

Shepherd

MEDICAL TREATMENT • RESEARCH • REHABILITATION

Center Spinal Column®

THE
UNIVERSAL
LANGUAGE
OF
HOPE

ALSO INSIDE

A PARTNERSHIP MAKES GAMING ACCESSIBLE | TIFFANY VINSON FEELS EMPOWERED BY
WHEELCHAIR SEATING CLINIC | SHEPHERD UNDERSCORES ROLE AS AN INNOVATION HUB

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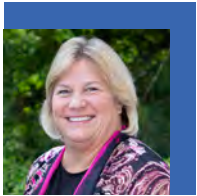
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ABOUT THE COVER:
Daniel Hund gets a big kiss from his dog Olaf. After a fall on a mountain in Iceland, Daniel sustained a spinal cord injury and traumatic brain injury and had both legs amputated above the knee. He says rehabilitation at Shepherd Center put him on a more positive path to the future.

Photo by Alison Creasy

LETTER FROM SARAH MORRISON



Dear Readers,

Though Shepherd Center is undoubtedly considered one of Atlanta's gems, people from across the United States and worldwide choose Shepherd Center because of our extraordinary care. In this issue of *Spinal Column*, we explore how the experience that patients have at Shepherd also helps produce extraordinary outcomes. It's an experience created through a culture of patient-centered care, expert staff, and value-added services like recreation therapy and our expansive research efforts — and one that makes Shepherd Center worth the trip.

On page 5, we feature three patients who chose to travel far from their homes and communities to Shepherd Center for rehabilitation, including Sachin Chamaria, who traveled from New Delhi, India. While at Shepherd, Sachin, always an athlete, realized he could continue participating in sports. When he returned home, he learned to play boccia, an adaptive Paralympic sport. He has since represented India in international competitions and has his sights set on the Paralympics.

You also will meet Tiffany Vinson, whose visit to the Wheelchair Seating Clinic at Shepherd meant a new power wheelchair and renewed confidence to pursue and share her passion for travel.

And, you can reflect on the power of communication with Shepherd speech pathologist Deborah Vega, who helps patients find ways to express themselves when illness or injury has impacted their voices.

No matter the form of communication, our patients and staff know that hope is a universal language — and one we share at Shepherd.

Enjoy,

Sarah Morrison

Sarah Morrison, PT, MBA, MHA
Chief Executive Officer of Shepherd Center

Spring 2023 • Shepherd Center

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Rachel Foster's biggest goal during rehabilitation was to return to running, which she says has always been a joyful part of her life.

PHOTO COURTESY MARATHONFOTO B.A.A.



See news.shepherd.org
for additional online content.

Gifts of Generosity

If you would like to make a gift to support the work you have read about, please contact Sarah L. Batts at the Shepherd Center Foundation at 404-350-7305 or visit shepherd.org.

Construction is Underway on Two New Shepherd Center Buildings



1. The Arthur M. Blank Family Residences are under construction at 1860 Peachtree Road, just down the street from Shepherd Center's main campus. 2. The Marcus Center for Advanced Rehabilitation is under construction on Shepherd Center's main campus.

Construction is well underway at the future sites of the new Arthur M. Blank Family Residences at 1860 Peachtree Road and the new Marcus Center for Advanced Rehabilitation on Shepherd Center's main campus.

The Marcus Center for Advanced Rehabilitation will allow Shepherd to increase patient access and improve the patient and family experience in several ways, including growing day programs and outpatient services and creating space for Shepherd Center's new 30,000-square-foot Innovation Institute. *(Read more about this on page 16.)*

The construction of the Arthur M. Blank Family Residences will add approximately 160 housing units for patient families, more than doubling the amount of current housing available and allowing all patient families traveling more than 60 miles to Shepherd Center to stay in donor-funded housing the entire length of their loved one's stay.

Since a tower crane was installed in January, the first three levels of the new Arthur M. Blank Family Residences are on the rise. And in April, a second tower crane was installed, this time at the future home of the Marcus Center for Advanced Rehabilitation.



2

Scan the QR codes for time-lapse videos of the progress at both sites. For more construction updates, visit [ExpandingShepherd.org](https://www.expanding-shepherd.org).



Arthur M. Blank Family Residences Construction



The Marcus Center for Advanced Rehabilitation Construction

PHOTO BY LESLIE JACKSON

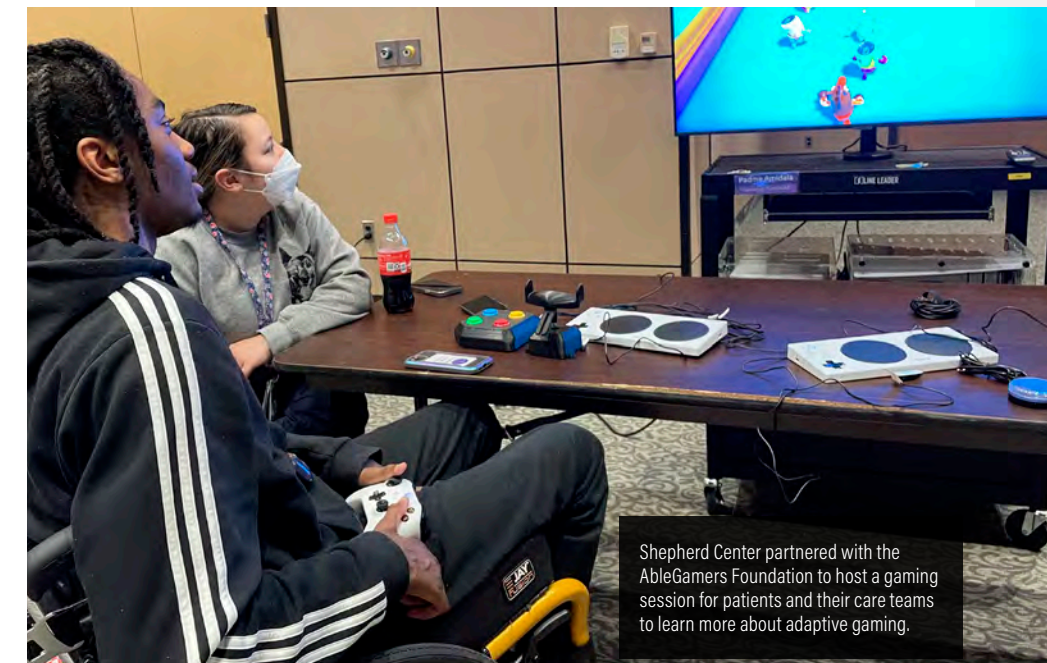
Shepherd Center and the AbleGamers Foundation Form Partnership

Research shows that people with disabilities are 51% more likely to be socially isolated than their non-disabled peers – a challenge Shepherd Center and AbleGamers are working together to help solve by making gaming more accessible to people after spinal cord and/or brain injuries.

AbleGamers promotes and enables video game play to combat social isolation, foster inclusive communities, and improve the quality of life for people with disabilities.

"Gaming is a critical recreational activity for many of our patients," says Jared Grier, rehabilitation engineer at Shepherd Center's Assistive Technology Center. "Our partnership with AbleGamers will provide Shepherd Center staff the resources they need to keep our patients gaming and connected to the communities they are a part of."

AbleGamers provides Shepherd Center with initial training and ongoing support for staff along with assistive technologies, such as adaptive controllers or customized devices that help remove barriers to play. Specially trained therapists and rehabilitation engineers at Shepherd Center work with patients during their rehabilitation to test technologies and assess what they need to game. When the patient returns home from Shepherd Center, AbleGamers can often



Shepherd Center partnered with the AbleGamers Foundation to host a gaming session for patients and their care teams to learn more about adaptive gaming.

grant the customized equipment for personal use at no cost to the person.

"You could not ask for a better partner than Shepherd Center, one of the top rehabilitation centers in the United States. Shepherd Center's commitment to

bringing AbleGamers' mission into their work demonstrates the true value of the outcomes when we enable people with disabilities to have fun," says Mark Barlet, founder and executive director of AbleGamers.*

Study Shows Effectiveness of Person-Centered Goals in Directing Care

In a research study recently published in *Frontiers in Neurology*, researchers at Shepherd Center's SHARE Military Initiative found that service members and veterans with mild TBI (mTBI) and co-occurring psychological conditions met more of the goals they set for themselves after participating in intensive, interdisciplinary, person-centered goal (PCG) directed care, which further increased with transition support. Results of the four-year study, which included a retroactive chart review of 146 veterans and service members who have received care at SHARE, suggest that PCG-directed care is a feasible, promising methodology for individualizing treatment for veterans and service members.

"Person-centered goal-directed care helps us determine what is most important to our clients so we can personalize their care and get their full investment in getting better," says Tracey Wallace, MS, CCC-SLP, FACRM, projects and education coordinator for the SHARE Military Initiative at Shepherd Center, associate director of the mTBI Brain Health and Recovery Lab, and principal investigator of the study.



Tracey Wallace, MS, CCC-SLP, FACRM, is principal investigator of the study.



Russell Gore, M.D., is co-principal investigator of the study.

"In this study, we also found that longer, sustained participation in treatment was the most important predictor of goal attainment," says Russell Gore, M.D., medical director of the SHARE Military Initiative at Shepherd Center, director of the mTBI Brain Health and Recovery Lab, and co-principal investigator of the study.

"Our treatment program has a flexible length of stay that is individualized based on the client's needs and goals. We were pleased to see that the study results validated this approach to care."

SHARE researchers Tracey Wallace, Katherine McCauley, Ph.D., April Hodge, PT, DPT, NCS, Maya Whaley, and Dr. Russell Gore, collaborated with researchers Tim Moran, Ph.D., and Stephen Porter, M.D., from Emory University School of Medicine on the study. *

Breaking Barriers

From speech to music, speech-language pathologist Deborah A. Vega, MS, CCC-SLP, HC, believes in the universal power of communication to connect. **INTERVIEW BY RUTH UNDERWOOD**



Speech-language pathologist Deborah A. Vega, MS, CCC-SLP, HC, works with a patient to help her improve her respiratory support for speech, resonance, pitch range, and loudness levels.

How long have you worked at Shepherd Center, and what is your role?

I've been with Shepherd for 17 1/2 years, and I love the work we do! I serve as one of the primary speech-language pathologists (SLP) in the ICU and the Comprehensive Rehabilitation Unit (CRU). We diagnose and treat communication, cognition, voice, and swallowing disorders. We develop individualized treatment plans to help restore or improve patients' abilities. We also empower patients and families with education and training so they can continue working on their goals after they leave Shepherd.

What kinds of communication barriers do the patients you work with face?

Without communication, we could not exchange ideas, innovate, build relationships, or enjoy our favorite activities. Communication barriers can be devastating. Ventilators can disrupt the physical processes that allow patients to speak and SLPs work closely with pulmonary and respiratory therapists to address those issues. We also help people communicate in other ways, such as using a spelling board, yes/no cards, writing, texting, or mouthing words. We want every patient to have a way to communicate with family, friends, and staff and a way to make their immediate wants and needs known.

Aphasia is another communication barrier. It can result from stroke or injury and affect a person's ability to understand and express language and sometimes to read and write. We also work with voice disorders. The voice is a huge part of our identity and is connected to our emotions, self-expression, and confidence. Our goal is to help patients communicate clearly and efficiently.

It's not directly related to speech therapy, but certainly to communication — how does Shepherd staff work with patients who don't speak English?

I am amazed by all the different languages we encounter. We have a translation hotline and arrange to have interpreters on-site. Sometimes, the staff uses Google Translate to help break down communication barriers. It can be scary when you are in an unfamiliar environment and don't speak the language. I've seen this with our Spanish-speaking population. When I begin to speak in their native Spanish, it's fantastic to see the relief and connection it brings. Occasionally, we have patients who are deaf and communicate with American Sign Language (ASL). As a former student of ASL, I love to brush up on my skills and communicate with this population! Regardless of the language, communication is vital in making us feel safe.

What's the most fulfilling part of your job?

I love serving others and making a positive difference in the lives of those touched by catastrophic injuries. There is nothing like hearing a patient say "I love you" to their loved ones or smiling again because they are starting to regain their ability to communicate and connect. I consider myself richly blessed to give back in this unique way. ✨

EDUCATION:

- Mississippi University for Women; Speech-Language Pathology, Business Minor BS, MS. Magna cum laude
- Institute of Integrative Nutrition, NYC; Certified Holistic Health Coach

FUN FACTS:

- Deborah won the 2021 Shepherd Center Best Employee Attitude Award.
- Deborah is a classically trained vocalist and also trained in the Spanish art of Flamenco. Her greatest passion is singing at church and sharing music with messages that speak to the heart.
- Deborah is a nationally ranked epee fencer and four-time top-three medalist in Georgia.

PHOTO BY JOANN VITELLI

The UNIVERSAL LANGUAGE of Hope

BY PHILLIP JORDAN



PATIENTS FROM ACROSS THE COUNTRY AND AROUND THE GLOBE SHARE WHY THEY CHOSE SHEPHERD CENTER FOR REHABILITATION.

ROLLING ALONG

Sachin Chamaria trusted his instincts when he traveled from India to Shepherd Center for rehabilitation.

Today, he's a national boccia champion with his sights set on Paralympic glory.

Boccia, for the uninitiated, is an adaptive Paralympic sport of skill and strategy played by athletes with neurological disorders, similar in format to bocce ball.

One of the emerging leaders in the craft is India's Sachin Chamaria, a three-time national gold medalist in the sport. The New Delhi native has already represented his home country at international competitions in Italy, Poland, and the United Arab Emirates.

"Discovering this sport has given me such a sense of purpose," Sachin says. "I didn't know if I would be able to recapture my love of sports again after my injury."

In 2008, Sachin sustained a C-4-to-C-5 spinal cord injury in a car accident. In the years that followed, he struggled to regain his independence and find an outlet for his competitiveness, which he had honed in his youth as a national-level taekwondo champion.

Sachin's elder brother Rahul discovered Shepherd Center while visiting the U.S. in search of more advanced treatment for Sachin's injury. Sachin's family was impressed with Shepherd Center's capabilities — and even more so with its staff. After graduating from university in 2012, Sachin traveled to Shepherd Center. Here, he learned new ways to accomplish everyday tasks that had become daunting post-injury, like getting dressed, eating, and bathing. His pinch-and-grasp function improved significantly — an essential skill, incidentally, for the sport that would later change his life.

"Shepherd Center played a huge role in making me as independent as I am," Sachin says. "Their expertise is impressive, and there's no match for the modalities and resources they possess."

Shepherd Center is also where he realized sport and adventure remained firmly in his grasp. He went water skiing for the first time, rode an all-terrain vehicle, did rifle shooting, and practiced adaptive driving.

"In a Ford truck, the real Southern experience," Sachin notes with a laugh.

He was able to do this all with his family by his side, too, thanks to Shepherd Center's donor-funded family housing options. His family's presence alleviated Sachin's trepidation about traveling globally for treatment in a foreign country.



PHOTOS PROVIDED BY SACHIN CHAMARIA



1. Sachin Chamaria plays the Paralympic sport, boccia. 2. Sachin and his fiancée Kajal plan to marry this year. 3. Sachin started his own company in 2018.



Today, Sachin is excited to start his own family. He and his fiancée Kajal plan to marry in the coming year. Kajal is a dentist, while Sachin started his own company, Growealth Capital, which deals in the shares market, in 2018.

"I've always loved statistics and mathematics, so this was perfect for me," he says. "I like it when my brain is constantly active. I cannot stand to sit idle!"

And when the work piles up, Sachin and Kajal hit the dance floor.

"Dancing is one of the best stress-busters for me," Sachin says. "I'm human. We all feel low or frustrated sometimes. So, when that happens, we'll call up friends, go to a club, and dance things out."

Of course, boccia remains Sachin's passion. He will represent India at this fall's Asian Para Games in China. The next big goal is to qualify for the 2024 Paralympic Games in Paris.

"Just representing my country on that stage would be such an honor, win or lose," Sachin says.

Sachin also wants to use his platform to grow the sport. This year, he's met twice with Penny Morrison-Ross, director of global initiatives at the Shepherd Center Foundation, about incorporating the sport in recreation therapy at Shepherd Center.

"We would love for Sachin to introduce boccia to our patients and help us bring the sport here," Morrison-Ross says. "He's been so helpful in spearheading this effort, one that could be very impactful for our current and future patients."

Sachin is thrilled to bring boccia to a place that has meant so much to his journey.

