degree at a community college, with plans to get his bachelor’s degree in communications.

Meanwhile, he speaks at high schools about making smart decisions around cars. Fidgety students become captivated by his story: He rode to a bar with a friend. For the trip home, he got in the passenger seat, even though the driver was impaired. Then, the car flipped, breaking virtually every bone in Andrew’s face and leaving him unconscious.

A month later, Andrew arrived at Shepherd Center for treatment in its brain injury rehabilitation program. He relearned the basics – eating, sleeping, talking and walking. He can’t remember everything from his two-month stay at Shepherd Center, but he remains grateful for Shepherd Center’s warm environment.

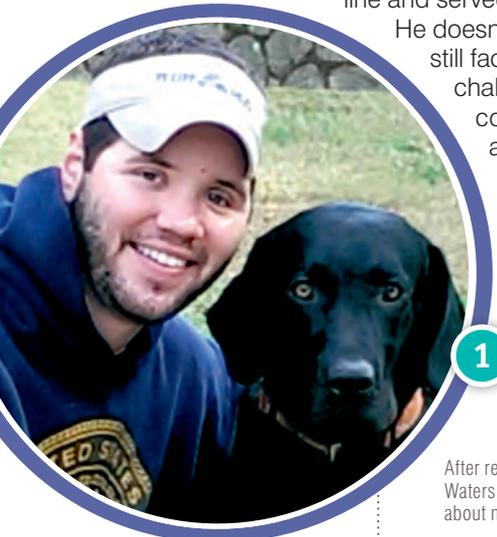
“In that humongous hospital, it was like being home in a small town,” he says. “Everybody knows everybody. Everybody experiences the same thing.”

Before his accident, Andrew worked on a BMW assembly line and served in the U.S. Navy Reserve.

He doesn’t do either now, and he still faces memory and cognitive challenges. But he’s more content than ever – affecting people’s lives as a motivational speaker and personal trainer. He sees his future as an ongoing journey.

“I’m never going to stop learning as long as I’m on this earth,” he says. “I know that the Lord has a plan for me.”

After rehabilitation for a brain injury, Andrew Waters speaks to high school students about making smart decisions around cars.



Stacey Koury

CANTON, GEORGIA

Stacey Koury, 38, a former police officer from Canton, Georgia, registered for her first powerlifting competition in September 2017 – a decade after being diagnosed with multiple sclerosis (MS).

She finished first in her weight class.

This February, Stacey entered a statewide meet. She didn’t place in that one, but still left inspired by the women in the competition.

“It lit a fire under me to do more,” she says. “I always compare myself to other lifters, and I have to remind myself how far I’ve come.”

In 2007, Stacey could barely lift herself out of bed. She had headaches, vertigo, numbness in her legs and feet. When her head dropped, it felt “like I was electrocuted.” Her weight ballooned.

MS is a cunningly elusive disease to diagnose and treat. No two patients seem to react in quite the same. One doctor thought Stacey had a fractured back.

A neurologist in her area finally determined it was MS and sent her to Shepherd Center’s Andrew C. Carlos Multiple Sclerosis Institute.

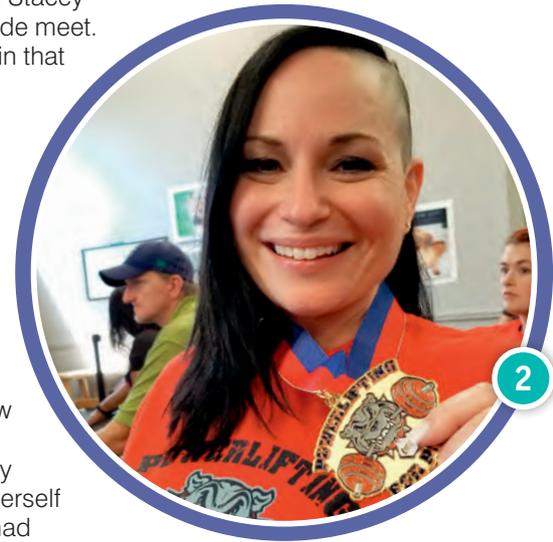
Stacey endured a six-year journey as an outpatient before a treatment worked without her MS relapsing.

“They did an amazing job,” she says of MS Institute staff. “People were so supportive.”

Stacey then went on a mission to live healthier. She lost 100 pounds. She became a certified personal trainer. When she met a couple at her gym who were record-holding powerlifters, she thought, “That looks like fun.”

She was soon competing. A nurse from Shepherd Center attended her first meet, and Stacey came back to show the staff her medal. But she’s not content to rest on those laurels.

“Before I was diagnosed, if someone told me I couldn’t do something, I’d do it,” she says. “I put that part of me on the back burner for a while, and now that I have the chance to do it again – nothing is going to stop me.”



Stacey Koury, who has MS, is a certified personal trainer and power lifter.

Avery Downing

MEMPHIS, TENNESSEE

Avery Downing, 19, arrived at the University of Alabama in fall 2017 and headed straight to a wheelchair basketball practice. The Memphis, Tennessee, native hadn't played sports since 2012 when she fell from the uneven bars during gymnastics practice in seventh grade. She sustained a complete T-11 spinal cord injury that paralyzed her from the waist down.

By the spring of 2018, Avery was named to the national wheelchair basketball tournament's Women's All Rookie Team. She also played wheelchair tennis for Alabama – the 2018 national champs.

"I love sports," says Avery, who was a Level 9 gymnast (10 is highest). "But between the time of my injury and going to college, I didn't have the opportunity to play anything. I'd wanted that for so long, so I jumped right in."

Only 13 when she fell, Avery was transferred to Shepherd Center from Le Bonheur Children's Hospital in Memphis. Her first day was her hardest.

"Everything became real at that point," she says.

Avery soon bonded with other teens in Shepherd Center's adolescent spinal cord injury rehabilitation program, spending time with them in the therapy gym and on outings.

"It was a good community," she says. "It's a super hard and weird time, and I'm thankful for having spent that time at Shepherd Center. It made it a little less hard and weird."

Her desire for that kind of community led Avery to wheelchair sports.

"It reminded me of how everything felt when I did gymnastics," she says. "I loved that – pushing myself physically, learning new skills, getting better."

The English major has a 4.0 GPA, traveled to Honduras on a mission trip last year and worked with children with disabilities and their families in summer 2018 in Ghana. She's still undecided about plans after college, but her sports goals are clear – the Paralympics, in basketball and tennis.

"I'll just keep working at it and see what happens," she says.

Avery Downing, who sustained a spinal cord injury, now plays wheelchair basketball and wheelchair tennis at the University of Alabama.



Randy Lorusso

SUWANEE, GEORGIA

Six days a week at 10 a.m., **Randy Lorusso, 55**, catches a bus from his Suwanee, Georgia, home to a local gym – whether he feels like it or not.

Often, Randy doesn't feel like it. Diagnosed with multiple sclerosis (MS) 19 years ago, virtually every movement is an exhausting struggle for the former machinist from Chicago. Yet he arrives at the gym in his power chair, works out on accessible machines and slips into the pool to swim, walk and float. He then showers, dresses and takes a bus back home.

The routine inspires everyone at the gym.

"They see this person struggling with exhaustion, as well as limited capability and movement, and he goes every day without fail," says Michelle Lorusso, Randy's wife. "They all say, 'If he can do it, I can do it.'"

Randy explains: "I realize if I'm stagnant, I'm not moving forward. I'm hurting myself. I just don't let, 'I don't feel like it' in my mind. It's ingrained in me to do it."

After being diagnosed with MS at the Mayo Clinic in Minnesota in 1998, Randy and his family lived in Florida before moving to Georgia. In 2006, he became a patient at the Andrew C. Carlos Multiple Sclerosis Institute at Shepherd Center. Randy also spent two months as an inpatient at Shepherd in 2014, when he was admitted after complications from a surgery.

Michelle credits Randy's quality of life to Shepherd Center staff.

"The level people go to in order to help is amazing," she says. "It's not that it's their job descriptions, it's their personalities. It's truly an environment of angels."

Randy's influence as an inspiration is felt most profoundly inside his own home. His two teenaged daughters have never known him without MS and have developed, Michelle says, "a deep heart" for anyone who has a disability.

In fact, their oldest daughter, Sheila, is a freshman this fall at the University of Georgia, where she plans to study biomedical engineering. Her goal: to research tissue regeneration as it relates to MS.

Says Randy of his daughters, "They inspire me."



Randy Lorusso, who has MS, swims daily to keep his body moving.

 More online at news.shepherd.org

THE VISION FORWARD

Where strategy and philanthropy meet to drive Shepherd Center into the future.

BY SARA BAXTER AND KERRY LUDLAM

When Shepherd Center was founded 43 years ago, the need was clear, as was the vision: build a rehabilitation hospital that would provide holistic and thoughtful care to patients who had sustained spinal cord injuries. With enthusiastic support from friends, family, volunteers and donors, Shepherd Center was founded in 1975 as a six-bed unit operating out of leased space in an Atlanta hospital. Almost immediately, there was a waiting list.

As Shepherd Center found its footing in the wide landscape of healthcare, it moved to its current location on Peachtree Road and became a free-standing 40-bed facility. What no one could have predicted – not to say that it wasn't hoped for – is that Shepherd Center would evolve into what it is today. With the continued dedication of loyal donors and philanthropists, Shepherd Center is now a world-renowned, 152-bed hospital that specializes in medical treatment, research and rehabilitation for people with spinal cord injury, brain injury, multiple sclerosis, spine and chronic pain, and other neuromuscular conditions.