"Because it's not just a sport to learn, it's recreation therapy," he says. "And it can be a newfound purpose for people. It is so important to find new passions to motivate yourself. Life without purpose is no life at all." ✨

RUNNING TOWARD A MIRACLE

After sustaining a traumatic brain injury, Rachel Foster poured her energy into reclaiming a joyful part of her life — running.

In the wake of Rachel Foster's awe-inspiring Boston Marathon run this spring — five short months after sustaining a traumatic brain injury that nearly killed her — the media requests rolled in. There were countless stories in Boston and Rachel's hometown of Oklahoma City, followed by national broadcast interviews.

Through them all, Rachel's husband John kept recalling Rachel's earliest post-injury runs that seemed even more miraculous than the 26.2 miles that Rachel ran in a cold Boston rain. As John sees it, Rachel's marathon began on an oval, indoor track lofted above the Livingston Gym at Shepherd Center in Atlanta — where she spent more than three months in inpatient and outpatient rehabilitation.

"I can't count how many hours she spent up there," John says. "As soon as she was able to run again, you couldn't stop her."

Rachel started by alternating two running and two walking laps, building up to a mile. By the time she left Shepherd Center, she was covering 10 miles at a time.

"Running was my biggest personal goal in physical therapy," Rachel says. "Not just for the marathon, but because running has always been a joyful part of my life. And I had lost it in an instant."

Back in November 2022, John and Rachel had snuck in a rare date, taking a break from the daily grind that comes with owning a small business. (In their case, an Italian restaurant named Moni's, where John oversees business operations and Rachel is the chef). The couple's date ended

prematurely when Rachel crashed on her electric scooter. She sustained a severe traumatic brain injury, broke 17 bones, and was placed on life support with a ventilator breathing for her.

After 10 days in an unresponsive coma at the University of Oklahoma Medical Center, Rachel's care team advised John that Rachel was unlikely to regain consciousness — and unlikely to eat or breathe again on her own even if she did. While John was considering the way forward, Rachel woke up. As she slowly but steadily improved, her neurosurgeon described her recovery as miraculous.

Rachel reached Shepherd Center in mid-December. Soon, a serious secondary complication emerged.



PHOTOS COURTESY MARATHONPHOTO/BJA.A.



1. Rachel Foster and her husband John posed for a photo at the Boston Marathon Expo the day before the marathon. 2. Rachel Foster completed the Boston Marathon less than a month after her discharge from Shepherd Center. 3. John and Rachel Foster (L) got a picture with members of Rachel's inpatient care team, (L-R) Bella Truong, Riya Patel, and Kristen Wilder, the day before Rachel began her outpatient treatment. 4. Rachel Foster crossed the finish line of the Boston Marathon with her friend and running partner Tim Altendorf.

Almost half of Rachel's skull had to be removed during her initial emergency surgery in Oklahoma City to make room for the swelling in her brain. But without her skull in place, she developed sinking skin flap syndrome, a known complication with craniectomies. In Rachel's case, her symptoms were severe headaches that got worse out of bed, making physical therapy nearly impossible.

Ford Vox, M.D., medical director of Shepherd Center's Disorders of Consciousness Program, diagnosed the syndrome and brought in Gary R. Gropper, M.D., consulting neurosurgeon, to address the issue. The team mapped her skull and created a 3D-printed replica of the missing sections. Dr. Gropper then implanted the new cap to restore the structure of her skull. The operation provided the pain relief Rachel needed without interrupting her stay at Shepherd Center.

From there, she was off to the races.

"What was incredible to me was how quickly things could change with Rachel and then how quickly her doctors and care team would respond to find the next solution," John says. "When you work together in a place with all the services and facilities Shepherd Center has, and the wealth of experience there, it's an incredible advantage."

After six weeks of inpatient care, Rachel extended her rehabilitation through Shepherd Pathways outpatient rehabilitation while staying in an accessible Shepherd Center apartment next to campus.

And three weeks after leaving Shepherd Center, Rachel Foster crossed the Boston Marathon finish line.

Today, Rachel sees many more marathons ahead. She and John will stay busy with Moni's, too. And the couple plans to keep sharing Rachel's improbable comeback to give others hope.

"There is always hope," Rachel says. "It sounds cheesy, but it's important to hold onto that when there are so many things that can take your hope away and take your happiness away. No matter what life throws at you, you still can rise." ✨

A BETTER FRAME OF MIND

From a terrifying fall on an Icelandic mountain to rising above his doubts — Daniel Hund credits Shepherd Center with putting him on a more positive path to the future.

Iceland was supposed to be a celebration, an adventure long delayed for high school sweethearts and newlyweds Daniel and Sierra Hund.

When they married in 2020, the pandemic wiped out their honeymoon plans to ski the mountains of Iceland's Tröllaskagi Peninsula. Two years later, the couple — then 22 and living in Lynchburg, Virginia — finally made it to Iceland. When they arrived on the evening of March 16, 2022, the future seemed as limitless as the frozen fjords and snow-capped peaks that dominated the majestic landscape around them.

"Neither of us expected life was about to change so drastically, so quickly," Daniel says.

Less than 12 hours later, while on a solo morning hike, Daniel's skis lost traction on a steep, glassy slope. He skidded, then plunged more than 30 meters down a deep ice chute. The fall resulted in a complete T-3-to-T-4 spinal cord injury, along with multiple traumas.

By the time members of a nearly 100-person rescue team located him six hours later, Daniel had gone into cardiac arrest and experienced a stroke caused by hypothermia and internal bleeding. He'd also sustained a traumatic brain injury due to the stroke, and his prolonged hypothermia would eventually require the amputation of his legs, just above the knees.

"What I remember most is believing wholeheartedly that I was going to die," Daniel says. "The feeling that it was over. That feeling has stuck with me ever since the injury. It's hard at times. I've gone through depression. I still have to consciously resist that urge to think that life is over for me and instead focus on new possibilities. The good things in my life. The things that I can do."

Daniel credits Shepherd Center with helping him reorient his thinking.

"I made big strides in occupational, physical, and speech therapy there," Daniel says. "But what impressed me was they went above and beyond in so many ways emotionally. Everyone at Shepherd Center just cared so intensely and spent the time with me that I needed."

"Everybody was super positive at a time when it's so easy to be super negative," Sierra explains.

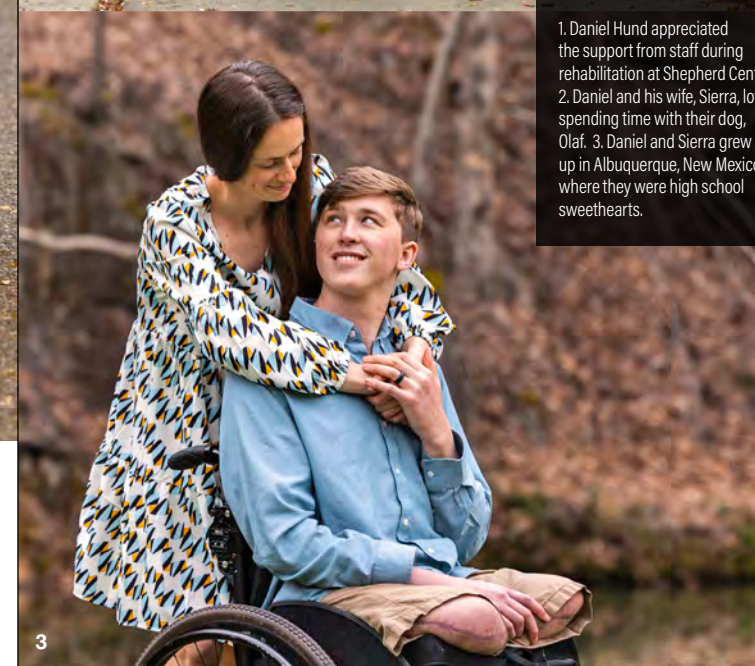
Daniel spent three months in Shepherd Center's inpatient Spinal Cord Injury Rehabilitation Program, learning adaptations to regain physical independence. He followed that up with two pivotal months at Shepherd Pathways, a comprehensive outpatient rehabilitation program for people recovering from brain injuries.

Daniel's stroke had resulted in severe aphasia, affecting his ability to express and understand both written and spoken language. Those would be serious concerns for anyone, but especially for someone who loved reading and writing and had just completed a year of law school.

Daniel credits the cognitive improvements he made at Pathways for pushing him to where he is today. He can easily engage in conversation now, and his reading is up to a fifth-grade level. New career avenues open each day.

In the meantime, Daniel and Sierra are building their life together anew. The couple has moved back to their hometown of Albuquerque, New Mexico, where they're looking at houses. They're talking about kids. And they're figuring out how to get back into camping and other outdoor adventures — including a return trip to Iceland to replace old memories with brighter ones.

PHOTOS BY ALISON CREAMY



1. Daniel Hund appreciated the support from staff during rehabilitation at Shepherd Center. 2. Daniel and his wife, Sierra, love spending time with their dog, Olaf. 3. Daniel and Sierra grew up in Albuquerque, New Mexico, where they were high school sweethearts.

Above all, they're thankful for this second chance to be newlyweds.

"When we got home from Iceland, a lot of people encouraged us to do Danny's rehabilitation somewhere close to where we were living in Virginia, or back home in New Mexico," Sierra says.

"But we wanted to get the best care possible, no matter where that took us. We're so grateful that the opportunity opened up, and we chose to make the journey to Shepherd Center. It was the home away from home that we needed." *

Reclaiming

Her Wings

BY RUTH UNDERWOOD

Tiffany Vinson credits the team at Shepherd Center's Wheelchair Seating Clinic with helping her find the right chair to fit her lifestyle.

Tiffany Vinson is passionate — about people and about travel. Early in her career, she found a way to combine those two loves, and, she adds with a laugh, “look cute in my uniform.” She began working as a flight attendant.

“I loved being a flight attendant,” she recalls. “I thought it was amazing to meet people from all different walks of life.”

But after a couple of years in her dream job, Tiffany noticed something wasn't quite right — she was experiencing some weakness when she walked. In her mid-20s she was diagnosed with multiple sclerosis (MS) and made the difficult choice to give up her wings. She moved on to a career in banking and finance, but the travel bug never left her, and in 2018, she started her own travel agency, Trip With Tiff Travel™.

A few years ago, when her MS made it increasingly difficult for her to walk, Tiffany got a small manual wheelchair. When she realized it wasn't providing the independence she wanted, her doctor recommended the Wheelchair Seating Clinic at Shepherd Center. Therapists in the seating clinic help inpatients and outpatients find seating and mobility aids to fit their needs and lifestyles.

Tiffany was hesitant. She didn't like the idea of needing a more powerful wheelchair and was uncomfortable with the attention it might attract. She says she arrived at the clinic with her mind set on something small and speedy.

“It was overwhelming because you look in the room, and there are so many wheelchairs,” she recalls.

But Tiffany remembers her conversation with Tori Fallgren, a physical therapist in the seating clinic, and how Tori helped her think about the future.

“It was a conversation about my journey. What are some of the things I want to do?

And based on those conversations and her experience, she knew which chair would be a better fit for me.”

Tiffany appreciated the clinic staff's knowledge and support.

“They were just amazing. Just the heart. I know they have a job to do, but it was the heart,” she explains.

Ultimately, Tiffany chose a power wheelchair with a lift that allows her to complete household tasks and move around more independently. The next big goal: indulging her love of travel and taking her chair with her. Tiffany and her husband were



1. For Tiffany Vinson's first big trip using her power wheelchair, she visited Playa del Carmen, Mexico. 2. Tiffany Vinson stayed at a resort in Playa del Carmen, Mexico, and enjoyed the independence her power wheelchair afforded her. 3. Tiffany Vinson has always enjoyed travel.



“I've always had the mindset and the grace that she carried,” Tiffany explains.

So, Tiffany booked a trip to Mexico and, attaching notes for airline staff to the wheelchair on how to operate and care for it, boarded the plane. She was still nervous that something would get broken or damaged. She explains with emotion, “God just honestly got me because when we got to Mexico, there were four people standing guard over my chair.”

Tiffany is planning a group trip to Mexico for people with disabilities this fall. She tells all her travel clients, “When you're packing your clothes, pack your patience. And be open to adjusting to whatever the situation is.”

Any bumps she encounters in her own travel, Tiffany takes as preparation for helping others.

“Everything that I've gone through is preparing me for what I'm destined to do: to help others who want to see the world. I'm not the first, and I'm not going to be the last. I want people to know that they can do it.” ✨

nervous about flying with her wheelchair — afraid it would get damaged during the trip. But she recalls telling her husband, “I didn't get this chair to keep it in the house. I need to live with the chair, and I need to be seen in this chair — people need to see me.”

Tiffany credits some of that determination to the example her grandmother provided. Her grandmother used a wheelchair throughout Tiffany's life. She also raised a family and ran a successful business.

PHOTOS PROVIDED BY TIFFANY VINSON

Shepherd Alums:

From “I Can’t” to “I Can”

BY RUTH UNDERWOOD

Jana Smith

ATLANTA, GEORGIA

When Jana Smith, an Atlanta mom of three, was 41, she developed Bell’s palsy — muscle weakness or paralysis on one side of the face. It was so severe that she had difficulty eating. Surgery to remove a bone in her skull reduced the pressure on her facial nerves, alleviating some of her symptoms. However, the palsy still inhibited her ability to smile fully.

Soon after her surgery, Jana began training to be a yoga teacher. She finds significant meaning in sharing yoga with others.

“I can’t fully smile on the outside, but I don’t feel it anymore. Helping others grow and be stronger helped me love myself in a different way,” she explains.

Last year, during a bout with Covid, Jana got up in the middle of the night and fainted, hitting her head near where part of her skull had been removed years earlier. She sustained a concussion which resulted in severe vertigo.

Her neighbor, a neurologist, recommended the Complex Concussion Clinic (CCC) at Shepherd Center. The team at the CCC began planning how to treat her vertigo, using infrared videonystagmography (VNG) goggles to detect Jana’s eye movements and measure central motor function.

Jana visited the CCC two to three times a week for physical therapy.

“We did tons of exercises, and it was neat because I had such good balance from practicing yoga, they had to put me on a big foam block to challenge me more,” she explains.

Russell Gore, M.D., medical director of the CCC, also gave her a series of nerve blocks to reduce the pain in the back of her head.

Finally, she was able to return to teaching yoga. Unfortunately, vertigo returned, so Jana returned to the CCC for more physical therapy. Her physical therapist

taught her exercises she could do at home. Now Jana’s feeling better and back to doing what she loves. And she continues to share her story.

“It’s amazing to think back to what a long way I’ve come. I don’t know what I would have done without everyone at the CCC. With all the different things that have happened to me, I try to teach people that you can overcome obstacles and get stronger.”

Care from Shepherd Center’s Complex Concussion Clinic helped Jana Smith return to what she loves — teaching yoga.



John Daoust

NENANA, ALASKA

After serving 29 years in the United States Army and Coast Guard, John Daoust moved with his family to a cabin in rural Alaska where he loves the peace afforded by living in such a remote spot. Still, when he heard about the SHARE Military Initiative at Shepherd Center, he jumped to fly to Atlanta to participate.

“I was really looking forward to it. I was at a point where, if this didn’t work, I wasn’t sure where to go. I was ready to give 110%,” John recalls.

During his time in the Army and Coast Guard, John sustained multiple injuries, including injuries from two explosive blasts and a blow to the head. One was obvious, a knee injury that required surgery. But another, a traumatic brain injury (TBI), went undiagnosed for decades.

John has participated in several programs to address post-traumatic stress (PTSD), but none focused on TBI.

“There was no connecting the dots. It never addressed why I react the way I do to certain things or how I process things.”

John wondered if SHARE could really help him, but he remembers it feeling different from day one.

“My first day, seeing veterans at different stages of the program — it was a very positive experience. It wasn’t like any other place. The whole care team was very positive. And I think the number one thing was, they weren’t trying to fix you. They were listening to what each person was going through and looking at how to attack it.”