With its fifth decade on the horizon, the team at Shepherd Center is tasked every day with providing world-class care now, while also planning for a future that will span many more decades. With that in mind, we asked Shepherd Center President and CEO, Sarah Morrison, PT, MBA, MHA, and Sarah Batts, MBA, executive director of Shepherd Foundation, which raises vital funds for the hospital, about how we're preparing for our future.

What are the top three priorities for the Shepherd Center in the next three years?

SARAH MORRISON: I would like Shepherd Center to be top of mind. When you think of childhood cancer, you think of St. Jude's. When people are faced with a brain or spinal cord injury, I want Shepherd Center to be the first rehabilitation center that comes

to their minds for the recovery of their loved ones. We need to continue to develop new and improved ways to educate people about Shepherd Center and the services we offer when they need it, especially as we are facing increased competition from large hospital systems.

Additionally, we need to continue make the patient experience exceptional. Shepherd Center needs to continue to streamline access to our services across the entire continuum of care, increase our family housing capabilities to accommodate the 50 percent of the patients that come from out of the state of Georgia, as well as provide the best care possible.

Secondly, we're working toward standardizing best practices and improving our data analytics capability. We're moving in that direction through the implementation of EPIC – an electronic medical records and data analytics systems. Our goal is to use data to continue to improve the care we provide and the speed at which patients recover.

The third area we are working on, in terms of becoming top of mind, is expanding our continuum of care – specifically making sure all of the patients we serve have a smooth and effective transition back to their respective communities. We are exploring partnerships from both a pre-admission perspective as well as a post-discharge perspective. This will make sure patients are ready for admission as well as keep them healthier through their lifespan.





We are actively going through a year-long focus group process to identify the best way to encourage young adults to get involved. We're re-learning what keeps them in love with the cause and helps them to see and experience the impact of their gifts.

— SARAH BATTS, MBA, EXECUTIVE DIRECTOR OF SHEPHERD FOUNDATION

What role does the Shepherd Foundation play in the care of patients?

SARAH MORRISON: Shepherd Foundation is critical to our success. The Foundation allows us to fulfill our mission and expand our capacity to provide necessary services that are essential for recovery. Funds raised by the Foundation help support many programs and activities that improve the short-term and long-term health of patients and their families, which is what we are all about at Shepherd Center.

SARAH BATTS: Philanthropy accelerates our ability to deliver high quality care for the patients and their families, such as housing for families, assistive technology and programs like recreation therapy. We know all of these things make a difference for patients and families, yet they are not covered by insurance. We start every year with a \$12 million gap that we have to fill so patients can have access to these value-added services.

You've mentioned that Shepherd Center patients greatly benefit from value-added and donor-funded services like transition support, assistive technology and

recreation therapy, just to name a few. Why are these so vital to providing a positive patient experience?

SARAH MORRISON: Value-added services are those services that are generally not covered by insurance companies but make a huge difference in the patient's recovery. For example, many rehabilitation hospitals do not have the breadth of recreation therapists we do at Shepherd Center.

Providing these services is aligned with our mission of getting individuals with spinal cord and brain injuries and other neurological disorders back to living full lives back in their community. When patients gain the ability to do the activities they loved prior to their injury or find something new that they enjoy, it gives them hope that life is not over. Once the hope sets in, we observe that their physical recovery accelerates.

What have donor investments meant to Shepherd over the years?

SARAH MORRISON: Innovative donors have touched every part of the organization and affected every part of the patient journey from when patients first come through our doors to when they go



back to their communities. From the minute you enter Shepherd Center, you can begin to see the impact of donors. The patient and family experience here is very much shaped by our donors.

SARAH BATTIS: You can walk through every part the hospital and see donor investment – from the Secret Garden to horticulture therapy, recreation therapy, transition support and technology to injury prevention and chaplaincy. Even the art that hangs on our walls is here because of a donor.

What role does the next generation of philanthropists have in shaping our future alongside our present donors?

SARAH BATTIS: They play a tremendous role. Most of our present donors were shaped by getting involved at the ages that we are seeking to foster donors at right now – we really count on young adults and young professionals getting involved. Shepherd Center co-founders Alana and Harold Shepherd realized a long time ago how important it is to engage and cultivate these donors.

The Junior Committee and Derby Day are both long-standing opportunities for young people to get involved. They've helped us build important relationships and gain strong donors and advocates for 36 years. Now it's the children and grandchildren of current funders and those new to Shepherd Center telling us what keeps them engaged.

We are actively going through a year-long focus group process to identify the best way to encourage young adults to get involved. We're re-learning what keeps them in love with the cause and helps them to see and experience the impact of their gifts. We are very much committed to this group and making sure their time and financial investment makes the best impact.

If we are having this conversation in two or three years, what do you hope the Foundation has accomplished?

SARAH MORRISON: One of the amazing things Shepherd Center now offers is housing for a month for families of patients who were living together more than 60 miles outside of Atlanta prior to their stay. Currently, we offer 30-days of free housing; however, our length of stay is roughly 47 days. I hope we can secure funding to allow us to increase the number of housing units, so we can continue to reduce the burden on families while their loved one is in rehabilitation.

There is so much change in today's healthcare environment. Healthcare reform and the formation of large hospital systems is making it more difficult for private stand-alone hospitals to survive. Healthcare reform appears to be more focused on one thing: cutting costs. The formation of large hospital systems is making it more difficult for patients and families to hear about the great care Shepherd has to offer. Shepherd Center needs to continue to advocate for organizations that provide exceptional care, such as ours, while also fighting to preserve patient choice.

Lastly, I would like to see Shepherd Center build an even stronger culture of innovation. Through innovation, we can improve the patient experience, improve the outcomes and long-term health of our patients and increase access to our services. Innovation, through the help of the Foundation can create new opportunities and unforeseen possibilities.

SARAH BATTIS: I look forward to further defining where we'd like to be at our 50th anniversary in 2025 and working hard to achieve that vision. We want to make sure we are generating the type of support needed to build on the legacy of a great philanthropic culture. Sharing Shepherd Center's important and inspirational mission with the next generation is exciting work. ✨

REMEMBERING LONGTIME SHEPHERD CENTER FRIEND

Goodloe Yancey

Past board member was always willing to help support positive experiences for patients.

WHILE PERHAPS BEST KNOWN FOR HIS SUPPORT

of the Delores Ann and Goodloe Yancey Family Housing Program – which bears his and his wife’s names – Goodloe Yancey, III, served as a board member at Shepherd Center for decades before he passed away on April 1, 2018 at the age of 89. He always went to bat to raise funds to support the quality of life of patients, cheerfully asking others to do the same. The housing program named in his honor provides 30 days of free housing to families of newly injured rehabilitation patients when the family and patient live more than 60 miles from the hospital.

“He was a really friendly, happy-go-lucky guy,” says Dell Sikes, former vice president of development at Shepherd Center. Sikes worked alongside Goodloe for many years. “He was just a warm, hearty guy. He was always a jovial loving person but he was modest and had an effective manner. He was always willing to help. A lot of people don’t like to go out and ask people for money. It did not bother him.”

“He always really had a heart for our patients. He had experienced the care we give in a very personal way.”

DELL SIKES, FORMER VICE PRESIDENT OF DEVELOPMENT AT SHEPHERD CENTER

“He was always willing to help us raise money. He’d call on anybody, and it didn’t bother him to ask for big bucks because he gave big bucks. He wasn’t asking people to do anything that he hadn’t already done.”

Goodloe got involved with Shepherd Center shortly after it was established, through his working relationship and friendship with the Shepherd family. As owner of Yancey Bros. Co., which served as the Caterpillar dealer for north Georgia, he did business with Shepherd Center co-founder Harold Shepherd and his road building and paving business. After Goodloe became a Shepherd Center founding board member in 1980, he went to work on behalf of Shepherd patients in his spare time. He was instrumental in raising money to grow the hospital.

“He was always very faithful to our board meetings and always had a lot to contribute to those,” Dell says.



1. Celebrating the completion of the original Shepherd Center parking deck area, left to right: Dell Sikes, Goodloe Yancey, Shepherd Center architect Henry Smith and Harold Shepherd.

2. The longstanding friendship and business relationship between Shepherd Center co-founder Harold Shepherd and Goodloe Yancey, III helped fuel Shepherd Center’s growth.

Part of what made him great was his empathy for people who spend time at Shepherd as

patients. As he occasionally sought treatment for his own back and neck issues at Shepherd, he could relate on some level. “He always really had a heart for our patients,” Dell says. “He had experienced the care we give in a very personal way.”

Born and raised in Albany, Georgia, Goodloe attended Georgia Military College and then the University of Georgia. After college he served two years in the Air Force before returning to Albany to work for his father in the family business, Yancey Tractor Co., the Caterpillar dealer for south Georgia. He later moved to Atlanta in 1954 to work for his uncle Goodloe H. Yancey, Jr. and his brother Don Yancey at Yancey Bros. Co. Goodloe worked his way up through the ranks at the company and eventually purchased the business from Don in 1974. Along the way, he earned an Executive MBA from Harvard Business School.

Throughout his lifetime, Goodloe was very active in many organizations in addition to Shepherd Center and had no issues using his connections and respected standing in the Atlanta community to benefit Shepherd. Throughout the decades he remained a faithful supporter.

“Shepherd Center counts on people like him,” Dell says.

Goodloe was named an emeriti member of the Board of Directors and was honored with the Shepherd Angel of the Year award in 2009.

Goodloe is survived by his wife of 60 years, Delores Ann Taylor Yancey, and his three children Goodloe IV, James and Allen. ✨

Food, Fun and Fast Horses Mark Derby Day 2018

Revelers raise more than
\$300,000 for recreation therapy.