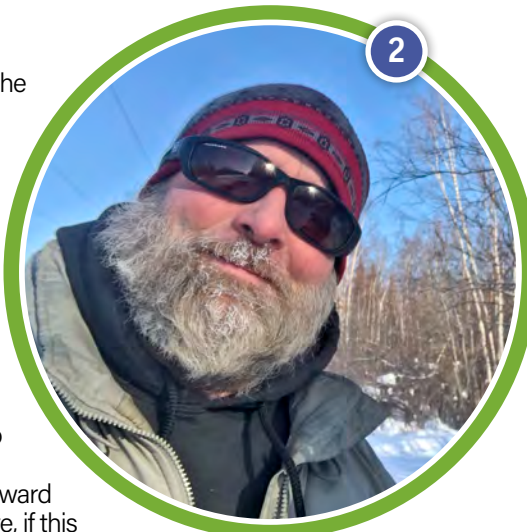
For John, that included occupational therapy to address issues with his vision that had resulted in years of headaches, physical therapy to manage pain from injuries he sustained during his service, counseling, and recreational therapy.

Recreational therapy outings helped John and another SHARE client feel more comfortable in group social settings.

“When we first started, we were conversing as a little group, but I was extremely focused on what was around me. I was hyper-alert to what could go wrong. We kept doing outings, and by the end, I wouldn’t say I was functioning 100% in a large crowd, but it was way easier,” John explains.

Now, John is back home in Alaska and says his time at SHARE has made a big difference in his personal life.

“We talk about it all the time — how SHARE really impacted me in a positive way.”



John Daoust approached his time at SHARE like he approached his military service — by giving it 110%.

Angel Taylor

HAZLEHURST, GEORGIA

Angel Taylor lives with her grandparents and siblings in Hazlehurst, a small town in southeast Georgia. She’s a junior in high school, where she’s in the color guard, and she loves spending time outside. When she goes to college, she’s determined to study to be a game warden.

When Angel was 15, she was in an accident while riding an all-terrain vehicle (ATV). While she felt fine initially, after a few months, she began limping and couldn’t bend her left leg. Then she started having difficulty lifting her foot.

That’s when she learned she had a spinal arteriovenous malformation (AVM), a tangle of blood vessels in the spinal cord that can cause permanent damage. Doctors told Angel she might have been born with the AVM, and the ATV accident caused it to rupture slowly, leading to muscle weakness. Based on the severity of the AVM, they were surprised she survived.

In September 2021, in a 10-hour surgery, her doctor removed the AVM, but Angel had no feeling from her neck down when she woke. Within a week, she regained feeling in her hands and arms. When she was discharged from the hospital, she started rehabilitation at the Adolescent Spinal Cord Injury Rehabilitation Program at Shepherd Center.

While at Shepherd, Angel regained movement in her feet and legs. She worked to strengthen her muscles using the Lokomat®, robotics-assisted treadmill training with body-weight support, and then the treadmill. Angel was the only girl on her team for her first month at Shepherd.

“I was the boss,” she jokes. She became close with some of the other patients — and when another girl arrived, they became fast friends and still talk daily.

After four and a half months at Shepherd Center, including inpatient rehabilitation and the Spinal Cord Injury Day Program, Angel returned home. She uses a wheelchair and continues to work on her leg strength.

“I was terrified to go back to school because I was going to be the only one in high school with a wheelchair, and I didn’t know how people would treat me. But my team at Shepherd told me that if I sat at home, I had a higher risk of being depressed. So, I got up the courage and went back to school,” she explains.

Angel attends physical therapy four times a week and says she’s getting better every day.

“I went back to color guard, and I spin in the wheelchair. I go to competitions. My goal is to show people that you can still make a positive outcome, even through the negative. Just be you.”

Angel Taylor is a member of the color guard at her high school.



JR Reid

CUMMING, GEORGIA

When you talk to JR Reid, two things quickly become apparent — his love for his family and for technology. The 49-year-old is a husband and father of two and was named chief information officer (CIO) of JP Morgan Chase’s new employee experience and corporate technology organization in 2021. JR is the company’s first African American CIO.

On the day a stroke turned his life upside down, he was on the go as usual, but he didn’t feel right when he got home. “I got dizzy, and I couldn’t stand up straight,” JR recalls.

His wife rushed him to Northside Hospital in Cumming, Georgia, where doctors discovered he had experienced a hemorrhagic stroke, which caused paralysis on his left side. After 10 days in the hospital, JR’s team at Northside recommended Shepherd Center, where he spent 10 weeks in the Comprehensive Rehabilitation Unit (CRU).

“It was very intense,” he recalls. “But I see now how critical it was for me to be there because when I got to Shepherd, I couldn’t even sit up straight. I couldn’t find my center.”

After graduating from inpatient rehabilitation, JR completed the Day Program at Shepherd Pathways, Shepherd Center’s comprehensive outpatient rehabilitation program for people recovering from brain injury.

“It was very comprehensive, having the different therapists all working on getting you back into your daily activities and teaching you compensatory strategies to be self-sufficient again,” he explains. “It gave me a sense of self, a sense of being independent.”

JR embraced both the high and low-tech elements of his treatment. From the kitchen in Shepherd’s I Can Studio to the equipment in the gym.

“I was able to navigate the kitchen and cook with my wife and daughter. And then I think about all the innovative tools at Shepherd, like the Lokomat®. I call it the Iron Man suit — it gives you immediate feedback. I could stand and take steps to retrain my brain on how to walk. It gave me a sense of hope.”

A computer scientist at heart, JR wanted to figure out how to get back to work. His therapist introduced a wearable device that helps patients simulate using a keyboard. That, combined with mirror therapy, helped JR start retraining his left hand.

Now, JR spends his mornings working, and in the afternoons, he does more therapy. He hopes to get back into golf — he practiced during his rehabilitation at Shepherd Pathways. For now, he’s hitting the links at home with the help of his kids’ Wii golf game, which he learned to use in recreational therapy to help build his stamina to stand in a fun and engaging way.



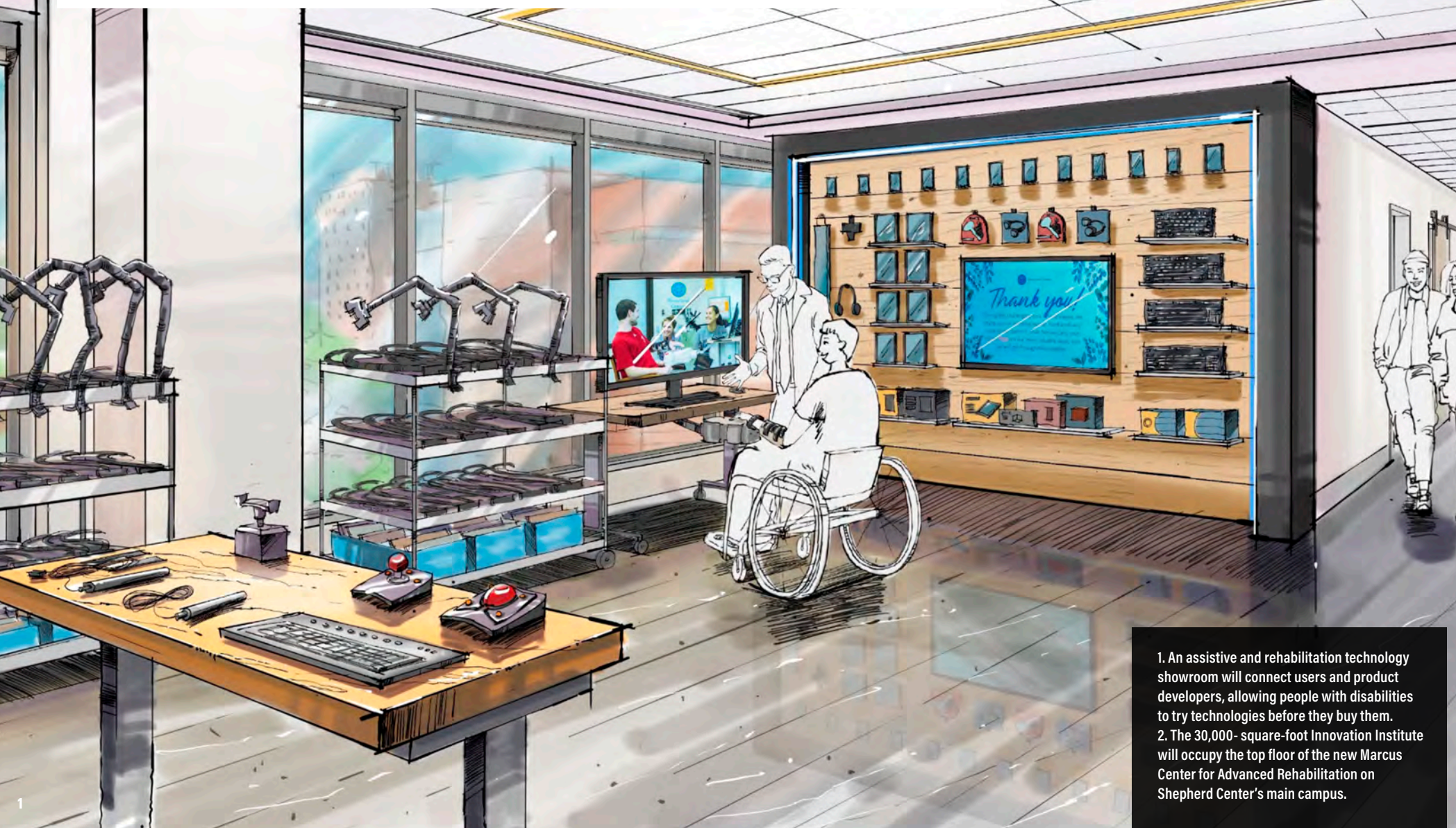
JR Reid says his wife, Linda, helped him stay focused on recovery.

PHOTO BY LAUREN DIXON

Igniting Creativity and Advancing Innovation

At the Innovation Institute in the new Marcus Center for Advanced Rehabilitation, researchers, engineers, clinical scientists, and designers will explore real-world applications of research and technology to provide extraordinary care to more people.

BY LESLIE JACKSON AND RUTH UNDERWOOD



Innovation is at the core of Shepherd Center's culture.

The new 30,000-square-foot Innovation Institute, which will occupy the top floor of the Marcus Center for Advanced Rehabilitation on Shepherd Center's main campus and is slated to open in 2025, will strengthen Shepherd's innovative spirit and cement its reputation as a model for cutting-edge research and unparalleled clinical care.

"We're positioned as an innovation hub because we are leaders in the field. We collaborate with like-minded partners to advance rehabilitation medicine and find better, more efficient ways of delivering care to improve the lives of the people we serve," says Deborah Backus, PT, Ph.D., FACRM, Shepherd Center's vice president of research and innovation. "The Innovation Institute is a natural extension of that — giving us more capabilities, space, and resources to foster our ingenuity."

The vision for the Institute is to integrate rigorous research, data science,

groundbreaking rehabilitation and assistive technologies, and revolutionary care models to restore, sustain, and protect the lives of people requiring neurorehabilitation worldwide.

At its core, the Institute will use data to develop and guide point-of-care precision rehabilitation and the creation of new technology solutions.

Once completed, the Innovation Institute will bring existing research and technology teams throughout the hospital into one space, inspiring even more collaboration. Human-centered designers, biomedical and rehabilitation engineers, data scientists, clinical scientists and coordinators, people with disabilities, and other partners will gather around tables and whiteboards, brainstorming and creating solutions. The Innovation Institute will be a home for even more robust data analytics. Data will continue to drive clinical care, helping Shepherd Center experts identify the most meaningful and effective solutions for patients.

"The Innovation Institute will enable us to be more effective and efficient in delivering individualized solutions, helping the people we serve, and increasing accessibility to our world-class care."

1. An assistive and rehabilitation technology showroom will connect users and product developers, allowing people with disabilities to try technologies before they buy them.
2. The 30,000-square-foot Innovation Institute will occupy the top floor of the new Marcus Center for Advanced Rehabilitation on Shepherd Center's main campus.

The Innovation Institute will bring existing research and technology teams throughout the hospital into one space.



Here's a look at some of the programs, labs, and workshops the new facility will house:

Virginia C. Crawford Research Institute

In the Crawford Research Institute, researchers develop, refine, and evaluate new treatments, medications, diagnostic tools, and therapeutic interventions in spinal cord injury, brain injury, multiple sclerosis, and chronic pain. The expansion will allow the Hulse Spinal Cord Injury Research Lab, an integral part of the Crawford Research Institute, to be in the same space. The Hulse Lab pioneers the development of rehabilitation interventions that optimize the functional abilities of people impacted by spinal cord injury.

Travis Roy Ability Bar

The Travis Roy Ability Bar will provide mainstream as well as innovative devices created through co-innovation by our patients, clinicians, and academic and industry partners, for patients to try before they buy, to help them learn what is possible, and return to a fully-integrated, productive life.

An Innovative Design Workshop

In this workshop and training space, dedicated staff will use advanced 3D printing and other advanced technologies to create prototypes for small-batch production of adaptive technology solutions. Team members will also train people with disabilities and students on how to develop affordable solutions.

Assistive and Rehabilitation Technology Showroom

The showroom will connect users and product developers, allowing people with disabilities to test and try technologies and smart home solutions before they buy them. It will also allow product developers to learn first-hand from people with disabilities about what they need to live the fullest lives possible.

Highest Performance Lab

A fully outfitted assessment and evaluation suite will allow motion analysis and behavioral data collection for people with disabilities to identify their needs for health, wellness, function, and the best quality of life in their homes and communities.

Best Health Suite

Partnering with health and wellness solution generators and technology companies, Shepherd will offer on-demand and live wellness and fitness classes to Shepherd patients, partners, and people worldwide, at Shepherd and in their homes and communities, with the goal of breaking down barriers to care for the people Shepherd serves.

Together, all these exciting initiatives mean the Innovation Institute will provide an opportunity to deliver Shepherd's extraordinary care to more people at a larger scale.

"Our clinical care is cutting edge, and we want to keep it that way," Backus says. "The Innovation Institute will enable us

to be more effective and efficient in delivering individualized solutions, helping the people we serve, and increasing accessibility to our world-class care."

For more information on Shepherd's research and innovation programs, please visit ExpandingShepherd.org. *

SHEPHERD CENTER WELCOMES

New Members to Foundation Board of Trustees

Shepherd Center welcomed six new members to its Foundation Board of Trustees this year. In this role, they will set development policies for Shepherd Center Foundation, the primary fundraising entity for Shepherd Center. Each new member has a history of involvement with Shepherd Center and a commitment to supporting its mission.



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Rockdale County Probate
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ERIC BUSKO
Managing Director,
Regional Executive,
Alex. Brown



GREG DUNAVANT
Vice President,
Customer Operations,
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AMY KREISLER
Executive Director,
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Foundation



KELLIE SCHÖENBERG
Global Head of
Corporate Responsibility,
Invesco

THANK YOU TO THE FOLLOWING FOUNDATION BOARD OF TRUSTEES MEMBERS WHOSE TERMS ENDED THIS YEAR:

Laura Garrison
Bonnie Hardage

Dick Hazel
Lauren Hooks

Elizabeth Pearce
Karen Spiegel



A TASTE OF INNOVATION

Celebrating the present and looking forward to the future at Shepherd Center.

BY RUTH UNDERWOOD

On the evening of April 11, 2023, board members, Innovation Institute donors, and Shepherd patients and staff gathered in the Callaway Auditorium on Shepherd Center's 7th floor to celebrate the hospital's culture of innovation and get a behind-the-scenes look at how innovation drives Shepherd's extraordinary care.

During the "A Taste of Innovation" event, guests enjoyed cocktails and heavy hors d'oeuvres. At the same time, they had the opportunity to visit more than a dozen stations for demonstrations of some of Shepherd Center's most innovative offerings in clinical care and research. Guests learned about sensory

socks that allow clinicians to collect information about walking in people with mobility impairments, an interactive therapy program addressing visual and spatial skills for driving and interacting with the environment, and Shepherd's partnership with Burnalong to provide live and on-demand wellness content to people with disabilities.

Displays from the Dean Stroud Spine and Pain Institute included state-of-the-art devices to help people manage pain. Some of Shepherd's clinical research scientists were on hand to explain how the

Accessibility User Research Collaborative (AURC) helps inform industry partners on how they can deliver better services and products to people with disabilities. Clinicians shared examples of assistive and rehabilitation technology, including power wheelchairs and the Indego® wearable robotic exoskeleton, which Shepherd patients and staff helped test and refine. Researchers from Shepherd's Hulse Spinal Cord Injury Lab demonstrated electrical stimulation devices and gave guests an overview of studies using these devices to stimulate the brain, spinal cord, and muscles.

The event underscored how the new Marcus Center for Advanced Rehabilitation, under construction now and set to open in 2025, will allow Shepherd Center to continue and expand its rigorous research and further solidify its role as an innovation hub. The expansion will enable Shepherd to serve more patients and advance the use of research and data to create new rehabilitation and assistive technologies, helping patients restore, sustain, and protect their lives.

A short program began with a welcome from Jamie Shepherd, MBA, MHA, president and chief operating officer (COO) of Shepherd Center, and Julie Shepherd, CCM, LMSW, CLCP, director of founding family relations. Rabbi Alvin Sugarman, a longtime friend of Shepherd Center, followed with a moving invocation. He marveled at an assistive technology device on display that allows communication with a blink, saying it reminded him of an old song about the power of a wink and a smile. He also commended the time and talent of Shepherd staff and all of Shepherd's champions.

During her remarks, Shepherd CEO Sarah Morrison, PT, MBA, MHA, read a statement from Bernie Marcus, Atlanta philanthropist, Home Depot co-founder, and longtime Shepherd board member and partner, whose \$80 million grant to Pursuing Possible: The Campaign for Shepherd Center made the Marcus Center for Advanced Rehabilitation possible. In his statement, Marcus said,

"Shepherd is often referred to as a place of healing and hope. The Marcus Foundation seeks to invest in ways to change and save lives. This new Center for Advanced Rehabilitation will bring all that and more, putting Shepherd on the cutting edge of new research that will have dramatic and positive effects on patients that seek care here. Billi and I can't wait to see what discoveries tomorrow brings."

Two Pursuing Possible Campaign co-chairs, Susan Hawkins and Justin Jones, shared campaign updates

and encouraged guests to spread the word and invite friends to tour Shepherd Center to see the extraordinary care the staff provides.

Erik Shaw, D.O., medical director of the Dean Stroud Spine and Pain Institute, and Deborah Backus, Ph.D., Shepherd's vice president of research and innovation, wrapped up the program by sharing some of the many ways the expansion will allow Shepherd to provide exceptional care to even more patients.

"I am so grateful to the Marcus Foundation for their support of all our programs over the years, and I am so excited about this building. It will be a beautiful place where we can continue to expand our research so that we can come up with the most meaningful solutions for our patients," Backus said.

To learn more about innovation at Shepherd Center and Pursuing Possible: The Campaign for Shepherd Center, visit ExpandingShepherd.org. *

PHOTOS BY WILLIAM TWITTY AND SHEPHERD STAFF



THE LEGENDARY PARTY IS A LEGENDARY SUCCESS

BY SARA BAXTER



1. Blesson Andrews, Shannon LaMey, Lisa Aquillano, and Elizabeth Baker from Genentech are pictured with Andre Ellerby of Biogen. 2. Julie Shepherd and Alana Shepherd took a moment to pose for the camera. 3. The Carlos family struck a pose together prior to the night's festivities. (L to R Angela Carlos, Elaine Carlos, John Carlos, Kari Dunn, John Dunn) 4. Chairs-elect Anne and Andrew Worrell took a moment to pose for a photo. 5. Shepherd Center's Founding Medical Director Dr. David Apple and his wife Jane posed for the 360 camera. 6. Guests enjoyed the dance floor with music by The Big Beyond band. 7. Beautiful place settings by Legendary Events welcomed guests to their tables. 8. Honoree Dr. Ben Thrower posed with his wife, Karen Thrower (center), and colleagues, Lisa Huthmacher, Rachel Khandadash, Sandra Gimblet, and Fatima Lombay.

Shepherd Center's largest fundraiser raised more than \$3 million for the Andrew C. Carlos Multiple Sclerosis Institute.

When guests arrived at last year's Legendary Party at Flourish, they were greeted by a lavish garden scene with lush greenery and colorful florals, butterflies, and fountains. The décor captured the party's theme of "Garden of Hope."

"They were all images that you would find in a well-tended garden," says Elaine Carlos, who co-chaired The Legendary Party along with daughters Kari and Angela. "It's a garden where hard work, cultivation, care, and time produce a bountiful and beautiful harvest to enjoy year after year. Shepherd Center is that garden where hope blooms and lives are renewed."

The 2022 Gala raised an incredible \$3.2 million, benefitting Shepherd Center's Andrew C. Carlos Multiple Sclerosis Institute. Ben Thrower, M.D., medical director of the MS Institute, was the honoree.

"On behalf of our healthcare team at the Andrew C. Carlos MS Institute, I was honored and humbled to be recognized at the 2022 Legendary Party," Dr. Thrower says. "Our donors make what we do for the MS community possible. I am truly blessed to be a part of the Shepherd Center mission."

PHOTOS BY BEN ROSE AND WILLIAM TWITTY



THE LEGENDARY PARTY IS A LEGENDARY SUCCESS



1. The room was beautifully designed and decorated by Legendary Events for the theme, Garden of Hope. 2. John Carlos took a moment with Alana Shepherd, Sunny Park, Jody Cho, and Jay Park. 3. Co-chairs Elaine Carlos and her daughters, Angela Carlos, and Kari Dunn thanked guests for their continued support. 4. Stephanie Anderson and her husband Rashaan Matthews (L) enjoyed a candid moment with Shepherd CEO Sarah Morrison and Sarah Batts, SVP of Advancement.

The MS Institute provides a holistic, comprehensive approach to MS treatment and rehabilitation, providing various forms of therapy, counseling, and wellness programs to patients who travel from all over the Southeast to receive care. Researchers within the Institute also work to improve clinical outcomes and the quality of life for people with multiple sclerosis.

Nearly 600 guests joined the celebration, including MS patients and numerous graduates of the Center's acquired brain injury and spinal cord injury rehabilitation inpatient programs. Partygoers viewed the debut of the Pursuing Possible Campaign video, which highlighted the experience of Judge Stephanie Anderson, a patient at the MS Institute. The video showcased the hospital's expansion plans to increase capacity, expand services, and improve the patient experience.

Guests also enjoyed a sit-down gourmet meal provided by Legendary Events and danced to music courtesy of The Big Beyond. Junior Committee members continued the party at Legendary Late Night, deemed "the

biggest after-party for the next generation of donors." They were treated to a delicious late-night menu as well as music and karaoke by Blast Band.

"It was a great evening and a way to celebrate the achievements, the growth, and the work done at Shepherd Center throughout the past year," Elaine says. She believes that the amount of money raised is indicative of the solid commitment supporters have to Shepherd Center.

"I feel certain that the generosity of Shepherd supporters and sponsors is due to the confidence we all have in Shepherd Center as a very special and unique rehabilitation hospital with the sterling reputation of achieving absolutely amazing results," she says. "Shepherd Center is truly that bridge between 'I can't' and 'I can,' and each donor sees generous giving as an opportunity to change a life."

This year's Legendary Party will be held on November 4, 2023, at Flourish, with Anne and Andrew Worrell serving as co-chairs. (See *related story on page 26*.) *

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Judy Zaban

A Legendary Kickoff

Guests at the kickoff celebration were treated to a preview of what's to come as the countdown to the 2023 Legendary Party begins.



1. Guests heard from Shepherd leadership about plans for the Innovation Institute in the Center's new Marcus Center for Advanced Rehabilitation. 2. This year's Co-chairs Anne and Andrew Worrell took a moment to pose with Chairs-Elect Sherry and David Abney. 3. Jared Grier, Shepherd Center's assistive technology rehabilitation engineer, talked about his time as a patient at Shepherd Center. 4. From L to R: Shepherd Center President and COO, Jamie Shepherd and his wife Sarah Shepherd, Legendary Party Co-Chair Anne Worrell, Alana Shepherd (Shepherd Center co-founder and Chairman of the Board), Legendary Party Co-Chair Andrew Worrell, and Shepherd Center CEO Sarah Morrison gathered for a photo.

BY SARA BAXTER

On March 29, 2023, Legendary Party sponsors and guests gathered at the Piedmont Driving Club to learn the details of this year's gala.

Anne and Andrew Worrell are serving as chairs of this year's gala benefit, which will take place on November 4, 2023, at Flourish. This year's theme will be The Legendary Party: The Nostalgia of Discovery. "We're blending both the past and the present," Anne explains. "The definition of nostalgia is 'a sentimental longing or wistful affection for the past, typically for a period or place with happy personal associations.' I think that is so appropriate for many of us who have had a longtime affection for Shepherd Center."

Anne's "longtime affection" for the hospital stems from the fact that her family has been involved with Shepherd Center since the hospital's early days. Anne worked in the foundation, volunteers in the Center, served as President of the Shepherd Center Auxiliary, and is a member of Women Shaping Shepherd and Shepherd Center's Advisory Board.

"At the same time that we celebrate the past, we are also trying to bring in younger people to create a new generation of Shepherd Center supporters," Anne says.

Proceeds from this year's event will support Shepherd Center's Innovation Institute. This 30,000-square-foot, state-of-the-art facility will be in the new Marcus Center for Advanced Rehabilitation on Shepherd's main campus. The Innovation Institute will expand the hospital's research and assistive technology programs to improve the lives of more people with disabilities globally.

"Discovery is really the key to the future," Anne says. "And Shepherd Center will be finding new ways to help its patients."

The 2023 honorees are longtime Shepherd Center supporters Elizabeth and the late Carl Allen, along with their daughter Jessica,

and her husband Justin Jones. Elizabeth Allen chaired the Legendary Party twice, was a founding member of Women Shaping Shepherd, and is also on Shepherd Center Foundation's Board of Trustees. Justin Jones serves on Shepherd Center's Board of Directors. He is also the co-chair of Pursuing Possible: The Campaign for Shepherd Center.

Held annually on the first Saturday in November, The Legendary Party, Shepherd Center's largest fundraiser, has raised more than \$41 million for Shepherd Center's patient care programs during the past 30 years. Longtime Shepherd supporters Sherry and David Abney will serve as next year's chairs. To learn more about sponsorship opportunities or purchase tickets, please contact **Erica Spurling** at Erica.Spurling@Shepherd.org. * *

PHOTOS BY WILLIAM TWITTY

HONORING Shepherd Center's Angels

The annual Angel Luncheon gives Shepherd Center a way to honor the support and generosity of its donors and volunteers. BY SARA BAXTER



On March 23, Shepherd Center recognized and celebrated the philanthropy and compassion of its major donors, volunteers, and others who support the hospital. A tradition since 1985, the Angel Luncheon gives Shepherd the opportunity to publicly thank the individuals, foundations, companies, and special groups who have made significant gifts of time, talent, and funds.

The 2023 Angel Luncheon was held at Atlanta's Piedmont Driving Club. In addition to this year's Angels, hospital leaders, doctors, board members, trustees, and past Angels of the Year were in attendance.

"Shepherd Center wouldn't be what it is today without the support of all of you," Shepherd Center Co-Founder Alana Shepherd told the group. "You are truly our angels, and we are so appreciative of you."

Alana presented the 2023 Angel of the Year award to longtime Shepherd Center supporters Jim and Donna Stephenson. This distinguished award is given to recognize the many years of dedication, service, and compassionate support of a lifetime of giving.

Jim has served on Shepherd Center's Board of Directors since 2008, and Donna is a member of Women Shaping Shepherd. Since 1985, they have been generous donors to Shepherd Center and continue to support patients through other funds and initiatives. Donna is a member of the Yancey family, who are also longtime supporters of Shepherd Center. In fact, Shepherd Center's Delores Ann and Goodloe Yancey Family Housing Program is named for her aunt and uncle, and Goodloe was a board member for many years.

In addition to their support of Shepherd Center, both Donna and Jim have served on many different boards, vol-



unteer committees, and in several leadership positions.

"Today, we recognize and celebrate the leadership and the generosity of Donna and Jim Stephenson as our Angels of the Year," Alana said as she presented the award. "We are so grateful for their support and commitment to Shepherd Center. Their gifts are truly transformational." * *

1. (L to R) William and Mary Blalock, joined Mary's parents, Donna and Jim Stephenson for the luncheon. 2. Donors and guests gathered at Atlanta's Piedmont Driving Club for the annual Angel Luncheon. 3. Alana and Jamie Shepherd (R), presented the 2023 Angel of the Year award to Jim and Donna Stephenson (L) for their years of dedication, service, and compassionate support of Shepherd Center. 4. Jamie Shepherd, MBA, MHA, president and chief operating officer (COO) of Shepherd Center, shared an update on Shepherd Center.

TAKING A SWING TO SUPPORT SHEPHERD CENTER

The Conlan Company's inaugural Conlan Cup was a day of fun and philanthropy.

BY SARA BAXTER

The Conlan Company, a construction firm, was looking for an opportunity to get involved in the community and a way for its employees to give back. So, The Conlan Cup was born.

"We build buildings as a company," says Conlan's Vice President Mark Kunst. "We wanted our employees to be able to take part in a project that didn't involve building and also provide a way they could use their leadership and organizational skills to have a little fun."

Kunst oversaw a committee that solicited sponsors, handled the publicity, organized and implemented the tournament, and enlisted volunteers to staff the event. They invited customers and subcontractors to participate in a fun day of golf.

When deciding on a beneficiary for the tournament, it was easy to choose Shepherd Center. David Staley, the company's chief operating officer, is a former Shepherd Center patient who received rehabilitation after becoming paralyzed due to Guillain-Barré syndrome.

"We witnessed his recovery," Mark says. "He was paralyzed when he went into Shepherd Center and walking by the time he came out. And so many of us have a connection to Shepherd Center through knowing someone who has benefitted from their services. It is near and dear to our hearts."

On October 24, 2022, 124 golfers (in teams of four) gathered for the first Conlan Cup at Horseshoe Bend Country Club in Roswell, Georgia. The tournament raised \$130,000 for Shepherd Center's Patient Assistance Fund, which helps cover basic needs that insurance does not pay for or that the patient cannot afford.

Mark believes the tournament was a success due to The Conlan Company's long-standing partnerships with customers and subcontractors as well as the commitment of the company's employees.

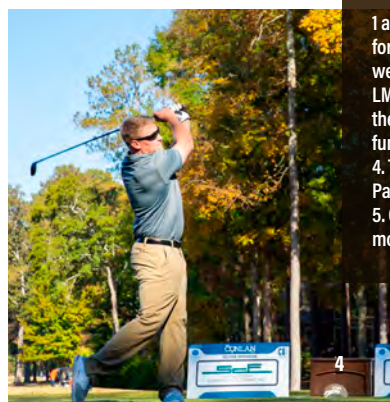
"We are a relationship company," Mark notes. "There was a sense of wanting to contribute as a community and give back. We were simply a conduit and catalyst to allow our partners to join us as a team."

The Conlan Company had the financial support



of Platinum Sponsors Andrew Electric Company, Cooper Steel, Encore Roofing, Plateau Excavating, and Seefried Industrial Properties; Gold Sponsors Canam Steel Corporation, Nucor Vulcraft Alabama, and Randall Paulson Architects, as well as many other sponsors who generously contributed to the event to make it a success.

The Conlan Company plans to make this an annual event and has already scheduled the next Conlan Cup for October 16, 2023. *



1 and 6. Horseshoe Bend Country Club was the perfect site for a beautiful day of golf. 2. The Conlan and Shepherd teams were ready for a great day of golf. 3. Julie Shepherd, CCM, LMSW, CLCP, director of founding family relations, thanked the team at Conlan and all tournament sponsors for raising funds to benefit the Patient Assistance Fund at Shepherd. 4. The tournament raised more than \$130,000 to benefit the Patient Assistance Fund, thanks to many generous sponsors. 5. Conlan Company's Gary Condran and Mark Kunst took a moment for a photo prior to the tournament.



Interested in hosting a community fundraiser for Shepherd Center? Contact **Shanna Thorpe** at Shanna.Thorpe@shepherd.org.



PHOTOS BY WILLIAM TWITTY

Supporting our Veterans

BY SARA BAXTER

Shepherd's Men raises funds for Shepherd Center's SHARE Military Initiative at another successful dinner and clay shoot.

A stay at an oceanfront cabin on Martha's Vineyard, tickets to sporting events, and a party catered by The Varsity's food truck were just some of the special items auctioned off at the Shepherd's Men Dinner and Auction on October 6, 2022, at the Indian Hills Country Club in Marietta, Georgia. The annual event raises money for Shepherd Center's SHARE Military Initiative. The comprehensive rehabilitation program delivers world-class treatment at no cost to veterans, service members, and first responders who have sustained mild to moderate traumatic brain injuries (TBIs) during their service.

It's one of the many fundraisers organized by Shepherd's Men – a group founded in 2014 that advocates for veterans and raises awareness and funds for SHARE. The group has raised \$800,000 through its various fundraising events this year.