BY SARA BAXTER | PHOTOS BY
HANNAH GRAHAM PHOTOGRAPHY AND WILLIAM TWITTY PHOTOGRAPHY



FOR HORSE RACING, FANCY HATS AND MINT JULEPS ON THE FIRST SATURDAY IN MAY, Shepherd Center's Derby Day was the best place to be outside of Churchill Downs. Held at Atlanta's Chastain Horse Park, attendees gathered to enjoy entertainment, delicious food and drink, and to watch a live broadcast of the races. Lauren Johnson and Anna Gilbert, of the Shepherd Center Junior Committee, co-chaired the event.

On May 5, 2018, Derby Day, the longest-running fund-raising event in Shepherd Center history, was held for the 36th year. From attendees to sponsors and volunteers, more than 1,000 people took part in Derby Day this year. Men came dressed to impress in seer-sucker suits and women donned spring attire and fancy hats. Party-goers listened to live music by the Mustangs, played lawn games – including corn hole and a wine toss – and posed for pictures at the Derby-themed photo booth.

"Derby Day is always such a fun event," says Natalie Bachelor, who along with her husband, David, has been a longtime supporter of Shepherd Center. "And like all Shepherd events, it is always very well done. It's a good way to keep those of us who live in Atlanta involved for a great cause."

Thanks to the outstanding planning and fundraising efforts of the 2017–2018 Shepherd Center Junior Committee, this year's event raised more than \$300,000. The silent and live auctions offered tantalizing prizes with an original Derby-themed painting by Steve Penley, as well as vacations to Scotland, Belize and beach homes across the Southeast. The auctions raised \$54,375.

Funds raised support Shepherd Center's Recreation Therapy Program, the largest and most comprehensive program of its kind in the country. Recreation therapy activities help patients resume leisure activities, such as sports, gardening and arts, or discover new ones. They also host community re-integration outings that offer opportunities for patients to practice life skills that they may be relearning. They make shopping trips, go to the movies and attend sporting events.

"We need to raise \$1.8 million a year to fund recreation therapy at Shepherd Center," says Kelly Edens, CTRS, Shepherd Center's recreation therapy manager. "Funds from Derby Day give us the ability to promote, plan and implement all of our in-house activities and community events. These activities allow individuals to try new leisure skills and expose them to opportunities and possibilities that build their independence and give them hope for their overall quality of life."*



For more information,
visit DerbyDay.com.





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1. Revelers enjoy the races.
2. Casino games were one of the many entertainment options.
3. Chastain Horse Park was the venue for the 2018 Derby Day event. Derby Day is Shepherd Center's longest-running fundraiser.
4. People came wearing sharp spring looks.



PRESENTING SPONSOR



WINNER'S CIRCLE SPONSOR



TRIPLE CROWN SPONSORS



PLATINUM SPONSORS



1. Shepherd Center Junior Committee members celebrate the hard work they put in as hosts. Top, left to right: Robert Baristow, Warren Bray, Blake Meyrowitz, Carrie Pepper, Ben Rickles, Taylor Watson. Bottom, left to right: Carson Zachar, Marissa Elin, Lauren Johnson, Anna Gilbert, Lolly Holland. Not Pictured: John Kiser, Jenn Moeller
2. Shepherd Center co-founder James Shepherd, former Beyond Therapy™ team member Rebekah Perry and Beyond Therapy™ patient Michael Thor enjoy the party for a good cause.
3. This year's silent auction raised more than \$30,000 with an array of tantalizing prizes.
4. Through the generous support of Derby Day party-goers, Shepherd Center's Recreation Therapy Program is able to help foster hope and independence for patients through fun activities.



4

3

BLUE RIBBON SPONSORS

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Brian, Ashley, Savannah
& Fiona George
Leah & Nick Humphries
M&W Commercial Flooring, LLC
Manchester Capital Management, LLC

Milan Eye Center
The Museum of Contemporary
Art Georgia (MOCA GA)
Steve Penley
Sarah & Jeff Morrison
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State Bank & Trust Company
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Jim Calise
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Anna Gilbert
Hannah Graham Photography
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Kadee & Ryan Hoyt
Leslie & Christopher Jackson
Janet Gannon Paintings
Little Trouble
Mainly Baskets
Caroline Mayson
Olansky Dermatology Associates
Susi Van Vleck Patton Family Fund
Elizabeth R. Pearce
Pickens, Inc. Jewelers

Reynolds Lake Oconee
Scripps Networks Interactive
Alana & Harold Shepherd
Sloan Home
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Tower Beer, Wine & Spirits
The Warren City Club
Anne & Andrew Worrell

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Mr. & Mrs. Zim Cauble
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Sara & Donnie Chapman
Chukkar Farm Polo Club
Deloitte
Dynasty Jewelry and Loan Pawn Shop
Edgar Pomeroy Ltd, Designer.
Mindy & David Ellin and Family
The Finley Firm, P.C.
Framers on Peachtree
Laura & Troy Garrison
George Mason Law Firm

Goldbergs Fine Foods | Braves All Star Grill
The Leonard & Jerry Greenbaum Family
Foundation
Wendy & John Hackett
Nathan Harmon
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Shari McDowell and Debra Hubbard
Stuart E. Huston Jr.
Interiors By Sheila
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Lauren & Tyler Johnson
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Elizabeth & Chris Morris

Duane & Kim Morrow
Dr. Natalie Newton & Mr. Russ Davis
Cheryl & Jerry Nix
Noble Properties, Inc.®
Anthony & Shayna Nuzzo
Oak Construction Group

The Owens Family
Amy & Alex Panos
Pittman Construction Company
PrimeSouth Bank
Pure Barre West Midtown
Mr. & Mrs. John E. Seymour, Sr.
James H. Shepherd, Jr.
That Garrison Girl
James D. & Carol V. Thompson
Tombow
Total Row Fitness
TSYS
Drs. Ford & Lisa Vox
Amanda E. Wall
James Wall & Cynthia Widner Wall
William Twitty Photography
Dr. Michael Yochelson & Mr. Kevin Cliff



LEARNING WHAT'S POSSIBLE

Shepherd Center's Adventure Skills Workshop shows attendees life beyond injury.

"WE SMILED A LOT."

That's how Scott and Thomas Guest, a father and son from Jackson, Mississippi, who attended Shepherd Center's Adventure Skills Workshop (ASW) May 18–20, 2018, described their experience.

Thomas, 19, sustained a spinal cord injury in November 2017 in an all-terrain vehicle crash. He spent five months at Shepherd Center's inpatient Spinal Cord Injury Rehabilitation Program before moving to the Spinal Cord Injury Day Program. Just one week after he was released from the day program, Thomas and his father travelled from their Mississippi home to Alabama to attend the weekend adventure.

"Hands down, it was the best thing I've ever done," Thomas says. "I did outdoor sports I never thought I'd ever be able to do again."

One of those sports was waterskiing, something he enjoyed doing a lot before sustaining his injury. He also went rock wall climbing, zip lining, tubing and jet skiing.

"The incredible Shepherd Center staff at this workshop shows people what they can do rather than what they can't do," Scott says.

Shepherd Center's recreation therapy team hosts ASW each May on Lake Martin at Camp ASCCA, a wheelchair-accessible facility in Jackson's Gap, Alabama. ASW is a three-day, nationally recognized outdoor workshop includes adaptive waterskiing, scuba diving, fishing, canoeing, kayaking, four-wheeling, swimming, target shooting, wall climbing and more.

This fun-filled weekend is designed for people with spinal cord injury or disease, acquired brain injury, multiple sclerosis, cerebral palsy or transverse myelitis.



1. ASW attendee George Casares works on his adaptive water skiing skills on Lake Martin.
2. Shepherd Center staff and volunteers work their hardest to make ASW an epic weekend for campers and families.



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“PEOPLE LEAVE HERE SAYING, ‘THIS CHANGED MY LIFE.’ THEY NEVER KNEW THESE KINDS OF ACTIVITIES WERE POSSIBLE.”

Kelly Edens, CTRS, Shepherd Center’s Recreation Therapy Manager

Attendees get hands-on practice in activities they’ve always loved, as well as those they would like to try for the first time. Then, they are introduced to a network of resources to help them to continue to participate in these outdoor sports when they get home.

Shepherd Center Board Member and volunteer Juli Owens brought a team of enthusiastic volunteers to ASW to experience it for themselves.

“As a volunteer, it’s incredibly meaningful when a camper tells you that because of ASW, they, for a moment, feel like themselves again or they have gained the confidence to try things they’d never dreamed of doing,” says Juli, who has attended ASW three times. “It was truly an epic weekend.”

This year, 50 people – from 14 states and Canada – attended the workshop, along with caregivers, family members, volunteers and Shepherd Center staff. More than 200 people were onsite altogether.

“People leave here saying ‘this changed my life,’” says Kelly Edens, CTRS, Shepherd Center’s recreation therapy manager. “They never knew these kinds of activities were possible.”

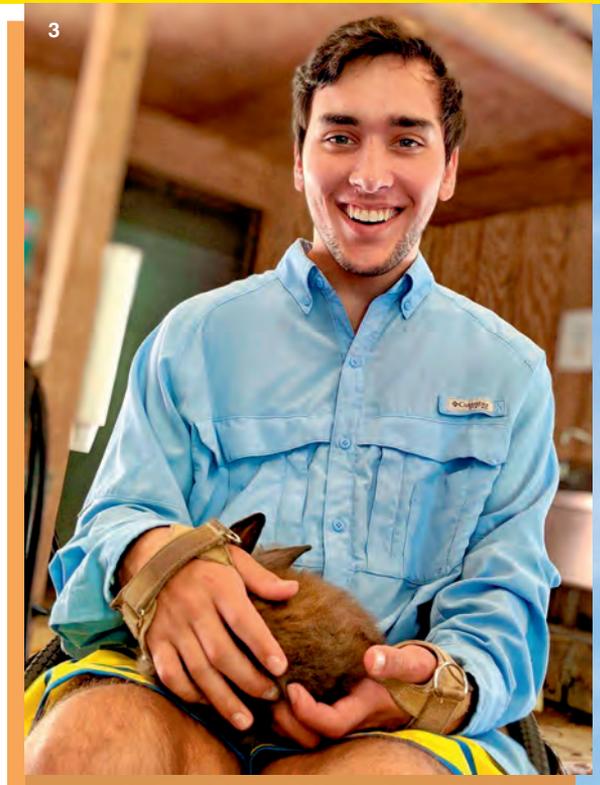
This year’s activities ran from 9 a.m. until 8:30 p.m. with every activity fully booked. Each night, Edens planned more fun – a campfire with s’mores on Friday night and a dance on Saturday night. The weekend is about more than just mastering sports, Edens says.

“Some people are away from home for the first time,” Edens says. “So, they are learning how to care for themselves and to follow their routine in a different environment.”

For Scott Guest, seeing his son doing the activities he loves gave him a sense of peace.

“Watching Thomas do the things he used to do before his accident and seeing the smile on his face while he was doing them was priceless,” Scott says. “His new normal is different, but this helped me see that it is all going to be OK. And that helps me sleep at night.” *

The 2019 Adventure Skills Workshop will be held May 17–19. Registration will open February 14.



3

1. Chuck Wesson catches some air while water skiing at the 2018 Adventure Skills Workshop.
2. Participants can try out a host of outdoor activities at ASW, including canoeing.
3. Thomas Guest, a first time participant at ASW, tried everything from water skiing to tubing at ASW.

Shepherd's Men Completes Fifth Annual Run

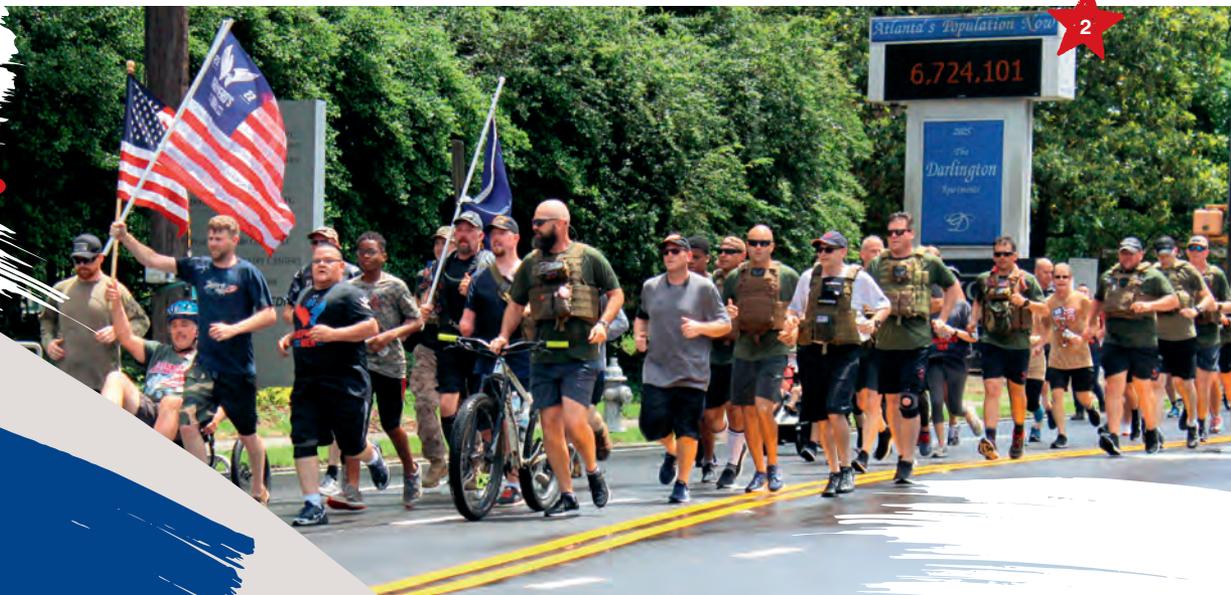
Team moves toward \$1.2 million goal for PTSD, brain injury treatment for combat veterans.



Shepherd's Men, a team of active duty and former servicemen and civilians, finished their epic seven-city run on Memorial Day, a day chosen for its significance in honoring fallen U.S. service members. Since 2014, Shepherd's Men has completed a run every spring to support Shepherd Center's SHARE Military Initiative.

SHARE is a comprehensive rehabilitation program that focuses on assessment and treatment for active duty or separated service members who have served in the U.S. military since September 11, 2001 and who are experiencing symptoms of or have a diagnosis of mild to moderate brain injury, or concussions and any co-occurring psychological or behavioral health concerns, including post-traumatic stress.

Shepherd's Men started their journey on May 22 at the Vietnam Veterans Memorial in Chicago, Illinois, where they placed a wreath. From there, they ran a half marathon (22 km) for seven consecutive days, wearing 22-pound flak vests to symbolize the average number of deaths by suicide of U.S. veterans every day. The team ran through Chicago; Indianapolis, Indiana; Louisville, Kentucky; Nashville, Tennessee; Johnson City, Tennessee; Athens, Georgia; and Atlanta. Along their route, they met with corporate donors and supporters, fire fighters, veteran resource groups and individual donors to speak about SHARE.





On Monday, May 28, 2018, a crowd of friends, family members and staff gathered along Peachtree Road to welcome Shepherd's Men with cheers and applause as a police escort led the way to a celebration in the plaza of the Woodruff Family Residence Center at Shepherd Center. Once at Shepherd Center, a celebration got under way as Grace Ellis, daughter of Shepherd's Men co-founder Travis Ellis, sang the National Anthem. Sarah Batts, MBA, executive director of Shepherd Foundation served as the emcee of the event. Sarah Morrison, PT, MBA, MHA, president and CEO of Shepherd Center, offered the welcome message.

Travis Ellis spoke about the SHARE Military Initiative and Shepherd's Men and Brent Perkins of Brasfield & Gorrie gave the invocation. Jason Gallagher shared his painful experience of losing his brother, who was a veteran but not a SHARE client or graduate, to suicide. Melissa Roberts, wife of SHARE graduate Dustin Roberts spoke about how Dustin's participation in the SHARE Military Initiative has changed their lives. Joe DeAngelo, CEO of HD Supply, which is a sponsor of Shepherd's Men, led the coin presentation.

Shepherd's Men will continue to raise funds for the SHARE Military Initiative throughout the year. You also can support Shepherd's Men through special events, including its upcoming sporting clays tournament scheduled for Oct. 5, 2018 at Barnsley Resort. *



For more information, visit ShepherdsMen.com or follow Shepherd's Men on Facebook.

1. Shepherd's Men gather to begin their run from the Varsity in Athens, Georgia to the American Legion Post 163 in Statham, Georgia. Front row, left to right: Jason Gallagher, Travis Ellis, Ernesto Juarez and Tony De Vito. Back row, left to right: Walter Marques, James Peterson, Chip Williams, Nathaniel Beaver, Lawson Brown and Armando Morales.

2. As Shepherd's Men approached Shepherd Center to end their days of running, throngs of supporters joined them.

3. U.S. Army veteran celebrates with Foundation Trustee and HD Supply CEO Joe DeAngelo.

4. James Peterson and Travis Ellis with James Royster, American Legion Post 163, Statham, Georgia and SHARE grad Michael Vernon.

5. Travis Ellis lays a Shepherd's Men challenge coin on the grave of Michael Reed, a U.S. Army veteran, who lost his life to suicide. Shepherd's Men make a point to honor his life and service during each year's run and show their support for his mother, Patty Reed.



Auxiliary Luncheon Celebrates Successful 35th Year

VOLUNTEER GROUP ELECTS NEW OFFICERS

BY ALEX SEBLATNIGG, CAVS

Members of Shepherd Center's Auxiliary hosted their annual Spring Meeting and Luncheon on April 26, 2018 to mark the close of the volunteer organization's 35th year. Throughout the year, members strive to enhance the overall experience of Shepherd Center patients and their families by offering holiday gifts, birthday wishes, fun activities and patient aid.

Elaine Carlos, who demonstrated amazing leadership throughout the year as the 2017 Auxiliary President, presented a \$77,634 check to Sarah Batts, MBA, executive director of Shepherd Center Foundation. The donation will be used to help meet the greatest needs of the hospital.

Guest speaker Janet Paulsen spoke about her experience as a Shepherd Center patient after sustaining a spinal cord injury as a victim of domestic violence. At the luncheon, she described how she has moved through rehabilitation at Shepherd Center and even gone on to compete on Shepherd's waterski team at the national level.

During the event, the Auxiliary's patient aid fund was renamed the Emory Schwall Patient Aid Fund in honor of Mr. Schwall and his longstanding support of Shepherd Center.

The event also included the election and installation of the Auxiliary and Peach Corps officers for 2018–2019. The Auxiliary officers are Ruth Langsfeld, president; Anne Worrell, president-elect; Lisa McAdams, treasurer; Lisa Frooman, corresponding secretary; and Carol Olsen, recording secretary. The Peach Corps co-chairs for the new year are Alex Karamanolis and Julie Lombard.