Aside from the auction, other highlights of the evening included a seafood fry, a bourbon tasting, and live music. Travis Ellis, co-founder of Shepherd's Men, acted as the auctioneer.

"It was a great night of food, fun, and fellowship," says Mitch Rhoden, a Marine Corps veteran and volunteer with Shepherd's Men, who helped organize the event. "We not only raised money, but we also raised awareness for the SHARE program."

A week later, nearly 175 people gathered at Barnsley Gardens Resort in Adairsville, Georgia, for the Shepherd's Men Annual Invitational Clay Shoot. Top teams received prizes, and guests enjoyed a barbecue lunch catered by Local Three Kitchen and Bar.

Mitch had help planning, coordinating, and executing both the dinner and the clay shoot from organizing committee members Amanda Bridges, Duncan Butler, Travis Ellis, Jeremy Fort, Stan Kryder, Sherry Lang, Lindsay Miller, Steve Soteres, Krissy Williams, and Ralph Williams.

"As a group, Shepherd's Men believes in the mission of the SHARE program," Mitch says, "and the results speak for themselves. Shepherd Center gives our veterans the kind of care they need and deserve. We are grateful to everyone who has and continues to support this important work."

The next Shepherd's Men Annual Invitational Clay Shoot is scheduled for October 13, 2023, at Barnsley Gardens. For more information, visit ShepherdsMen.com. *

PHOTOS BY WILLIAM TWITTY

Annie Oakley Tournament Benefits Shepherd Center

BY SARA BAXTER

The 19th Annual Annie Oakley Clay Shoot Tournament was a big success, raising more than \$83,000 for Shepherd Center's SHARE Military Initiative and the Recreation Therapy Program. Organized by the Annie Oakley Shooters – a women's clay shooting club – the tournament was held October 28, 2022, at the Burge Club in Mansfield, Georgia.

In May 2004, the Annies established the first Annie Oakley Tournament – a day of fun and a way to raise money for a charity. After supporting the Trust for Public Land for several years, the Annies chose SHARE as their beneficiary. Since 2016, the Annies have raised nearly \$433,000 to benefit veterans, service members, and first responders in SHARE. They have since expanded their giving to include Shepherd Center's Outdoor Recreation Therapy Program.

"The Annies are proud to partner with Shepherd Center to help veterans with traumatic brain injury overcome the struggles that come with re-entering the community following combat," says Annie Oakley's Executive Director Mary Huntz. "Further, research shows that productive and positive use of recreation time is not only desirable, it is imperative. We are happy to support both of these programs."

This year's Annie Oakley Clay Shoot will be the organization's 20th tournament and will take place October 27, 2023, at the Burge Club in Mansfield, Georgia. For more information, visit AnnieOakleyShooters.org. *

PHOTOS BY AMANDA GARDNER



1. Guests enjoyed the reception at the conclusion of the clay shoot. 2. A guest prepared for a day of clay shooting. 3. Attendees took in instructions before the start of the shoot.





Making Patient Access a Priority

Shepherd employees show they care by raising money to increase patient access.

BY SARA BAXTER

The goal for ShepherdCares — the annual employee giving campaign that raises funds for Shepherd Center — was set at a respectable \$175,000. But dedicated and generous Shepherd Center employees blew right past that goal, raising an impressive \$248,885 in five weeks. That's 42 percent — or nearly \$74,000 — over what the hospital had hoped to raise. The 2023 campaign had 75% employee participation – another inspiring feat considering giving is voluntary.

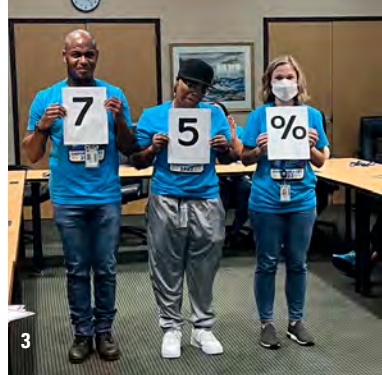
"Shepherd Center employees have big hearts," says Alex Seblatnigg, CAVS, CPXP, director of volunteer services and internal engagement for Shepherd Center and chair of the ShepherdCares Campaign. "Part of the reason we see such incredible success with this campaign each year is because employees can see the direct impact of those gifts. The consistent support we see each year is just another example of our special, strong culture, and shows how invested our employees are in our mission."

This year's donations will support Shepherd Center's Pursuing Possible Campaign. The campaign, launched in September 2022, aims to raise funds to increase access to Shepherd's services and improve the patient and family experience at the hospital.

"The Pursuing Possible campaign will allow us to serve even more patients and their families when they need us the most," Seblatnigg says. *



1. These are just a few of the many employees who worked hard behind the scenes to make ShepherdCares 2023 a success. 2. The theme, 'VIP Access,' allowed Shepherd to have some real 'rock stars' join in – along with their security details. 3 and 4. The generosity of Shepherd employees was apparent as once again they exceeded campaign goals. Thank you, Shepherd!



Hitting the Fairways for Shepherd Center

Golfers enjoyed one of Shepherd Center's longest-running events, the Shepherd Center Cup.

BY SARA BAXTER

It was a great day for golf as 160 players took to the course at the Cherokee Country Club in Atlanta on September 12, 2022, for another successful Shepherd Center Cup Golf Tournament. Following the tournament, golfers enjoyed time to eat, relax, and socialize.

Chaired by Paul Pilcher, the tournament raised more than \$150,000 to benefit Shepherd Center's Delores Ann and Goodloe Yancey Family Housing Program. Funding for this program allows Shepherd Center to provide up to 30 days of donor-funded housing to out-of-town families while their loved ones receive care at the Center.

This year's Shepherd Cup is slated for September 18, at Cherokee Country Club. All proceeds will benefit Shepherd Center's Recreation Therapy Program, which helps patients with temporary or permanent disabilities lead healthy and active lifestyles as independently as possible through recreation activities by providing education, skill development, and community reintegration opportunities.

For information and sponsorship opportunities, contact Shanna Thorpe at Shanna.Thorpe@shepherd.org. *



1. Attendees and staff cheered the results of the Closest to the Pin game. 2. A golfer hit the ball over the water at Cherokee Country Club. 3. Golfers lined up their shots in the tee box. 4. A foursome posed for a photo in between holes.



Presenting



Course

BILLI MARCUS

Medalist

Amerisure

Biogen

Yates Insurance Agency, Inc.

Dryman & Hanley Team

Hight Knox Properties LLC

Gas South, LLC

John Harcourt

John Kranyecz

Morgan Stanley & David Mills

The Novare Group

Pittman Construction Company

ShepCo Paving, Inc.

Truist

Tommy Vance

Tony White

Team & Hole

Atlanta Women's Health Group

Batchelor & Kimball

Bennett Thrasher, LLP

Chris Snell

E.R. Snell

Genuine Parts Company

Shamrock Prosthetics, Inc.

Team

American Drum

Arrow Exterminators, Inc.

The Benefit Company

Hole

Baron Home Group

Chip Davidson, III

Duncan Beard

Jamie Reynolds, III

UPCOMING EVENTS

PEACHTREE HEALTH & FITNESS EXPO
Sunday, July 2, and Monday, July 3, 2023
Georgia World Congress Center

RPM 9/11 5K
September 9, 2023
American Legion Post 140

SHEPHERD CENTER CUP
September 18, 2023
Cherokee Town & Country Club

**SHEPHERD'S MEN ANNUAL INVITATIONAL
CLAY SHOOT**
October 13, 2023
Barnsley Gardens

CONLAN CUP
October 16, 2023
Horseshoe Bend Country Club

20TH ANNIE OAKLEY TOURNAMENT
October 27, 2023
Burge Club

**THE LEGENDARY PARTY AND
LEGENDARY LATE NIGHT**
November 4, 2023
Flourish Atlanta

**For more information on Foundation
special events, please contact:**

Erica Spurling, Special Event Associate
404-350-7715
Erica.Spurling@shepherd.org

Shanna Thorpe, Cause and Community
Engagement Manager
404-603-5064
Shanna.Thorpe@shepherd.org

Lisa Ruger, Cause and Community
Relations Associate
404-350-3073
Lisa.Ruger@shepherd.org

Honoring Those Who Serve

The annual RPM 9/11 5K honors a memory
and raises money and awareness for SHARE

BY SARA BAXTER



**On September 10, 2022, the 11th annual
RPM 9/11 5K took place at Atlanta's Chastain Park,
with nearly 400 people participating.**

The event raised nearly \$185,000 for Shepherd Center's SHARE Military Initiative, a comprehensive rehabilitation program that delivers care at no cost to veterans, service members, and first responders dealing with traumatic brain injuries and mental health concerns.

The annual race is held in honor and memory of Ryan P. Means, a member of the U.S. Army's Special Forces Unit who passed away in 2009 following a deployment in Iraq. Ryan's family plans the 5K race, and for the last seven years, all the proceeds have gone to SHARE.

The Means family's mission for the race is to provide a day of patriotic remembrance for those most affected by the events of September 11, 2001, and support patients and veterans at Shepherd Center.

"This is a way for us to keep his memory alive," says Liz Means, Ryan's sister-in-law. "It is so important that veterans have access to the care they need and deserve. We've heard the success stories, and they inspire us to keep going."

The 2022 race stands out for the Means family because one race participant, also a SHARE client, served in the same unit as Ryan.

"He made the connection the night before and reached out to us," Liz says. "It was unbelievable to us that they served together, and he was now at Shepherd Center getting the help he needed. We were touched and honored, and it reminded us how important SHARE is." ❄️



1. Race participants took off at the start of the RPM 9/11 5K in Chastain Park. 2. Participants enjoyed time together after the RPM 9/11 5K.

MEMORIALS

Deceased friends of Shepherd Center are listed first in bold print followed by the names of those making gifts in their memory. This list reflects gifts made to Shepherd Center between **November 1, 2022 and March 31, 2023.**

William Dent Acree
Mrs. Laura W. Smith

Dean Anderson
Mrs. Christine A. Anderson

Philip Assey
Ms. Annabelle Petriella

Roz Ayres Williams
Mr. Dean Melcher

Joe "Barry" Barrett Bailey
Ms. Myra B. Kay

**Colonel James S. Branch, US Army
Signal Corps**
Anonymous

Rich Brannon
Mr. and Mrs. E. M. Davis

James Balloun
Mr. James A. Curtis
Mrs. Alana S. Shepherd

Stacey Barnard
Atlanta Lawn Tennis Association

Brandon Dwayne Barnett
Mr. and Mrs. William Sutlive

Helen Batts
Mr. and Mrs. Alan Hunn

Robert Bebom
Mr. Scott Rupff

William "Buddy" Black III
Mr. and Mrs. Robert S. Bone
Mr. and Mrs. Robert E. Bowden, Sr.
Mr. Chip Boyd
Mr. Jon R. Burke
Mr. and Mrs. Billy R. Campbell
Mr. and Mrs. George W. Darden
Mr. and Mrs. Al Fleming
Ms. Susan Fleming
Mr. and Mrs. Charles E. Glover
Hedden Family Foundation
Ms. Donya S. Morris
Ms. Kathleen A. Norris
Mr. and Mrs. Don Shamblin
Mr. and Mrs. Charles W. Waters, Jr.
Ms. Dianne W. Weeks
Mr. James T. Willoughby
Ms. Sharon K. Wilson

Bruce Boyer
Mr. Ernesto Motta

Peggy Anderson Branch
Ms. Melonie Bryan

Harry L. Broome, MD
Dr. and Mrs. H. Herndon Murray

Joy Bruce
Mr. and Mrs. James L. Bruce
Mr. David Conrad

Andrew Buehl
Dr. Ramin Saghafi

Bruce Burton
Mrs. Marcia J. Pauly

Mary Busko
Mr. and Mrs. G. A. Bernhardt, Sr.
Mr. Eric Busko
Dana Cravey

James Caswell
Mr. and Mrs. David M. Black
Mr. and Mrs. Michael G. Walsh

George Chaffins
Mr. and Mrs. John V. Zalewski

J. Richard Chambers
Mrs. Nancy L. Chambers

Charles Howell Champion III
Mrs. Patricia A. Champion

Dallis Champion
Mr. and Mrs. Joseph V. Quarles

Dodie Chapman
Mrs. James M. Caswell, Jr.
Mrs. Alana S. Shepherd
Mr. Hamilton H. Stockton, Jr.

Thomas "Tom" Chippis
Mr. and Mrs. John Altieri
Beckley Area Shag Club

Mr. and Mrs. Dante Castrodale
Mr. and Mrs. Michael Cavendish
Mr. and Mrs. Michael J. Davies
Mr. William H. File III
Mr. Sylvester Fretwell
Mr. and Mrs. Harry L. Haerr
Ms. Judy Harrah
Ms. Joyce Hill
Mr. and Mrs. Francis W. Hughes
Mr. and Mrs. Ernest Lester
Mr. and Mrs. Steve Mahoney
Mr. and Mrs. Howard Molloy
Mr. Bryan Palmer
Mr. and Mrs. Michael Prunesti
Mr. and Mrs. Robert Rappold
Mrs. Bonny Rogers Jarrell and Mr. James M. Jarrell

Mr. and Mrs. Tyrone E. Shurling
Mr. and Mrs. L. Mitchell Stover
Mr. and Mrs. William R. Straub, Jr.
Mr. and Mrs. Lawrence Syner
Mr. and Mrs. Pat B. Troastle
Mr. Keith Vierbicky
Mr. Gerald Wait

Burt Cloud
Mr. and Mrs. Charles A. Sergan

Helen Clowney
Capital Concrete Co.
Ms. Karen L. Pridgen
Mr. and Mrs. John W. Shealy
Mr. and Mrs. Joe Silvia



After Shepherd Center board of trustee member and Choate Construction Company founder, Millard Choate, heard about Eddie Kubik's love of cars, he brought his Corvette to Shepherd Center's parking deck so Eddie could practice transferring from his wheelchair into the vehicle, a critical skill to help him be as independent as possible after discharge from the hospital.

Richard Colby
Anonymous

Jennifer Coleman
Ms. Irene Coleman

Scott Critzer
Mr. Wade King
Ms. Johnna Russo
Mr. David Winn

Lavona S. Currie
Mrs. Alana S. Shepherd

Jonathan Davis
Ms. Maya Israel

Jack Deleon
Mrs. Sam Arogeti

Randy Dennis
Ms. Tara Dennis

Richard A. "Dick" Denny, Jr.
Dr. and Mrs. H. Herndon Murray

Nancy Dobbs
Mr. and Mrs. Robert E. Chanin
Dr. and Mrs. Ross F. Grumet
Mrs. Alana S. Shepherd

Rudolph Dobbs
Mr. and Mrs. Hugh D. Peterson

Philbrick R. Dorsey
Mrs. Servonia E. Dorsey

Jeff Dudman
Mrs. Sam Arogeti

David Ellis
Mr. and Mrs. Jeremy A. Ellis

Judge Greeley Ellis
Ms. Barbara Alexander
Mr. and Mrs. Tim Blancke
Mr. Jerry D. Bouchillon
Mr. Thomas L. Crews
Mr. and Mrs. William D. Fortson, Jr.
Ms. Martha J. Greer
Ms. Lucy H. Molinaro
Mr. and Mrs. Alexander G. Morehouse
Ms. Ann Parker
Mr. Bob W. Richardson

David Erskine
Anonymous

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Mrs. James M. Flourney

Jacque Thompson Foscolos
Dr. and Mrs. Richard A. Hurd, Jr.

Michelle Francis
Mr. and Mrs. John P. Ellison
Mr. and Mrs. Brian Neary
Ms. Ruth Sprinkle

Paul Fraser
Mr. John D. Saunders

Diane Frushour
Elliott Group International
Ms. Paula Joachim
MiVet Animal Clinic
Mr. Philip Sexton
Mr. and Mrs. Daniel Van Antwerp

David Funk
Mr. and Mrs. Robert N. Dokson

Matthew Gallagher
Anonymous

Catherine Gee
Ms. Louise Martin

Gene
Mr. Phil Mason

John "Jack" Gilfillan
Ms. Kim Akins
Mr. and Mrs. Troy Green
Mr. and Mrs. Edwin Moran
Mrs. Alana S. Shepherd
Mr. and Mrs. Mark R. Steele

Joseph R. Gladden, Jr.
Mrs. Laura W. Smith

LaNe' Goff
Mr. Butch Goff

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Mr. and Mrs. Thomas J. Bennett, Jr.
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Mr. and Mrs. Mark Davidson
Mr. and Mrs. Warren Goldstein
Mr. and Mrs. J. Rhodes Haverty
Mrs. Mary Kay Howard
Mr. and Mrs. W. G. Howard
Mr. Barry V. Hutner
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Ms. Rebecca Klein
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Mr. Bruce P. Schamber
Ms. Alex R. Seblatnigg
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Mr. and Mrs. James H. Shepherd III
Mr. and Mrs. Dell B. Sikes

Stephen Goot
Mr. and Mrs. Mark Davidson
Mr. and Mrs. Tim Shannon

Bryan Griffin
Mrs. Sara C. Atwell

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LTC (R) and Mrs. Victor Macias

Robert Hagemeyer
Mr. and Mrs. John W. Patterson

Cathleen Hairston
Mr. Charles M. Hairston, Jr.