Hospitality Committee Chair Linda Morris planned the memorable luncheon, which was held at Shepherd Center. *



Emory Schwall was recognized for his longstanding dedication to Shepherd Center by Auxiliary President Elaine Carlos.



To learn more about volunteering for the Auxiliary or Peach Corps, which plans fun activities for Shepherd patients and families, call **404-350-7315**.

Celebrating Stars In Our Midst Shepherd Center Honors In-Hospital Volunteers

BY ALAINA CASE

Shepherd Center hosted its 2018 Volunteer Appreciation Dinner on Tuesday, April 17 in its Callaway Auditorium. This annual event offered a chance to honor in-hospital volunteers who make a difference in our patients', families' and staff members' lives every day.

Sarah Morrison, PT, MBA, MHA, president and CEO of Shepherd Center, welcomed guests and thanked volunteers for being generous with their time and talents.

Following dinner, Lisa Eagen, BS, ACSM-CPT, lead exercise specialist for the ProMotion Fitness Center, introduced guest speaker Donna Luttrell, a ProMotion Fitness Center member.

Donna shared how Shepherd Center's Fitness Buddy volunteer program helps her to keep up her workout regimen. Donna works with fitness buddy Doyle Mote, who has motivated and encouraged her over the years. Donna also recognized the other volunteers she sees on a daily basis at Shepherd Center who make a positive impact on her life.

The evening also included a brief slideshow that showcased familiar faces and was set to the song "Heroes." Soiree Catering provided the delicious meal, and each volunteer received a tumbler with the words "Shepherd Center Volunteer" as a small token of appreciation. *

Volunteer Milestone Hour Awards

100 HOURS: Marion Berry, Mary Bierbusse, Elaine Carlos, Michele Fox, Carter Frooman, Nathan Gravlee, Andrea Hudson, Savannah Ivy, Breanna Jones, Mackenzie Mastin, Jean O'Halloran, Haley Oubre, Susan Selman, Luke Shin, Dell Sikes, Taylor Sinclair, Brandon Tran and Midori Zarzour

250 HOURS: Bruce Conover and Karyn Harris

500 HOURS: Bruce Allen, Kevin Angle, Rudy Fears, Patty McGill and Carol Morello

1,500 HOURS: Ann Boriskie

2,500 HOURS: Beryl Waters

3,500 HOURS: Mitzi Richardson

4,500 HOURS: Barry Phillips

5,000 HOURS: Bisi Alabi

15,000 HOURS: James Curtis

Annual Brookhaven Rotary Golf Tournament Raises Money for SHARE Military Initiative

On May 21, 2018, more than 170 golfers hit the fairways at the Cherokee Country Club in Sandy Springs to take part in the Service Above Self Invitational Golf Tournament. The event, hosted by the Brookhaven Rotary Club, has grown considerably since its founding in 2011. Proceeds benefit Shepherd Center's SHARE Military Initiative, a comprehensive rehabilitation program for service members who have served in the U.S. military since September 11, 2001 and who are experiencing symptoms of or have a diagnosis of mild to moderate brain injury, or concussions and any co-occurring psychological or behavioral health concerns, including post-traumatic stress.

"The tournament has raised nearly \$650,000 over the past seven years and should be closing in on \$800,000 after all the numbers are tallied this year," says Jon Roxland, director of major and planned gifts for the Shepherd Center Foundation. "With next year's tournament, our goal is to hit a grand total of \$1,000,000 raised."

The tournament got its start after Rotary Club members Bob Cunningham and Josh Moreland heard a guest speaker talk about SHARE. Soon after, they developed a plan to host a golf tournament to raise funds and awareness for the program. In its first year of the tournament, the Rotary Club donated \$40,000 to SHARE. Each year since, participation and the amount of funds raised has grown. *



John McDonough, Gerald Bilsky, Rob Sneed and Steve McDonnell, left to right, hit the links in support of SHARE at the annual Service Above Self Invitational Golf Tournament.

PHOTO COURTESY OF BROOKHAVEN ROTARY CLUB

BOARDS WELCOME NEW CLASS

Shepherd Center's volunteer leaders begin their terms.

AT THEIR ANNUAL JOINT BOARD MEETING ON MAY 14, 2018, the Board of Directors, Foundation Board of Trustees and Foundation Advisory Board of Shepherd Center welcomed a fantastic class of new members. One new Board of Directors member, six new Foundation Trustees and 18 new Advisory Board members joined the group.

Juli Owens is the newest member of the Board of Directors, while Greg Anderson finished her term on the board.

This year, four outstanding members of the Shepherd Center Foundation Board of Trustees concluded their terms. Shepherd Center remains grateful for the dedicated service of Jim Calise, Millard Choate, Juli Owens and Valery Voyles. *

Six new members joined the Foundation Board of Trustees.

Shaler Alias
Elizabeth Allen

Bonnie Hardage
Paul Donohue

Jenny Pruitt
John Stephenson, Jr.

The Shepherd Center Foundation Advisory Board continues to make a tremendous impact and also welcomed new members:

DuVall Brumby, Jr.
Annie Catterton
Michael Chanin
Paraisjit Cheema
Tony Conway

Raye Coplin
Kendrick Dopp
Greg Dunavant
Woody Gayle
Tammy Hughes

Cory Jackson
Candace Klein
Sherry Lang
Brent Perkins
Nick Protentis

Bruce Sharp
Janie Fickling Skinner
Krissy Williams

Honorees are listed first in bold print followed by the names of those making gifts in their honor. This list reflects gifts made to Shepherd Center between Jan. 1, 2018 and April 30, 2018.

Janet Abercrombie – Excellent planning for Angel Luncheon!
Dr. David F. Apple, Jr.

Anna Adams and the GHA Legislative Policy Team
Ms. Patricia Ketsche

Pat Ahlers
Mr. and Mrs. David Bennett

Fred Alias – Thanks for your 10 years on the Quality Committee!
Dr. David F. Apple, Jr.

All Veterans
Mr. William Short

Dr. Dave Apple's Birthday
Ms. Brenda F. Jones
Mr. and Mrs. Dean Melcher
Mr. and Mrs. Dell B. Sikes

Dr. David Apple, Jr.
Mr. and Mrs. Floyd D. Rayburn
Shepherd Foundation, Inc.

Cyndae Arrendale
Dr. and Mrs. Thomas H. Callahan

Cyndae Arrendale – Thanks for the dinners for Shepherd!
Dr. David F. Apple, Jr.

Alex Bach
Anonymous

Ashley Bateman
Colonel and Mrs. George M. McVeigh, Jr.

Wendy Battaglia – Great Dobbs presentation!
Dr. David F. Apple, Jr.

Julie and Billy Bauman's 40th Anniversary
Sheri and Steven Labovitz

Duncan Beard
Mr. and Mrs. Patrick Mobley

Eric Bernath
Mr. and Mrs. Louis M. Alterman
Mr. and Mrs. Scott J. Alterman
American Friends of the ISCD
Briarcliff Woods Neighborhood Book Club
Ed and Sharon Bromberg
The Family of Ed and Sharon Bromberg
Building Blocks Commercial LLC
Ms. Deborah Dooley
Mr. and Mrs. Bradley A. Glenn
Dr. and Mrs. Alexander A. Halkos
Mr. and Mrs. Donald Hess
Ms. Jodi Hirschfield
Mr. Kenneth N. Holzer and Ms. Caron Levy
Mr. Steven J. Jackson
Mr. and Mrs. Stuart M. Nelson
Mr. Seth Toporek
Mr. Brian R. Wolborsky

John Blacklidge's Birthday
Anonymous
Ms. Catherine Eoff
Mr. and Mrs. Bill Gillespie
Mr. Robert McBrayer
Ms. Lindsay Phillips
Mr. John Sartain
Mr. Edward Voelker

James Blalock
Kathleen and William Nearpass

Lora and Barry Boniface
Art in Provence, Inc.

Susan Bowen – Great job with the JCAHO survey!
Dr. David F. Apple, Jr.

Dr. Brock Bowman and his team
Xiaoli Liu

Wedding of Nathan and Kathleen Bowser on June 15, 2018
Dr. Anna Elmers and Mike Elmers

Graduation of James Timothy (JT) Brooks on May 26, 2018 from Cherokee High School
Dr. Anna Elmers and Mike Elmers

Greg Brown, Psy.D. – Welcome back to SHARE!
Dr. David F. Apple, Jr.

The Grant Brunson Family
Mr. and Mrs. Benny Brunson
Ms. Linda S. Hodge

Mr. and Mrs. Frank Buce
Mrs. Patricia Buce

Bert and Joy Burns
Ms. Ann R. Howell

Jim Calise – Thank you for serving on the Foundation Board!
Dr. David F. Apple, Jr.

The Honorable and Mrs. William C. Campbell on the engagement of their daughter, Christina
Sheri and Steven Labovitz

The Lord our God and Terri Campen
Mr. Rick E. Campen

Denise Carleton
United States Figure Skating Association

Angela and Kari Carlos
Mr. and Mrs. James A. Carlos

John and Elaine Carlos
Dr. and Mrs. Alexander A. Halkos

John Carlos
Greek Orthodox Cathedral of the Annunciation

Lynn and Jeff Carr
Mr. Arleigh Halterman

Millard Choate – Thank you for serving on the Foundation Board!
Dr. David F. Apple, Jr.

Wayne Colston
Mr. and Mrs. Jack Allen

Jill Cothron
Mr. and Mrs. Donald L. Richardson

Carrie and Page Crozer's Anniversary
Dr. and Mrs. James T. Duncan, Jr.

Clarissa Cruz's Birthday
Dr. David F. Apple, Jr.

Joe Daniels
Mr. and Mrs. Corbitt Woods

Allan DaPore and Kaitlin Fitzgerald's marriage
Chris Bailey
Ms. Laura Belcastro
Mr. George Benzie

Mr. Walker Marion Condon
Ms. Alice Kate Cummings Joyner
Mr. Jack Dant
The DaPore and Saltmarsh Families
Mr. and Mrs. Danny Fitzgerald
Penelope and Ainslee Freeh
Patty, Jim, Eric and Sarah Freeman
Ms. Renee Garrison
Ms. Maria Law
Mr. Anthony Macchio-Young
Ms. Margaret Mangano
Dan Snyder
Ms. Sarah Staub
Ms. Kikki Thayer
Arden and Kurtys Turkewitz
Mr. and Mrs. James Ulmer

George Darden IV
Buddy Darden

Mr. and Mrs. Buddy Darden's 50th Anniversary
Sheri and Steven Labovitz

Adam Diamond's 30th Birthday
Mr. and Mrs. Jonathan G. Roxland

Rebecca Doty
Ms. Doreen Gagnon

Michael Duncan
Mr. and Mrs. William W. King

Kelly Edens – Great Dobbs presentation!
Dr. and Mrs. David F. Apple, Jr.

Travis Ellis
Mr. and Mrs. Joseph W. Bowman

Merry Christmas Eslinger Family
Mr. and Mrs. John R. Miller

Howard Feinsand's Birthday
Sheri and Steven Labovitz

Mitch Fillhaber – Great Board presentation!
Dr. David F. Apple, Jr.

Stephen Franke
Mr. and Mrs. John Stuetzer

Alec Fraser – Thanks for SHARE work
Havertys Furniture, Inc.

Julia Furtado
Ms. Allison G. Spears

Glory of God
Mr. Leo Peters

Dr. Rusty Gore
Ms. Allison G. Spears

Emily Grigsby – Happy Birthday!
Mr. and Mrs. Zachary M. Wilson

Megan Guenther
Mr. John T. McManus

Ben Hadsock
Kevin Kelly

Kay Hagan
Mr. and Mrs. Nick B. Ganaway

Randy Hall
Ms. Lauren Whiteside

Lynne and Jack Halpern
Sheri and Steven Labovitz

Taylor Hanes – Thanks for "bed" research
Dr. David F. Apple, Jr.

Marsha Hanson – Congratulations on the promotion!
Dr. David F. Apple, Jr.

Robert E. Harris
Ms. Emily B. Harris

The Marriage of Syble Harris and John Caldwell
Mrs. Robert J. Howard

Clare Hartigan – Congratulations on the Indego upgrade!
Dr. David F. Apple, Jr.

The many people who looked after Carol Hatfield
Mrs. Carol Hatfield

Susan Hawkins' Birthday
Mr. Aaron Hawkins

David Hudgik's Birthday
Mr. and Mrs. Paul A. Hudgik

Lorie Hutcheson – Great employee event!
Dr. David F. Apple, Jr.

Leslie Jackson
Brad Kolowich Jr. Fitness LLC

Leslie Jackson – Great Foundation presentation!
Dr. David F. Apple, Jr.

Miller Jackson's Birthday
Mr. and Mrs. Andrew P. Worrell

Arlene and Milton Jacobson's 50th Anniversary
Bonnie and Jack London

Jerry Jordan
Mr. and Mrs. Joseph W. Bowman

Agnes Kim
Brian and Karen Hastings

Katie Kimball
Mr. and Mrs. Stephen G. Waite and Family

Jill Koval – Congratulations on Diplomatic Achievement in Psychology!
Dr. David F. Apple, Jr.

Deborah Krotenberg's Birthday
Ms. Miriam F. Beckerman
Mr. Marvin H. Krotenberg

David Krugler
Mr. Michael Savett

Bill Lee
Anonymous

Donald Peck Leslie, MD
Mr. and Mrs. Pembroke Jenkins
Ms. Ruthie T. Watts

Dr. Don Leslie's Retirement
Mr. and Mrs. Howell W. Newton
Mr. and Mrs. Barney B. Whitaker III

Ronald L'Heureux
Mrs. Cheryl Price

Cheryl, Laura and Barb Linden
Ms. Mary L. Huntley

Kerry Ludlam – Congratulations on the promotion!
Dr. David F. Apple, Jr.

Roy Mallady – Thanks for "bed" research!
Dr. David F. Apple, Jr.



The SHARE Military Initiative was one of three recipients of grants from the Atlanta Braves as part of their recent military appreciation day. SHARE Outreach Coordinator Mike Hilliard attended the game and received the check on the field.

Tommy and Debbie Malone
Ms. Linda S. Hodge

Brian Maloney
Mr. and Mrs. Stephen G. Waite and Family

Michael Marchand
Ms. Barbara Richardson

Tegan McCampbell – Great testimonial at the Foundation Board meeting!
Dr. David F. Apple, Jr.

Tommie Ann and Patrick McCormack
Anonymous

Dr. Allen McDonald
Susie and Kelly Caudle

Shari McDowell – Good job on Hm Legacy
Dr. David F. Apple, Jr.

Shari McDowell – Good job on snow coverage!
Dr. David F. Apple, Jr.

Keith McElwain's 60th birthday
Mr. Richard Brown
Mrs. Christy L. Collins
Mr. Robert A. Fash
Ms. Carol Gavitt
Mrs. Stephanie M. McKay
Ms. Brianna O'Donnell

Joe and Patsy Medlock – Merry Christmas!
Ms. Susan E. Baughman and Mr. Richard Guepe

Dean Melcher – Great Foundation presentation!
Dr. David F. Apple, Jr.

Daniel Wayne Miller
Mr. and Mrs. Wayne D. Miller

Brian Min
Mr. Brian Min

Frank Morro's 75th Birthday
Ms. Nancy Morro

Dr. Herndon Murray for turning 75 in 2018 and for his many years of service to Shepherd Center
Bill and Peggie Heeney

Dr. Laurie Nash – Congratulations on becoming a member of the American Board of Rehabilitation Psych
Dr. David F. Apple, Jr.

Peter Nash – New CRU Educator
Dr. David F. Apple, Jr.

Kristin Ndiaye – Congratulations on the promotion!
Dr. David F. Apple, Jr.

Rico Nelor
The employees of Campbell and Brannon

Sally and McKee Nunnally
Mr. and Mrs. William N. Benedict, Jr.
Dr. and Mrs. Donald P. Leslie
Mr. and Mrs. Charles M. Shaffer, Jr.

Emily Orr's Birthday
Mr. and Mrs. Matt Boedy
Rick and Belinda Boedy
Kim and Sarah Friedman
Ms. Erryn Gibbons
Ms. Mellissa Orr
Ms. Mary Ours

Mr. and Mrs. Dolph Orthwein
Dr. and Mrs. James A. Carter

Elizabeth Ouligian
Mr. and Mrs. Michael E. Ouligian

Juli Owens – Great job as Foundation chair!
Dr. David F. Apple, Jr.

Juli Owens – Thanks for all you do for Shepherd!
Dr. David F. Apple, Jr.

Gene Pearce's Birthday
Ms. Elizabeth R. Pearce

Juan Perez
Mr. and Mrs. Dave Fitzgerald
Lady + Bull
Mrs. Tracy Perez

Etta Phillips
Mr. James Comento

Corey Potts' 34th Birthday
Michael and Deborah Maguigan

Ernie Prickett
Mr. and Mrs. Paul H. Anderson, Jr.

Kyle Ray
The Ray Family Foundation

Cody Reyes
Mr. Ronald R. Reyes

Joey Roman
Mr. and Mrs. R. P. Rogers

Bill and Colleen Roop
Mr. and Mrs. Mike Dill

Hamano Ross's Birthday
Ms. Wanda H. Ross

Hamano Ross
Darren and Hamano Ross

Cara Roxland – Great staff member
Mr. and Mrs. Andrew P. Worrell

DATE **5/28/18**

PAY TO THE ORDER OF

SHARE Military Initiative \$

5,000.00

Five Thousand⁰⁰/100

DOLLARS

FOR

Military Grant

Atlanta Braves & MLB

1. Susannah Scaroni, 27, of Urbana, Illinois, won the women's open division of the Wheelchair Division of the 2018 AJC Peachtree Road Race with a finishing time of 22:49.05.
2. Patient Anthony Martinez, 34, of New Market, Maryland, tried his luck at Casino Night, sponsored by Synovus.



1

Shepherd Center Staff

Robert and Florence Werner

Harold Shepherd's 90th Birthday

Janet Abercrombie
 Mr. and Mrs. Fred B. Aftergut
 Dr. and Mrs. David F. Apple, Jr.
 Mr. and Mrs. Albert M. Ashkouti
 Bickers Consulting Group, LLC
 Mrs. James M. Caswell, Jr.
 Mrs. Overton A. Currie
 Mr. and Mrs. John P. Ellison
 Kathy and Kim Farris
 J.B. Fuqua Foundation Inc.
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 Richard and Wanda Hurd
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 Mr. John Barton Marks, Jr.
 Mr. and Mrs. John J. Martin
 Mr. and Mrs. Dean Melcher
 Cara and Jon Roxland
 Mr. Emory A. Schwall
 Shepherd Foundation, Inc.
 Mary Ann and Dell Sikes
 Laura and Carter Smith
 Gary and Jane Ulicny
 Mr. Mark C. West
 Ms. Jessica Williams
 Mr. and Mrs. Zachary M. Wilson
 Ms. Tracy Womack
 Mr. and Mrs. Andrew P. Worrell

Alana and Harold Shepherd

Bob and Mary Ann Becker

James Shepherd –

Happy Birthday!
 Dr. David F. Apple, Jr.