Michael T. Hale
Mrs. Alana S. Shepherd

Major General John Hardin, US Army
Mr. and Mrs. Robert L. Huggins

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Mr. and Mrs. Jimmy Adams
Mr. and Mrs. George A. Burtz
Mr. and Mrs. Ron Coleman
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Mr. and Mrs. Gary Dickey
Mr. and Mrs. Ken Dykes

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Mr. and Mrs. Tom Fish
Mr. and Mrs. Paul Greear
Mr. and Mrs. Hub Kelsh
Mr. and Mrs. Brent Knowles
Ms. Carol Parker
Mr. and Mrs. Jim Patterson
Mr. and Mrs. Sean Roberts
Mr. and Mrs. David Schreiber
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Mr. Steven Smith
Ms. Jayne D. Snell
Mr. Jeff Taylor
Mr. and Mrs. Bob Tutschulte
Mr. and Mrs. Keith Watson
Lynn Wright

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Dr. and Mrs. H. Herndon Murray

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Ms. Jeanne Jones
Mr. and Mrs. Grady Miller
Zion Baptist Sunday School and the Bible Class

Joshua Heck
Ms. Elizabeth Ashley

Dr. Armand Hendee, Jr.
Mrs. James M. Caswell, Jr.

Sam Hendrickson
Mrs. Connie L. Upton

Jean Hilson
Mr. and Mrs. Dwight Kempf

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Mrs. Patricia R. Hodges
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Mr. Frank A. Phillips
Mr. and Mrs. Joe M. Phillips

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Mr. and Mrs. John C. Bacon

Linda Holbrook
Mr. Frank B. Holbrook

Libba Holt
Mr. and Mrs. David G. Hunter II

Elizabeth H. Homer
Mr. and Mrs. Roger W. Moister, Jr.

Samuel W. Horner
Mrs. Mary Eleanor Vachon

Mike Huddle
Mr. and Mrs. Doug Kohler

Colonel Lloyd Huggins, US Army
Mr. and Mrs. Robert L. Huggins

Sally Hughes
Mr. Wade Gilbert
Mr. James Hughes

Frank W. "Billy" Hulse IV
The Goddard Foundation

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Ms. Barbara Blender
Mr. Henry J. Cole
Mr. Howard Lawson
Mr. and Mrs. Charles M. Lipman
Mr. and Mrs. Bobby J. Sanders
Ms. Janet Turner

Megan Gabrielle Jensen
Ms. Randi Butler

Jack Johnson
Mrs. James M. Caswell, Jr.

Melvin Jones, Jr.
Mr. and Mrs. James Lyle
Ms. Delisha Stewart
Mr. James West
Mr. and Mrs. Jim West

Francis Kaczka
Mrs. Christine Scaglione

David Kafer
Dr. and Mrs. H. Herndon Murray

Gary Glenn Kemp
Quinns Family

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Ms. Edith Primm

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Mr. and Mrs. Pete Dickens
Ms. Joy T. Elder
Mr. and Mrs. Fred A. Gravitt
Mr. and Mrs. Lane Holt
Mr. and Mrs. Tim Shaw

Jeremy King
Mr. Dan Bynum
Ms. Donna Feldmann
Ms. Glenda Wallace

Charles Krauthammer
Anonymous

Deborah Krotenberg
Mrs. Charles B. Zirkle, Jr.

Josianne Labissiere
Ms. Kristin Cooke

Tommy Lanier
Mr. and Mrs. Thomas H. Lanier II

Frank Laudadio
Ms. Jessica Blume
Ms. Deborah Ely
Ms. Susan Ganser
Mr. Frank Germano
Ms. Jaimie Giles
Dr. Yong Chen Lu
Mr. and Mrs. Joe McWilliams
Ms. Mayumi Nakagawa
Mr. Steven Post
Mr. and Mrs. Alan L. Sleeper

Julie Leighton
Mrs. Sarah A. Morrison
Mr. and Mrs. James H. Shepherd III

Dr. Edward Lewis
Mr. and Mrs. Randall Kirsch

Barbara Linden
Ms. Mary L. Huntley
Mr. and Mrs. Christopher Jackson
Dr. Jill M. Koval
Ms. Cheryl A. Linden
Mrs. Sarah A. Morrison
Mr. and Mrs. Raymond E. Pippert
Ms. Alex R. Seblatnigg
Mrs. Alana S. Shepherd
Mr. and Mrs. James H. Shepherd III

John David Linville
Ms. Amye Warren

Thomas Loupe
Ms. Charmaine Berggreen
Mr. and Mrs. Scott Brady
Ms. Elizabeth Coll
Mr. Brian Colomb
Mr. Calvin C. Fayard, Jr.
Ms. Nina Hammon Jahn

Ms. Sylvia Hampel
Highland Plantation POA
Ms. Jane Lauve
Mr. and Mrs. Johnny Mann
Ms. Nicole Masoudi
Mr. and Mrs. Hugh M. McCutcheon
Mr. and Mrs. Michael Quinn
Mr. and Mrs. Rick Scardina
Ms. Claire Spano
Mr. Raymond Valentine
Dr. Nicole Walton

Edwin C. Lunsford, Jr.
Mrs. Aubrey Lunsford

Pen Lybrook
Ms. Phyllis Brooks

Sgt. Rammon Macon
Anonymous

Janet Mangum
Ms. Jamie M. Griffin

Bart Marks
Mr. and Mrs. Thomas J. Bennett, Jr.
Ms. Julie A. Bumpus
Mr. James A. Curtis
Mr. and Mrs. Rudy L. Fears
Ms. Janet K. Gardner
Mrs. Mary Kay Howard
Mr. and Mrs. W. G. Howard
Ms. Carol J. Olsen
Ms. Mitzi Richardson
Ms. Alex R. Seblatnigg
Mrs. Alana S. Shepherd
Mrs. Terrence M. Tracy
Ms. Beryl C. Waters
Ms. Amy Woodell
Ms. Sallie Woodell

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Dr. and Mrs. H. Herndon Murray

Vernon Martin
Mr. and Mrs. Milton H. Woodside, Jr.

Susan Mathis
Mrs. James O. Patterson

Morgan McAlexander
Mr. and Mrs. Kevin McAlexander

Mary Lee McGinnis McLean
Mrs. James M. Caswell, Jr.

Margie McElroy
Mr. and Mrs. Ronald Townsend

Dawn McNally
Mr. and Mrs. Wayne Norris

Ryan Means
Mr. and Mrs. Alfred I. Means III

Karina Lichirie Miller
Mr. and Mrs. John W. Robinson, Jr.

Katherine Lane Miller
Mrs. Carol Abreu
Ms. Coker Appleton
Mr. and Mrs. Whit Armstrong
Mr. and Mrs. Roger Birkholz
Mr. and Mrs. J. Dan Blitch
Mr. and Mrs. William W. Bush
Dr. and Mrs. Grady S. Clinkscates
Mr. and Mrs. James W. Cuminale
Mr. and Mrs. James C. Edenfield
Mr. and Mrs. R. D. Ezzell
Mr. and Mrs. James F. Fleming
Mr. and Mrs. Steve Gross
Ms. Caroline Haley
Mr. Daniel B. Jeter
Mr. and Mrs. Charles Josey



Shepherd Center's Comprehensive Rehabilitation Unit (CRU) team hosted a Valentine's Day party for patients and their sweethearts, like Shawn Settle and his wife, Lisa. They enjoyed a Chick-fil-A lunch and decorated homemade sugar cookies.

Ms. Linda A. Klein
Mr. and Mrs. Robert P. Lynch
Ms. Mary Jane Moody
Mrs. Marilyn C. Palmer
Mrs. Alana S. Shepherd
Ms. Henrietta M. Singletary
Mr. Tom B. Wight
Ms. Linda M. Williams
Mr. and Mrs. Thomas R. Williams, Jr.

Gregory "Greg" Moore
Ms. Kelly Moore

David Morris
Mr. and Mrs. Joseph Parker

Reginald Mullins
Ms. Patricia M. Reynolds

Ralph Murphy
Mrs. Ralph A. Murphy

Walter Hunter New, Sr.
Mr. and Mrs. Larry Fudge

Laura Carter Overstreet
Mr. and Mrs. Phil Davis
Ms. Susan Dunaway
Ms. Cecilia Forbes
Ms. Maggie O'Brien Cooper
Mr. Michael A. Overstreet
Ms. Janice P. Williams
Mr. and Mrs. Ronald J. Younker

Barbara Ison Pair
Mrs. Andrea B. Shepherd

Felix Palmer
Mrs. Diane Rohr

Tos Phillips
Mr. and Mrs. Ronald Townsend

Bartie and Oscar Plunket, Jr.
Ms. Jane Plunket

Beverly Ponn
Mr. Leonard Ponn

Mikie Rae's Birthday
Mr. and Mrs. Michael L. Rae, Sr.

Shams Ramji
Mr. Aleem Ramji

Dr. Mario Ravry, Jr.
Mrs. Mario Ravry, Jr.

SPC Steven Tyler Redmon
Mr. and Mrs. Bill Moody
Mr. and Mrs. Darrin Moore

Michael Reed
J W R Jewelers, Inc.

Trenia Reynolds
Mr. and Mrs. Tommy Abraham
Mr. Richard Barrett
Ms. Jeannie Lane
Ms. Sally Swearingen
Mr. Stokes Young

Dusty Rhodes
Mr. and Mrs. James M. Wood

Spencer Richmond
Ms. Christie Richmond

Samuel Rosen
Ms. Brenda Rosen

Travis Roy
Mr. Michael Jasinski

Shawn Satterfield
Ms. Alice Westbrook
Ms. Pam Wilburn

Zanie Oastler Scheel
Ms. Dorothy D. Dryman
Mr. and Mrs. John S. Dryman
Mr. Tal Dryman III

Sarah Schloss
Cedar Point Club Ladies Golf Association
Ms. Barbara H. Fleming
Mr. Dennis McBride
Mrs. Sharon J. Newhard
Ms. Judy Perry
Mr. and Mrs. Paul Stader
Ms. Elizabeth A. Taraski
The Center for Arthritis and Rheumatic Diseases, P.C.

Philip Schoonover
Ms. Patti Schoonover

Peggy and Emory Schwall
Judge Craig L. Schwall

Edyth Shadburn
Mr. and Mrs. Jeffrey M. Herbert
Mr. and Mrs. Seth B. Mellen III



The Shepherd Stealers, Shepherd Center’s wheelchair basketball team’s hard work and dedication paid off with a third-place finish in the 2023 National Wheelchair Basketball Association Adult Division III National Championship.

- Margaret Shalker**
Mr. Charles J. Shalker
- Dana Shepherd**
Ms. Elizabeth Shepherd
- Harold Shepherd**
Mr. Dean Melcher
Mr. and Mrs. Charles A. Meriwether, Jr.
Mr. and Mrs. Thomas O. Powell
- James Shepherd**
Mr. and Mrs. Dennis C. Coole, Jr.
Frank W. Holas Charitable Trust
Mr. Dean Melcher
Mr. and Mrs. Charles A. Meriwether, Jr.
Ms. Elizabeth Shepherd
- Mildred Shepherd**
Ms. Sandra Bisset
Mr. and Mrs. Joseph Douglas
Ms. Cheryl Shepherd Leonard
Pat Ray Reese
- Rebecca "Becca" Shaw Shepherd**
Mr. Neal K. Aronson and Ms. Wendy L. Conrad
Mr. and Mrs. William W. Bush
Mr. James S. Lunsford
- Claire Sherrill**
Ms. Helene P. Ahlers
Mrs. Alana S. Shepherd
- Michael Shlesinger**
Dr. and Mrs. Ross F. Grumet
- Steve Skates**
Mr. and Mrs. Ronald Townsend
- Dr. Carter Smith, Jr.**
Mr. and Mrs. William B. Ansley, Jr.
Mr. and Mrs. John L. Ludwig, Sr.
Dr. and Mrs. H. Herndon Murray
Mrs. James O. Patterson
Mr. and Mrs. Richard Wolcott
- Dianne Smith**
Ms. Louise Martin
- Joshua James Smith**
Mr. Danny Prichard
- Merle Smith**
Mr. W. Norman Smith

- Willou Smith**
Mr. William C. Smith
- Douglas A. Spence**
Mr. Moses M. Spence
- Norma Spence**
Mr. Moses M. Spence
- Cherie Stannard**
Mr. Joseph Bolduc
Sam Linsky
- Donald Staten**
Mrs. Sarah A. Morrison
Mr. and Mrs. James H. Shepherd III
- Margaret Armstrong Staton**
Ms. Louise S. Gunn
- Kenneth Howard Summerall**
Mr. and Mrs. Bill Roberts
- Captain G. Emory Sumner, US Army**
Mr. and Mrs. Robert L. Huggins
- Luther "Luke" Taylor**
Ms. Alice T. Long
- Blake Thompson**
Ms. Amy Spangler
- Gordon Thompson**
Ms. Gail Pennington
- Lewis "Al" Thompson**
Mr. and Mrs. H. T. Pulley
- Earl Townsend**
Mr. and Mrs. Ronald Townsend
- Steven Trenor**
Mr. and Mrs. Edward Casey
- Wendell Turner**
Ms. Maura Cox
- Brooks Tyson**
Ms. Elaine Tyson
- Dr. Kevin Victor Utberg**
The Goizueta Foundation
- Steve Verzyl**
Ms. Jeanette Brown
Ms. Miriam Freeman
Ms. Virginia Gray
Mr. Christopher Johnson

- Mr. and Mrs. Marvin Mangham
Ms. Roxie Markham
Mr. and Mrs. Bill Woodward
- Richard Wallack**
Mr. and Mrs. David Abes
- Elizabeth A. Walz**
Mr. Jack V. Walz
- Dot Watkins**
The Estate of Mr. Jennings E. Watkins
- David Webb**
Mr. and Mrs. Dennis J. Webb, Jr.
- John Roger "Bucky" Webster**
Dr. and Mrs. H. Herndon Murray
- David M. Wheeler**
Ms. Sally Wheeler

CONGRATULATIONS, GRADUATES!

Shepherd Center’s Board of Directors would like to congratulate our determined adolescent patients for their graduations from high school in May:

Jose Martinez

DAWSON COUNTY HIGH SCHOOL

Anderson Jones

BEAUFORT HIGH SCHOOL

Chase Smith

ASHDOWN HIGH SCHOOL

Caden Herron

HILLSBORO HIGH SCHOOL

Hank Devaney

COE-BROWN NORTHWOOD ACADEMY

- Ellen Whitaker**
Mrs. James O. Patterson
- Lynn and Mildred Whittaker**
Mr. and Mrs. Ronald Townsend
- Aubry Williams**
Mr. and Mrs. Ronald Townsend
- Eugene “Ritchie” Williams**
Mr. Ripley Bell, Jr.
Perrin Brown
Mr. Jack Cramer
Mr. and Mrs. Robert S. Cramer
Mr. and Mrs. Allan N. Crawford III
Mr. and Mrs. Michael Crews
Mr. and Mrs. David Evans
Dr. and Mrs. Roger H. Frankel
Mr. Jeremy Freitas
Ms. Nancy Gabianelli
Mr. and Mrs. Charles B. Ginden
Ms. Marcy Greer
Buz and Keith Hightower Bjorklund
Andy Hiles
Mega Hostetler
Ms. Yvette Hubbard
Mr. and Mrs. Steven M. Klayman
Mrs. Linda Levy
Ms. Julia Lundstrom
Mr. and Mrs. Kenneth G. Menendez
Mr. and Mrs. Eddie Pawlawski
Ms. Betty Molnar and Mr. Mark H. Pendergrast
Mr. and Mrs. Edwin Smith
Mr. and Mrs. Bruce N. Street
Mr. William Taylor
Ms. Laura Thwaite
Ms. Mary Beth Williams

- Dennis Wilson**
Ms. Sharon Gaskin
- Mr. and Mrs. P. Dan Yates, Jr.**
Mr. and Mrs. Dennis C. Coole, Jr.
- Your Dad**
Mr. Charles Hutcheson
- Stephen Yoder**
Mr. and Mrs. Henry H. Smith III
- Lois Zupon**
Ms. Jerri Ison
Mr. Richard Zack

HONORARIUMS

Honorees are listed first in bold print followed by the names of those making gifts in their honor. This list reflects gifts made to Shepherd Center between **November 1, 2022 and March 31, 2023.**



In partnership with Georgia Aquarium, Shepherd Center’s Spinal Cord Injury Day Program patients got to snorkel in the Ocean Voyager exhibit as part of their recreation therapy. Outings like these help patients regain confidence and practice skills like wheelchair transfers, navigating a community locker room, and advocating for themselves in a community setting.