James Shepherd

Dr. and Mrs. O. Anderson Currie
 Mr. Mark C. West

John and Anne Shepherd

Mrs. Barbara S. Malkove

Julie Shepherd

Dr. and Mrs. O. Anderson Currie

Clyde Shepherd's Birthday

Bickers Consulting Group, LLC

Boynton Smith –

**Thank you for serving
 on the Foundation Board!**
 Dr. David F. Apple, Jr.

Gary Starnes

Ms. Ann Starnes

Kari Stone

Wages Wilson Group

Sulli

Ms. Kay Dennis

J. Mitch Taplitz's Birthday

Mr. and Mrs. Craig Robson

**Monty Telford – Good Quarterly
 Staff presentation!**

Dr. David F. Apple, Jr.

Odessa Terry

Ms. Angela H. Terry

Joshua Toler

Ms. Margaret H. Spears

Ronald Townsend

Ms. Mildred S. Whittaker

Tyler Tse

Anonymous

Scott Tucker

Heritage Sunday School Class

Tommy Vance

Mr. and Mrs. Thomas E. Greer

Tina Vaux

Mrs. Lenore A. Vaux

Lindsey Vicente –

Great Dobbs event!
 Dr. David F. Apple, Jr.

Welcome, Lydia

Josephine Vicente!

Mr. and Mrs. John J. Martin
 Dr. and Mrs. David F. Apple, Jr.

Valery Voyles –

**Thank you for serving
 on the Foundation Board!**
 Dr. David F. Apple, Jr.

Mr. and Mrs. Tuck Wall

Mrs. Patricia Buce



2

Joe Watkins

Mr. and Mrs. Philip C. Henry

Susan Welch

Ms. Ruth Ann Petres

**Glenn "Flash" Wells – For your
 service, leadership and
 friendship...Semper Fi**

Mr. John Tackett

Jeffrey Werner

Robert and Florence Werner

Putt Wetherbee

Walter and Frances Bunzl
 Family Foundation

**Shane White – Congratulations
 on the promotion!**

Dr. David F. Apple, Jr.

Starlin Williams

Mr. Charles L. Williams

Chip and Krissy Williams

Mr. and Mrs. Joseph W. Bowman

Ricky Wilson

Mr. and Mrs. Jeffrey Wilson

**The Marriage of Robin Wilson-
 Beattie and Benson Manica**
 Matterport, Inc.

David Ziff's Engagement

Sheri and Steven Labovitz

Elizabeth Zweigel's Birthday

Mr. and Mrs. Steven L. Zweigel

Deceased friends of Shepherd Center are listed first in bold print followed by the names of those making gifts in their memory. This list reflects gifts made to Shepherd Center between Jan. 1, 2018 and April 30, 2018.

Laura and Karl Anschutz

Ms. Esther L. Abisamra
Ms. Hope Abisamra
Mr. Werner Anschutz
Mr. and Mrs. Greg Gersch

Karl Anschutz's Birthday

Mr. Werner Anschutz

Laura Ann Anschutz

Mr. Werner Anschutz

Lee Bachman

Mrs. Matilda R. Cohen

William Baldwin

Dave and Jane Apple

Julia Ballard

Mrs. Lucy T. Inman

Steven Bowden

Karen and Bill Mehlinger
Mr. and Mrs. John Pilisich

Dr. Spencer Brewer

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Kathryn Bridges

Mr. and Mrs. Dale H. Tucker

Joy Bruce

Mr. David Conrad

Steven Buckler

Sheri and Steven Labovitz

Jack Bugge

Mr. and Mrs. Steven Back

Terri Campen

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James Caswell

Mr. and Mrs. David M. Black

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Florence Church

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Dr. Judy A. Sophianopoulos
Mr. Burton Trimble

Steven M. "Steve" Cipolla

Ms. Jane Johnston

Anne Clendenin

Mr. and Mrs. Thomas R. Delcourt

Norman Colbert

Sara and Donnie Chapman

Marian Comento

Mr. James Comento

Rachel Cooper

Ms. Suzanne Gordon

George William Crist III

Mrs. Susan G. Crist

Howard Lee Davis

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Helen Clements
Ms. Christina Clifton
Ms. Emily Crim
Ms. Mary Firth
Ms. Sara Freels

Mr. Quill Healey

Mr. Peter Kruskamp
Mr. and Mrs. Rod La Rue
Lakeside High School
English Department
Mr. and Mrs. Roger Miller
Mr. and Mrs. Eric Oliver
Mr. and Mrs. Rich Wagner

Thomas "Tom" Davis

Mr. and Mrs. Luke Alexander
Mr. and Mrs. Douglas Ault
Mr. Conor Grace
Mr. Keith Guthrie
Rehabilitation Foundation
of Northwest Florida
Mr. and Mrs. Jason Scarbrough
Ms. Yvonne Simon
Ms. Tammy Soter-Simoes
System Innovation Group

Jack Dempsey

Mrs. James M. Caswell, Jr.

Cassidi Dente

Mrs. Amanda Brower

Joy Diamond

Betty and Ben Arogeti and Family
Mrs. Sam Arogeti

Dr. Joseph H. "Skoot" Dimon III

Mrs. Annie M. Dimon

Peter Dixon

Mr. and Mrs. Charles W. Denny III
Ms. Katharine Mooney
Ms. Joanne C. Radman
and Mr. Donald J. Abrahall

Vivian Drennan

Mrs. Ralph A. Murphy
Mr. and Mrs. James L. Podojil

Daniel "Danny" William Dunkin

Mr. and Mrs. Danny Ybarra

Daniel Martin Espinoza

Ms. Karen Via

Sholom Fillhaber

Ms. Heddi Silon

Paul Fraser

Mr. John D. Saunders

David Funk

Mr. and Mrs. Steven M. Funk

Matthew Gallagher

Mr. and Mrs. Joseph W. Bowman

Elizabeth "Libby" Garrett

First United Methodist Church
Mr. and Mrs. Clint Ginn
Harrison High School Football
Booster Club
Northside Bible Class
Mrs. Midge Tracy

Joseph Garrett

Ms. Pamela Bips
Ms. Tricia Ediger
Jennifer and Lynnea Gregor
Mr. and Mrs. Joseph P. Marks
Ms. Lauren Marks
Ms. Tonya Nations
and Shyrl Anderson
Ms. Joan Platz
Ms. Abigail Whitlock

Zenith Insurance Company

Norma Jean Stokes Gay

Her Family

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Mr. James R. Gee

Herb Gershon

Susan and Max Diamond

Col. Abraham "Abe" Goldfarb

Mr. Robert L. Francis

William Gurley

Ms. Connie Fields
Mr. and Mrs. B. Randy Gurley

Sara Ham

Sara and Donnie Chapman

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Norris and Shirley Broyles
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Dr. Bruce A. Cassidy and
Dr. Eda L. Hochgelerent

Ms. Julia E. Cassidy
Judy and Bill Crawford
Sidney Dew and Tillie J. Yow

John and Alice Fraser
Renie and David Geller
Mrs. Suzanne Godfrey
Charles and Lee Hardy
Ms. Jeanette Hatcher
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Mr. and Mrs. Scott D. Hawkins
Dona and Bill Humphreys
John and Merceil Joyner
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Dr. Aaron King, Jr.

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Pete and Cappy Livezey
Ms. Rita B. McDuffie

Tony and Jackie Montag
Elizabeth, Mike, Caroline,
and Everett Nadal
The Oakdale Hardware Family
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Butch and Catherine Rawson
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Mr. and Mrs. James H. Shepherd III
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Jim and Dinah Watson
Ms. Amanda Whittaker
Elwood and Jade Williams
Ms. Mary A. Wright

Ben Hirsch

Mrs. Sam Arogeti

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Mr. Christopher L. Phillips
Mr. Frank A. Phillips
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Ms. Margaret Hitel
Mr. and Mrs. Gene Holmes
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Ms. Norma S. McKellar
Ms. Eloise Miller
Ms. Phyllis Shrader
Ms. Miriam Smith
Mr. Stanley Tatum
Mr. and Mrs. Tom Tigner
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Ms. Teresa J. Wingate

Annette Ingram

Mrs. Joan D. Woodall

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Alia Danielle Jones

Mr. and Mrs. R. Michael Jones
Mr. Dale Meharg

Dennis Jones

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Ms. Eleanor Reynolds

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Ms. Jayme A. Keithley

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Mr. David Idol

Bob Kingston

Mrs. Marjorie Schimelman

Tom Knight

Mrs. Lorraine A. Knight

Caryl Launer

Joel and Nancy Isenberg

Kenneth Levenstiem

Joel and Nancy Isenberg



Josh Pastner, left, coach of the Georgia Tech men's basketball team, spent time with Shepherd Center co-founder Harold Shepherd and physiatrist Gerald Bilsky, M.D., while visiting Shepherd Center. Dr. Bilsky is a friend of Coach Pastner and arranged the recent visit for the coach and his team.

Judith Ann Lewis

Ms. Carol Lewis

Judy Lewis

Ms. Jan Exum

Lawrence Lewis

Laura and Carter Smith, Jr.