- Sean Abercrombie**
Ms. Jenny Brown
- Michael Adams**
Ms. Sandy Dunn
- Patricia Ahlers**
Mr. and Mrs. David Bennett
- Fred Alias – Thank you**
Ms. Jessica Williams
- David Andersen**
Mr. and Mrs. Donald R. Andersen
- Charlotte Anderson McCaslin**
Ms. Gail Anderson
- Annie Oakley Shooters**
Mr. and Mrs. Fred P. Burke
- Ruth Dobbs Anthony**
Mr. and Mrs. Robert E. Chanin
- Dr. David Apple, Jr.**
Mr. and Mrs. Christopher R. Hardage
Mr. and Mrs. Matthew S. McDonald
Dr. Jeffrey T. Nugent
Mr. and Mrs. Edmund F. Pearce, Jr.
Mr. and Mrs. Eugene L. Pearce III
Mr. and Mrs. Samuel T. Reeves
- Cyndae Arrendale**
Dr. and Mrs. Thomas H. Callahan
Mr. and Mrs. Donald C. Chapman, Jr.
Mr. and Mrs. Lige K. Sims
- Willis Atwater**
Mr. and Mrs. Ralph W. Atwater
- Brian Baars**
Mr. and Mrs. Rob Baars
- Meredith Colbert–Congratulations on your marriage**
Mr. and Mrs. Greg Sanders
- John Baker**
Ms. Jill Baker
- Mr. and Mrs. Jim Balkcom - Happy Holidays**
Ms. Rachel Finglass
- Julia Barrett**
Mr. and Mrs. Edward J. Barrett
- Ashley Bateman**
Ms. Deborah Blank
Ms. Ellen A. McVeigh
Colonel And Mrs. George M. McVeigh, Jr.
- Sarah Batts**
Mr. and Mrs. Fred P. Burke
- Duncan Beard**
Mr. David Tyndall
- Bob Bebon**
Mr. Bill Chappa
- Anneke Bender, PT MS**
Mrs. Sue Ann Epstein
- Justin Bennett**
Ms. Kathleen Grogan
- Eric Bernath**
Ms. Angie Goldman
Ms. Lori Rosenthal

- Sam and Karissa Betten’s Wedding**
Mr. and Mrs. Samuel Betten
- Karen Bibb’s Birthday**
Mr. John S. Bibb, Jr.
- James Blackwell**
Ms. Linda E. Crain
Ms. Mary E. Graham
- Brennen Bowen**
Mr. and Mrs. John R. Bowen
- Nell Bradbury - Happy Holidays**
Mrs. Clinton B. Kennedy
Ms. Marsha P. Mooror
- Nell Bradbury Wishes Merry Christmas to:**
Mrs. Clinton Kennedy
Mrs. Marsha Mooror
Ms. Lindee Lucas
Ms. Tina Maddox
Ms. Janet Turman
Ms. Robin Parker
- Clara Brown**
Ms. Debra L. Brown
Peighton Brown
Mr. and Mrs. Bill L. Garrett
- David A. Bruno**
Mr. James A. Bruno
- Ms. Tricia Buce**
Mr. and Mrs. Walter F. Buce
- Mr. and Mrs. Frank Buce**
Mrs. Patricia Buce
- Kathleen Burch**
Ms. Haley Hooks and Mr. Adam Malone
- Joy and Bert Burns**
Ms. Ann R. Howell
- Cole Burton**
Mr. and Mrs. Charles Burton
- Alvin L. Buttermore**
Ms. Sandra S. Denham
- Candice Cain**
Mr. Gary Cain
- Jim Calise**
Ms. Kathryn Calise
- Clare Carmody - Merry Christmas**
Anonymous
- Pat Carr**
Mr. James Neuberger
- Andy "JB" Reese**
Pittsburgh Forge Rugby Club
- Sabrina Charif - Happy Holidays**
Ms. Marie Cassandra
- Katie Choate**
Mrs. Sandy Wheatley
- Abbey Climer**
Mr. Jack Turner
- Rhonda Cofer**
Mr. and Mrs. Bruce Sardinia
- Coro Realty Staff**
Mr. and Mrs. John W. Lundeen III
- Joyce Cox**
Mr. and Mrs. Clayton Dyson
- Laura Crawford**
Mr. Jacques Goupil
- Laura Cummings**
Dr. and Mrs. John R. Blair
- Bob Cunningham**
The John and Rosemary Brown Family Foundation
- Mrs. Carol M. Curtis Wishes Happy Holidays to:**
Mr. and Mrs. Melvin Adler
Mr. and Mrs. John Alston
Mrs. Wanda Hopkins
Mrs. Jane Knight
Dr. and Mrs. Jerome Lynn
Mr. and Mrs. CV Nally
Mrs. Sally Nunnally
Mrs. Lula Post
Mrs. Laura Spearman
Mrs. Harriet Warren
Mr. and Mrs. James Wells
- James Curtis**
Anonymous
JJCJ Foundation
- James Curtis’ Birthday**
Ms. Beryl C. Waters
- James A. Curtis Wishes Happy Holidays to:**
Mr. and Mrs. Melvin Adler
Mr. and Mrs. Michael J. Brucato
Ms. Jean F. Caldwell
The Honorable Max J. Cleland
Anna Collins and John Richard Haber
Mr. and Mrs. Brad Courts
Mr. and Mrs. Richard W. Courts II
Mr. and Mrs. Allen Curtis
Ms. Laureen Dame
Mr. and Mrs. Josh R. Davis
Mr. and Mrs. Tread F. Davis
Mr. and Mrs. Blake G. Dexter
Mr. and Mrs. Allen Eidson
Mr. and Mrs. David Glass
Drs. Matt and Kiery Grabowski
Mr. and Mrs. Ryan Hardage
Ms. Renee Hart
Ms. Sharon L. Hollis
Mr. Greg Logan
Dr. and Mrs. Jerome W. Lynn
Mr. and Mrs. Brian Maloney
Mr. and Mrs. John Martin
Mr. and Mrs. Todd Norwood
Mrs. Sally Nunnally
Mr. and Mrs. Josh E. Rowan
Ms. Marsha Schmidt
Mr. and Mrs. Dell Sikes
Mr. and Mrs. Ian M. Smith
Dr. and Mrs. Richard L. Sturm
Mr. and Mrs. Nathan B. Utz
Mr. and Mrs. James Wells
Mr. and Mrs. Zachary Wilson
Mr. and Mrs. David Withers
- Melinda and David Dabbieri**
Ms. Tena S. Gerdes
- Suzanne Dansby**
Mr. Stewart M. Dansby

- Allan DaPore

Ms. Maria Holland Law
- Virginia Ruth Davis

Mr. Maurice J. Davis
- Ann Day

The Aderhold Family Foundation
- Joe DeAngelo

Ms. Lauren Taylor Wolfe
- Andrea Deutsch’s Birthday

Mr. and Mr. Lee K. Deutsch
- Rebecca Di

Ms. Melissa Fuller
- Greg Dunavant - Happy Holidays

Ms. Candy Willis
- Mac Dunbar

The JALS Family Foundation
- Melissa Thomas Durand

Mr. and Mrs. Bobby M. Thomas
- Bruce Dutcher

Mr. C. Calhoun Peterson
- Maggie Wallace Eanes

Mr. James G. Wallace
- Maggie and Jim Eanes - Happy Holidays

Mr. and Mrs. John S. Wallace
- Tom Eaton

Mr. David E. Shipley
- Travis Ellis

Anonymous
Mrs. Patricia Reed
- Dr. Anna Elmers

Dr. and Mrs. Lawrence C. Mohr
- Dr. Elmers and her Team

Dr. and Mrs. Allen P. McDonald
- Cynthia and John Erickson

Mr. and Mrs. Todd Erickson
- David Ewing

Mr. Timothy Ewing
- Chase Ferguson

Ms. Meg Coffey
Ms. Geneva Daniels
- Charlie Fisher

Mr. and Mrs. William Peterson
- John and Connie Frazer - Happy Holidays

Ms. Julie Jones
- Mr. and Mrs. Rod Frazer

Ms. Cathy H. Goldstein
- Rod and Lee Frazer - Happy Holidays

Ms. Julie Jones
- Constance L. Frazier’s Birthday

Ms. Constance L. Frazier
- Jane Frith

Ms. Jennifer Frith Knapp
- Joanie Funk - Happy 70th Birthday

Mr. and Mrs. Robert N. Dokson
Mr. and Mrs. Albert L. Labovitz
Terri Tacquet
- Barbara Furbish’s Birthday

Ms. Shirley Herbert
- Matthew Godwin

Mr. and Mrs. Milton Godwin, Jr.
- Alan Goldenberg

Mr. Douglas Diamond
- David Goldstein and Taylor Goldstein

Mr. and Mrs. Arnold Goldstein
- Nancy Goldstucker’s Birthday

Anonymous
- Scott Gordon, Sr.

Mr. and Mrs. Scott Gordon
- Michael Greggs - Grateful

Mr. Michael Greggs
- Jared Grier

Ms. Jessica Williams
- Letha Griffin

Mr. James E. Griffin
- Mr. and Mrs. Thomas H. Hall III

Mr. and Mrs. Michael Balliet
- Christine Hampton

Mr. and Mrs. Martin M. Pollock
- Chip and Barb Hanback - Happy Holidays

Casey R. Hanback
- Linda Hanley

Dr. and Mrs. John J. Byrne
- Jameilah Hardeman

Ms. Annie Hardeman
- Elaine Harmon

Mr. and Mrs. Tom B. Sharratt
- Thomas Harmon

Mr. Larry Silver
- Syl Harris

Mr. Christopher S. Godwin
- Connie Hart

Ms. Cynthia Kelley
- Susan Hawkins’ Special Birthday

Anonymou
- Susan Hawkins - Happy Holidays

Mr. Aaron Hawkins
- Peggy and Kelly Hayes

Ms. Joanne Hayes
- Caroline Hazel

Ms. Jordan M. Hinkebein
- Dr. Andrea E. Wahner Hendrickson - Happy Holidays

Anonymous
- Stephanie Hernandez

Mr. and Mrs. Paul Sutej
- Pat Higgins - Happy Holidays

Ms. Ellen Allen
- Shaneika Hillman

Ms. Bonnie Hillman
- Keith and Paula Hinton

Ms. Tonya Harbison
- Phillip Hodges

Mr. Ryan Trepte
- Bobby Hogg - Merry Christmas

Dr. and Mrs. Jimmy C. Nash

- Audrey Grace Holder

Ms. Pamela Holder
- DJ Holsapple

Ms. Amber Silva
- Jean Honan Wishes Happy Holidays to

Family and Friends
- Nicolas Horne

Mr. Dameon Horne
- Dede and Jack Houk - Happy Holidays

Mr. and Mrs. Thomas N. Chewning
- Mary Kay Howard

Ms. Ann Corrigan
Mr. Philip Dater
- Mary Kay Howard Wishes Merry Christmas and Best Wishes for 2023 to:

Mr. and Mrs. Carroll Benson
Ms. Ann Corrigan
Mr. and Mrs. Philip Dater
Mrs. Elaine Etheridge
Mr. and Mrs. Billy Kennedy
Mr. and Mrs. Michael Knoblauch
Mr. and Mrs. David Kowal
Dr. Edward Eanes and Mr. Dennis Loubiere
Mr. and Mrs. Bob Meara
Miss Carol Olsen
Mrs. Anne Paulus
Mr. and Mrs. Alan Stensland
- David Hudgik

Mr. and Mrs. Paul A. Hudgik
- Jamey and Leigh Ann Hunt

Mr. and Mrs. Ronald Townsend
- Rosemary Jablonowski’s Birthday

Ms. Riley Shivitz
- Bill Jaynes - Happy Holidays

Ms. Janie Dixon
- Jerry Jordan

Anonymous
- Carlyn Kappy

Ms. Kathleen Lundquist
- Larry Kelly

Ms. Patricia A. Becker
- Susan Kendall

Ms. Victoria Hood
- Mrs. Clinton Kennedy - Happy Holidays

Ms. Marsha P. Moorer
- Katie Kimball

Mr. and Mrs. Stephen G. Waite
- Alex King

Mr. and Mrs. Tony King
- Matthew Kiritsy - Happy Holidays

Mr. Nick Kiritsy
- Amy Kisber - Happy Birthday and Happy Hanukah

Anonymous
- Jacob Klebar

Mr. and Mrs. Jason J. Klebar



My Nguyen, a patient in Shepherd Center's Spinal Cord Injury Rehabilitation Program, shared her culinary expertise and an opportunity to improve fine motor skills by teaching fellow patients how to make delicious spring rolls!

- Nathan Klein

Mr. William Larter
- Ryan Koter

Mr. and Mrs. Paul Sutej
- Ethel Krotenberg’s Birthday

Mr. and Mrs. Steven Meyerowitz
- Laura Labovitz’ Birthday

Mr. and Mrs. Steven J. Labovitz
- Jessica Lackey

First United Methodist Church
- Michael Paul Ledford

Dr. and Mrs. Sam West
- Dr. Augustine Lee

Godfrey Family
- Dr. Donald Peck Leslie

William Howard Flowers, Jr.
Foundation, Inc.
Mr. and Mrs. Gregory V. Goodman
Mr. and Mrs. Christopher R. Hardage
Mr. and Mrs. Howell W. Newton
- Dr. and Mrs. Donald Peck Leslie

Mr. and Mrs. Paul J. Bain
- Crystal Lethcoe’s Birthday

Mr. and Mrs. Michael W. Brown
- Ryan Levins

Mr. and Mrs. Richard Levins
- Linda Levy - Thanks for all you do!

Mr. and Mrs. Phillip Hodges
- Mimi Liebenberg

Ms. Creecy Richardson Creef
- Dr. John Lin

Mr. and Mr. Kelly Hayes
- Mark Linden

Anonymous via Pledgeling
Foundation
- Ben Lippincott

Ms. Kate Lippincott
- John Lochridge

Ms. Merrill Ellis
- Connor Logan

Mr. Ryan Logan
- Steve and Kay Lore

Mr. and Mrs. Lawrence J. Myers
- Justin Maddox

Mr. Rusty Maddox
- Marcos and Karen Madrid

Ms. Flor Pelayo
- Adam Malone’s Birthday

Mrs. Alana S. Shepherd
- Lisa Martin’s Birthday

Mr. And Mrs. Arnie Pittman
Mr. and Mrs. William D. Skinner
- Laura Martorella

Mr. and Mrs. Dan Brewster
- Peter, Alex and Bobby - Happy Holidays

Mr. and Mrs. Dan Brewster
- Elizabeth Marx

Mr. and Mrs. J. Hays Mershon
- Addie Mathes - Happy Holidays

Mr. Mark Jacobus
- Rick May

Mrs. Donna Newman
- Andi McAfee’s Birthday

Mrs. John E. Duggan
- Mrs. Darla McBurney

Mr. and Mrs. Arthur Richert, Jr.
- Dr. Allen and Ann Carter McDonald

Mr. and Mrs. Daniel L. Heller
- Dr. Allen McDonald

Mr. and Mrs. Peter M. Candler
- Louie McEntyre

Mr. and Mrs. Ronald Townsend
- Kelly McEntire Shapiro

Ms. Kristina Taylor
- Shirley McFarlane and Tim Condrey Wish Happy Holidays to:

Becky and Van Aggelakos
Barbara Barton
Joyce and Ron Bernie
Cherise and Tiez Caradine
Dion and Liz Condrey
Cathy and Joe Frank
Monte and Laurie Hartman
Tom Hartman and William Landeros
Tiffany and Don LaBelle
Barbara Condrey McClintock
Kelley and Peter West
Jim and Karen Vournakis
- Kelly McGhee - Happy Holidays

Mr. and Mrs. James F. Connolly, Jr.
- Patty McGill - Happy 80th Birthday

Mr. and Mrs. James M. Wood
- Johnny McLean’s Marriage

Ms. Roma Bracewell
- The McQueen Family

Mr. and Mrs. Joseph Parker
- William "Will" Meadows

Mr. and Mrs. Richard H. Meadows
- Blake Melton

Ms. Alexis Thompson
- Maryelizabeth Miller

Mr. Bryan Miller
- Marina Moldavskiy

Mrs. Sue Ann Epstein
- The Monaco Family

Mr. and Mrs. Jerald Furphy
- Caroline Moore

Mr. and Mrs. Charles Moore
- Marsha Moorer – Happy Holidays

Ms. Clinton B. Kennedy
- Jacqueline Morris and Aaron Graubert’s Wedding

Mr. and Mrs. Marvin C. Shrager
- Sarah Morrison

Mr. and Mrs. Christopher R. Hardage
Ms. Kathleen Reynolds
- Wayne Mote

Mr. Wayne G. Mote, Jr.
- Justice Munn

Mr. and Mrs. Harold Munn
- Andrew Munoz

Mr. Alfredo G. Munoz
- Janet Murphy’s Birthday

Mr. and Mrs. Devon C. Murphy
- Sean Murphy’s Birthday

Ms. Cynthia Sokolic

- Dr. Herndon and Wendy Murray

Ms. Jennie Murray Rice
- Dr. Herndon Murray

Dr. Jeffrey T. Nugent
- Ryan Narramore

Anonymous
- Don Nelson

Kendall Nelson
- Chris and Gabrielle Nicolini

Mr. Sreejayanth Kidambi
- Tom Norwood

The JALS Family Foundation
- Jeremy Null

Mr. Jerry L. Graham
- Bridget Odame Adams

Mr. and Mrs. Paul Sutej
- Forrest Ozbolt

Ms. Tamra Ozbolt
- Kay Pace

Mr. and Mrs. Stanley M. Lassiter
- Thomas Pairet’s Birthday

Ms. Samantha Pairet
- Peak Dentistry Wishes Happy Holidays to:

Dr. Sarah Aldridge
Ms. Heather Bean
Dr. Nancy Doelling
Dr. Stacie Hamley
Dr. Betsy John
Dr. Gary Loventhal
Dr. Julie Segal
Dr. Kristin Mekelburg
Ms. Stephanie Toole
Dr. Kelly West
- Ellen Perry – Thanks for all you do!

Mr. and Mrs. Phillip Hodges
Mr. Roland C. Ralph
Mr. and Mrs. Norman Perry
Mr. and Mrs. John M. Griffin
- Jean Persall – Happy Holidays

Ms. Delinda Cain

GIFTS IN HONOR OF SHEPHERD CENTER DOCTORS FOR DOCTORS' DAY

- Dr. David Apple, Jr.

Mr. and Mrs. David M. Kramer
- Dr. Jaqueline Rosenthal

Ms. Brigitte B. Bailey
Ms. Mary Ferrara
Ms. Jan Hamilton
Ms. Anita Hilbun
Ms. Jessica Peoples
- Dr. Erik Shaw

Ms. Lesley Douglas
Ms. Jan Hamilton
Mr. Charlie E. Key
Ms. Tina Pruett
Ms. Denise Webster
- Shepherd Center Physicians Thank you for all you do!!

Ms. Emily S. Cade
- Dr. Ben Thrower

Anonymous
Ms. Marcia Harris
Mr. and Mrs. David M. Kramer
Ms. Catherine May
Ms. Nancy Michaelis
Mr. and Mrs. John Ozug
Ms. Carlene Parker
Ms. Kay Reece
Ms. Donna Rice
Mr. Sam Richwine
Ms. Patricia Trahan
- Dr. Ford Vox

Ms. Cassandra H. Kahle
- Dr. Wes Chay

Mr. Lorenzo Funez
Mrs. Patricia A. Pasch
- Dr. Andrew Dennison

Mr. Roger Brathwaite
Ms. Wanda Pierce
- Dr. Rusty Gore

Mr. Mark Saleh
- Dr. Ashley Johnson

Ms. Bonnie Smelser
- Dr. Donald P. Leslie

Mr. and Mrs. Gregory V. Goodman
- Dr. James Liadis

Mr. William Alexander
Ms. Diane H. Baggett
Mr. Richard Hall
Jaylan Jacobs
Ms. Beth Kepple



Patients from Shepherd's Spinal Cord Injury Day Program took a trip to Mukja, a midtown Atlanta restaurant co-founded by Shepherd alum Sean Chang.

- Carolyn Pittman**
Ms. Jennifer P. Cantrell
- Mary Katherine Poston**
Ms. Claudia Chadwick
- Amy Powell**
Mr. and Mrs. Howard R. Green
- Robert Proctor**
Mr. and Mrs. Thomas M. Frazer
Mr. and Mrs. Cal Ratcliff
- Robert and Margaret Proctor – Happy Holidays**
Ms. Julie Jones
- David Putzer**
Mr. Teddy Witherspoon
- Joy Quigley**
Ms. Judy Turnell
- Alex Ramsay**
Ms. Rosemary Dub
- Jamie Reynolds III**
Mr. and Mrs. Gentry R. Strickland
- The Rhoden Family**
Ms. Jeanne Brown
- Lisa Rieves**
Mr. and Mrs. Douglas J. Lindauer
- Trevin Rodda**
Mrs. Norma J. Rodda
- Jill Roecker**
Mrs. Cindy Martinez
- Bill and Colleen Roop**
Mrs. Debora M. Dill
- Bobby Rosenbleath**
Ms. Sarah H. Wood
- John Ross**
Mr. Jamie Gregory
Mr. John T. and Dr. Amandah Turner
- KJ Rosynek**
Mr. Daniel J. Sullivan and Ms. Mimi R. Sullivan

- Paul Rudder’s Birthday**
Mr. and Mrs. Louie A. Pittman, Jr.
- Josh Ruth**
Ms. Cindy Ruth
- Andrew Samuel**
Terri King
- Jacquelyn Saylor**
Mr. and Mrs. C. M. Saylor
- Dr. and Mrs. William Scaljon**
Mr. and Mrs. C. Scott Akers, Jr.
- Dr. William Scaljon**
Mr. and Mrs. John Darden
- Neil Schemm’s Birthday**
Mr. and Mrs. Steven J. Labovitz
- Alex Seblatnigg**
Ms. Renee Seblatnigg
- Sheryl Sellway**
Mr. Joseph Moore
- Anna Selsvik**
Mr. Mark Zimora
- Kelly Shapiro**
Mr. and Mrs. Matt Casner
- Shapiro Capital Management Co. Wishes Happy Holidays to:**
Friends and colleagues
- Alana Shepherd**
Anonymous
Mrs. Mynel Yates DuBose
Mr. and Mrs. George S. Gaillard
Mrs. Paxton M. Holz
Mr. and Mrs. Ronald S. Majors
Dr. and Mrs. William G. Whitaker III
- Shepherd Family**
Mr. and Mrs. Christopher R. Hardage
- Shepherd Center Staff**
Mr. and Mrs. Christopher R. Hardage
Mr. Mark Kamensky
- Shepherd Center CRU Staff**
Mr. and Mrs. Jeffy W. Walters



Shepherd Smash athlete Sam Robb takes the ball up court during a rugby competition.

- Grant Smith**
Ms. Regina Smith
- Dixon Smith**
Mr. and Mrs. Dana G. Smith
- Shameika Smith**
Mr. and Mrs. Paul Sutej
- Mrs. Wynne P. Stevenson Wishes Happy Holidays to:**
Mr. and Mrs. Dan Amos
Mrs. Champ Baker
Mrs. Frank Carol
Mr. and Mrs. Frank Foley
Mr. and Mrs. Gardiner Garrard
Mr. and Mrs. Tony Link
Mr. and Mrs. Mason Lampton
Mr. and Mrs. Mike Ogie
Mr. and Mrs. Mat Swift
Mr. and Mrs. Richard Waddell
Dr. and Mrs. John Waldrop
Mr. and Mrs. Bill Woolfolk

Austin Stuck – Happy Holidays
Ms. Lora Boniface
Mr. and Mrs. David Stuck

Wayne Sweezey
William Howard Flowers, Jr.
Foundation, Inc.

Dr. Mary Tanenblatt’s Birthday
Mr. and Mrs. Steven J. Labovitz

Mr. and Mrs. Elliot Taratoot – Congratulations on Your 50th Wedding Anniversary
Mrs. Sam Arogeti

Bubba Taratoot – Volunteer of The Year
Mrs. Sam Arogeti

Lauren Teague
Mr. Michael Junod
Ms. Ansley Petrella

Donna Thomas’ Birthday
Ms. Debbie Beverly

Donna Thomas
Dr. and Mrs. Ben D. Thomas, Jr.

Lee Thomas
Toni Roth

Lydia and Shanna Thorpe
Ms. Cathryn W. Schubert

David Tillem
Mr. and Mrs. Arthur Tillem

Andrew Toner
Ms. Kathleen L. Hobbs

Jordan Tulio – New Baby
Mr. and Mrs. Chris Martorella

Whitney VanMeter
Mr. George Vanmeter, Jr.

Wesley Allen Varda – and your continued move forward in life
Mr. James W. Varda

Brittany Varnum
Mr. and Mrs. Ernie Stovall II

The Vinson Family - Happy Holidays
Mrs. Judith Belcher

John G. Walton
Mr. and Mrs. John F. Akers
Ms. Anne P. Markette

Joe Watkins
The JALS Family Foundation

Katie Waters – Happy Holidays
Diamond Consultants

Phillip Waters
The JALS Family Foundation

Brian Weber
Mr. and Mrs. Jeffrey G. Weber

Jeff Werner
Mr. Robert I. Werner

Dr. Boyd Whaley
Ms. Virginia Lippincott

Tommy Whatley
Ms. Catherine Hash

Curtis Wiggins
Mr. and Mrs. Lamar R. Wiggins

Kirk Wilder
Mr. and Mrs. David S. Nichols, Sr.

Danny Williams
Mr. C. D. Williams, Jr.

Hanson Williams – Happy Holidays
Mr. Christopher C. Carter

Krissy Williams’ Birthday
Anonymous

Chip and Krissy Williams
Anonymous

Lori and Keith Windmiller – Happy Holidays
Mr. and Mrs. Jimmie V. Church

Chris Wooten
AmberJack Restaurant
Mr. and Mrs. Matt Barringer

Wounded Warriors
Mr. Brian Dupree

Mr. and Mrs. P. Daniel Yates Wish Happy Holidays to:

Mr. and Mrs. Randy Bryan
Ms. Wilma Bunch
Dr. and Mrs. David Dubose
Mr. and Mrs. Keith Hicks
Mr. and Mrs. Tom Johnson
Mr. and Mrs. Rob Johnston
Dr. and Mrs. Donald Peck Leslie
Mrs. Phil Mouchet
Mr. and Mrs. Louie Pittman
Mr. and Mrs. Richard Ripley
Mrs. Alana S. Shepherd
Mr. Clyde Shepherd
Mr. and Mrs. Jamie Shepherd
Mr. Tommy Shepherd
Mr. and Mrs. Dell Sikes
Mr. and Mrs. Steve Sloan
Mr. and Mrs. John Spalding
Mrs. Frank Troutman

Judy and Arnold Yochelson’s Anniversary
Dr. Michael Yochelson and Mr. Kevin Clift

Jinkichi Yoshida’s Birthday
Mr. and Mrs. Skip Foley

Yoko Yoshida’s Birthday
Mr. and Mrs. Skip Foley

Mak Yost
Ms. Candace English

Dr. Richard C. Zane
Athens Obstetrics & Gynecology, LLC

Elizabeth Zweigel
Mr. and Mrs. Steven L. Zweigel

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Shepherd Center Needs
Your Feedback!

We would like your feedback on your experience with Shepherd Center. Please scan the QR code with the camera on your phone to participate in a quick survey. Thank you!

For a paper survey, contact Jacqueline Baron-Lee, Ph.D., CPHQ, PMP, director of quality and outcomes management, at Jacqueline.Baron-Lee@shepherd.org or 404-367-1359.



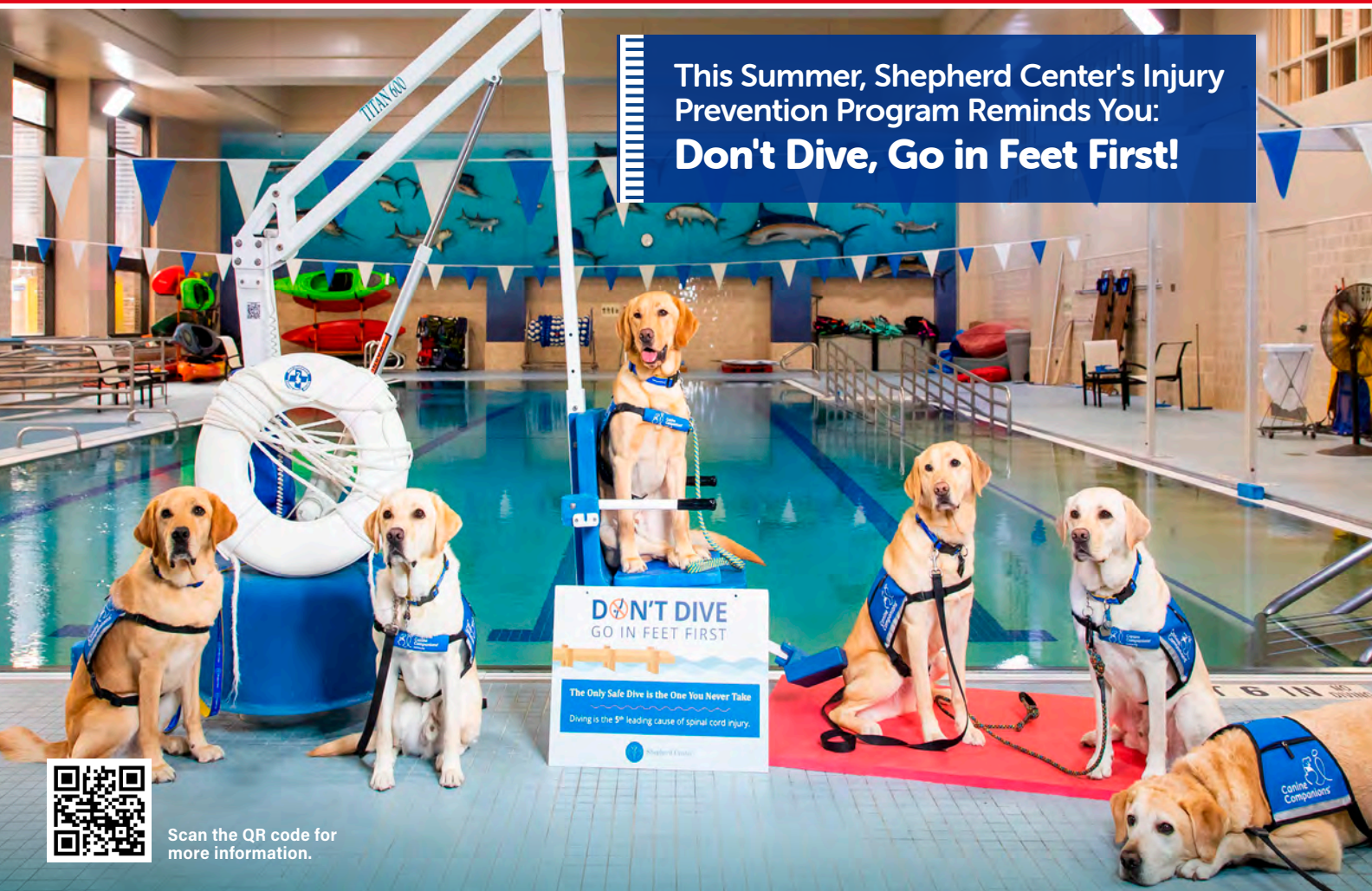


Shepherd Center

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