Ellen Liebowitz

Mr. and Mrs. Bernard Sumber

LoLeta Lingle

Valerie Barton and Emma Judson

Frank Lisella

Susan and Max Diamond

Clinton "Lyn" Lott

Mr. and Mrs. Randy Akin
Ms. Julie Shepherd
Ms. Majorie Tomlinson

Pen Lybrook

Ms. Phyllis Brooks

Brandon Main

Mr. and Mrs. Bill Roop

Nathan "Nat" Manning

Mrs. Alfreda E. Manning

Daniel Marmer

Anonymous
Mr. and Mrs. Juan Figueroa
Ms. Doreen Gagnon
Mr. and Mrs. Arthur Spognardi
Mr. and Mrs. Robert E. Williamson

Peggy Dawn Marsh

Jay Joyner
Kurt Deimer and the Starfire Family

Lenore Maslia

Tillie Cohen

Jo Chenault Mattes

Mr. and Mrs. J. Harold Shepherd

Judith Simmons McCall

Colleagues at the CDC

George McChesney

Mrs. James M. Caswell, Jr.

Helen McClure

Joel and Nancy Isenberg

Malcolm Theodore

"Ted" McDonald
Dr. and Mrs. David F. Apple, Jr.

Laura Grier McKinney

The Scott Hudgens Family
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Joel and Nancy Isenberg

Dawn McNally

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Col. Kevin McNeight

Mr. Scott Critzer

Seth Mellen, Jr.

Mr. and Mrs. C. Calhoun Peterson
Mrs. Charles H. Peterson

Todd Miller

Anonymous
Mr. and Mrs. Mark W. Slonaker
Ms. Janice Smith

**Greg Moore – In remembrance
of his 30th Birthday**

Mr. Mike Moore

Doyle Mote

Ms. Lillian J. Mote

Eugene Murphy

Mary Ann Back

Ralph Murphy

Mrs. Ralph A. Murphy

Israel Nelkin

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Ms. Patricia Garrett Marshall
Ms. Betty A. Gramm
Mr. and Mrs. David B. Protiva
Ms. Marianne Rooney
Mr. and Mrs. Wray Russell
Mr. and Mrs. J. Harold Shepherd
Betsy and Mark West

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Mr. and Mrs. Palmer T. Northrop

Kevin O'Gara

Laura and Carter Smith, Jr.

Jimmy O'Neill

Mrs. Amy E. Stankus

Stephen Orthwein

Mr. and Mrs. Edward T. Baur
Anne Beebe
Mrs. Carol C. Biting
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Dr. and Mrs. James R. Cato
Mr. Bertram B. Culver III
Robin and Curt Engler
Ms. Katherine C. Follin
Ms. Sarah Gracey
Ms. Susan Gracey
Grisanti Capital Management
Joe and Ginny Alfring Kalbach
Ms. Julie Marshall
Mr. and Mrs. Charles N. McAlpin
Sue and George Missbach

Dr. and Mrs. Jack D. Norman

Mr. Peter B. Orthwein
Mr. and Mrs. Robert M. Pozzo
Mr. Winship Rees
Mr. Jamie Reynolds III
Mr. Richard Rheutan
Rohan Woods School
Janey and Sonny Rouse
Mr. and Mrs. Paul Schmid
Nancy See
Mr. and Mrs. J. Harold Shepherd
Silver Hill Hospital
Mr. Thomas R. Sturges
Mr. and Mrs. Michael R. Thomas
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Karen and Perry Vongontard
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Linda Duke Pierce

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Bartie and Oscar Plunket, Jr.

Ms. Jane Plunket

Jim Poland

Mrs. James W. Poland

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Mr. and Mrs. Michael L. Rae, Sr.

Norman Reeves

Dr. Timothy C. Meyers, Jr.

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Ruth B. Rosenberg
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Majorie Schwab
Mr. and Mrs. Gary W. Schwab

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Mynel Yates DuBose
Ms. Lynne Eckman
Aubrey Shepherd Lunsford
Ms. Joan Platz
Mrs. Andrea B. Shepherd
Mr. and Mrs. J. Harold Shepherd

David Shiman
Mr. and Mrs. Stanley Parker
Dr. Judy Weinstein
Tracy and Mark Weinstein and
the Weinstein Organization

W. King Sims
Laura and Carter Smith, Jr.

Sam Singer III
Mrs. Ann Singer

Henry Smith
Mr. and Mrs. George S. Gaillard

Douglas A. Spence
Mr. and Mrs. Moses M. Spence

David Spencer
Mr. and Mrs. Joe Culbertson
Ms. Barbara R. Davis
Hank and Mary Greene
Ms. Rebekah Hipsher
Mr. and Mrs. Michael Manis
Mr. and Mrs. Don G. Willis

Carol Ruth Strauss
The Greenbaum Family

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Mr. and Mrs. Robert Bauter, Jr.
Mr. and Mrs. Greg Hager
Ms. Kathleen Hindman
Judy, Dave, Matt, and Brittany Norris
Ms. Syble H. Storey
Mr. and Mrs. Mike Teal
Ms. Helen Uhlhorn
Cyndi and Roy Wallman

George Thomas
Mr. and Mrs. Ben L. O'Callaghan, Sr.

Glenn Thompson
Mrs. Lola M. Thompson

James "Rusty" Thompson
Mr. Keith Blackman
Cobb Superior Swine Genetics, Inc.
Bob and Lynn Dixon
Farm Credit Midsouth
Larry and Marsha Ladd
The Billie Layne Family
The Jay C. Majors, Jr. Family
Monette High School Class of 1967
Ms. Charlotte M. Sharp

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Mr. and Mrs. Monty Collins

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Mr. J. Hampton Stevens

Thomas Cragon Whitfield
Russellville Hospital Laboratory

Vernon Whitman
Mr. and Mrs. Joel H. Bickerstaff, Jr.
Mr. and Mrs. David L. Haselschwerdt
Mr. and Mrs. Paul G. Kozlowski
Mr. and Mrs. John J. Martin
North Atlanta Oral and Maxillofacial
Surgery and Dale Duncan
Lee Plunkett
Mr. and Mrs. Plato S. Rhyne, Jr.
Mr. and Mrs. Jonathan G. Roxland
Mr. and Mrs. Dale H. Tucker

Jay Woodruff
Ms. Betsy F. Flournoy

Jay Woodside
Ellen and Milton Woodside

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Allied Paving Contractors, Inc.
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Mr. and Mrs. C. Duncan Beard
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Mr. and Mrs. Robert J. Gibson
John and Kathy Harnish
of N C Machinery Co.
Mr. and Mrs. John D. Hopkins
Ms. Jane Law
Dr. and Mrs. Donald P. Leslie
Mr. Robert E. Matthews
Mr. and Mrs. Dean Melcher
The Miller Group, Inc.
Mr. Scott Nash

Mr. and Mrs. McKee Nunnally
Ohio CAT
Valerie and Vernon O'Neal
Pittman Construction Company
Mr. and Mrs. Louie A. Pittman, Jr.
The Employees of Ring
Power Corporation
Robinson Paving Company
Mr. and Mrs. Robert Rutland
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Mr. and Mrs. Wesley Scott
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Ms. Julie Shepherd
Laura and Carter Smith, Jr.
E. R. Snell Contractor, Inc.
Dr. and Mrs. Kenneth S. Taratus
Thetford Associates Inc.
Mr. Julian Whitaker

Presley Daniel Yates, Jr.
Dr. and Mrs. David M. DuBose
Willou and Bill Smith

Doug Young
Anonymous

Suzanne Zimmer
Ms. Amy Davenport

Martin Arthur Zschocher
Ms. Melissa Mantooth



Patient Robert Smith, 32, of Thomaston, Georgia, cooked burgers on the grill at a cookout in Shepherd Center's Secret Garden.



Shepherd Center

2020 Peachtree Road, NW
Atlanta, GA 30309-1465
404-352-2020 shepherd.org

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MAKING A MARK

Shepherd Center President and CEO, Sarah Morrison, PT, MBA, MHA, recognized by *Atlanta* magazine.

SHEPHERD CENTER PRESIDENT AND CEO

SARAH MORRISON, PT, MBA, MHA, has been chosen as one of *Atlanta* magazine's 2018 Women Making A Mark honorees.

"For 34 years, Sarah has embodied Shepherd Center's culture of hope, inclusion and

collaboration," says James Shepherd, co-founder, chairman of the board and chief strategy officer of Shepherd Center. "We are incredibly grateful for her leadership, and we are proud of the indelible mark she has made not only at Shepherd Center, but also in our community and beyond."

Since starting at Shepherd Center in 1984 as a physical therapist, Morrison has served in various leadership roles including vice president of clinical services, director of the Spinal Cord Injury Program, director of the medical/surgical and ICU programs, manager of the spinal cord injury day program, and a physical therapy supervisor. Morrison is also well-known in the healthcare

community. She's written more than 30 peer-reviewed publications, presented more than 40 invited lectures to professional organizations and actively participated in eight funded research studies.

Atlanta magazine recognized the 13 Women Making a Mark honorees at a champagne reception and networking session that was followed by an awards luncheon at the Mandarin Oriental Atlanta on Friday, June 8, 2018. Profiles of each honoree were published in the June issue of *Atlanta* magazine in a special commemorative section.

"We are fortunate and extremely excited by this year's group of honorees," says Sean McGinnis, president and publisher of *Atlanta* magazine. "Not only are these women leading some of Atlanta's finest corporations, they serve as role models and mentors to all of us who strive to give back, contribute to others and do work tirelessly for causes they are passionate about."

In its ninth year, *Atlanta* magazine's Women Making A Mark program strives to recognize women in Atlanta who are doing extraordinary work in the community. Women Making A Mark honorees represent a diverse group of women from corporate, legal, medical, educational and nonprofit sectors across the city. *